



### **Acknowledgement of Traditional Custodians**

*Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.*

Sacred Heart Primary School is committed to child safety. We believe all children have the right to feel safe and to be safe.



*Instead of seeing “social distancing” and travel bans as panics, try seeing them as acts of mass cooperation intended to protect the collective whole. This plan is not about individuals going into hiding. It’s a global deep breath... an agreement between humans and the planet to be still. Be still, in hopes that this biggest wave can pass without engulfing too many of the vulnerable amongst us.*

**Buongiorno a tutti,**

**Today's newsletter I really want to send a big congratulations out to all our students!**

**You have stayed indoors more than you have ever known in your lives. All the things you love like sport, being with friends, seeing grandparents, school or just being a kid have pretty much been taken away from you. Yet everyday you get up (and we have the privilege of seeing your smiling face!) and you carry on despite all the things going on. I speak on behalf of all our staff in saying we are so very proud of you.**

**As we approach the end of our third week of 'remote learning' many families have found the daily routine challenging. You have also said how hard it is to work from home and facilitate online learning with multiple children - I want you to know I hear you and agree with you.**

**We have never experienced a more challenging time in education. Teachers want to be physically in front of their students, students want to be at school and parents want to go to work. However, at this point of time we are restricted and I ask every parent to understand the restrictions we face. We have a skeleton staff - who are working on a rotational basis, supervising students who are at school. I personally cannot wait for these restrictions being reduced - and we return to normality.**

**It was fabulous to catch up with so many of you at our parent forums last week and we have had many requests for the recordings of these meets. Overwhelmingly the feedback has been positive and I am so grateful to the parents for your expressions of appreciation and gratitude for the work of teachers and learning support staff. We will be holding our parent forums again next week. Please fill in the form (by clicking on the link below) and add any questions you would like addressed.**

**Thanks for the fabulous photos you have been sending through - they are my therapy during these challenging times. Keep them coming.**

**Stay Safe. We will get through this together.**

**Arn**

**[Click here to participate in our second round](#)**



We love seeing pictures of our students hard at work at home. If you would like to share a picture of your student please e-mail it through to [school.information@shyarrowonga.catholic.edu.au](mailto:school.information@shyarrowonga.catholic.edu.au)





## Recording of daily attendances during remote learning

It is an expectation of schools to continue to take attendance rolls during morning check in (8.45 am - 9.15 am) and the afternoon roll during afternoon check in (2 pm - 2.30 pm). This will be done when the students log in via Google Meet.

If you know your child will not be completing any learning during the day for any reason, please complete a 'Parent Notified Absence' through the SIMON Everywhere App. Parents will be sent a notification each day asking them to phone the school to advise of their child's absence if their child has not logged in during the morning check in.



**LIVE ONLINE LEARNING  
EXPECTATIONS AND**

For Live Online Learning Sessions to be effective, students will need to follow some protocols:

## JOIN AND ENGAGE IN GOOGLE MEETS

If students are unable to join the Live sessions, they will need to watch the recording of that session on their Google Classroom.

## USE THE THREE B'S

Students will listen to the teacher's instructions and they will be respectful in their communication to both their peers and teachers. Our PBIS Three B's are expected to be followed at all times.

## USING THE CHAT FEATURE

Follow the procedure set out by your teacher for asking questions, rather than interrupting the person speaking. Use the chat feature for relevant questions and comments.

## 'MUTING' THE MICROPHONE

Ensure the microphone is muted at all times unless you are asking a question or directed to by your teacher. If multiple Live sessions are taking place in a household, sit in different rooms or an adequate distance apart so that the microphone in the devices do not interfere with each other.

## SCREEN TIME



Learning from home can lead to more screen time. Set times for yourself where you need to be on a screen and time when you can get outside for fresh air and to play. Take the recess and lunch breaks, as well as 'brain breaks' if you need them.

## Weekly specialist timetable

Specialist classes commenced this week.

Physical Education will be timetabled by the class teachers or will be an option for you to complete daily. These include lists of activities and videos for students to follow.

STEM and Music are timetabled for the same time each week to enable Live Online Learning sessions. This week Music sessions are being conducted 'live' and STEM is a pre-recorded lesson. This will change next week (Week 4) and STEM will be the live session and music will be a pre-recorded lesson.

To accommodate this new method of teaching, a class in each Year Level (apart from Year 1) has been split from students with surnames A-M and students with surnames N-Z.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:45 - 9:15	Morning Check In (classroom teachers)	Morning Check In (classroom teachers)			
9:15 - 10:00		<b>STEM 5K + 5B</b> surnames A-M <b>Music 5S + 5B</b> surnames N-Z	<b>STEM 4S + 4B</b> surnames A-M <b>Music 4F + 4B</b> surnames N-Z	<b>STEM 6D + 6M</b> surnames A-M <b>Music 6W + 6M</b> surnames N-Z	
10:15 - 11:00		<b>STEM 5S + 5B</b> surnames N-Z <b>Music 5K + 5B</b> surnames A-M	<b>STEM 4F + 4B</b> surnames N-Z <b>Music 4S + 4B</b> surnames A-M	<b>STEM 6W + 6M</b> surnames N-Z <b>Music 6D + 6M</b> surnames A-M	
11:30 - 12:15	<b>STEM 3K + 3T</b> surnames A-M <b>Music 3D + 3T</b> surnames N-Z	<b>STEM 2M + 2F</b> surnames A-M <b>Music 2C + 2F</b> surnames N-Z	<b>STEM 1S + 1C</b> <b>Music 1O + 1B</b>	<b>STEM FH + FB</b> surnames A-M <b>Music FG + FB</b> surnames N-Z	
12:30 - 1:15	<b>STEM 3D + 3T</b> surnames N-Z <b>Music 3K + 3T</b> surnames A-M	<b>STEM 2C + 2F</b> surnames N-Z <b>Music 2M + 2F</b> surnames A-M	<b>STEM 1O + 1B</b> <b>Music 1S + 1C</b>	<b>STEM FG + FB</b> surnames N-Z <b>Music FH + FB</b> surnames A-M	
2:00 - 2:30	Afternoon Check In (classroom teachers)	Afternoon Check In (classroom teachers)			



**SACRED HEART PRIMARY SCHOOL  
PRESENTS . . .!**

# DEANNE FRAUENFELDER



Here's a few fun facts that you may not know about our amazing Year 2 teacher - Mrs Frauenfelder!!!

**How have you kept yourself busy during these times of staying at home?**

Playing lots of card games with my children. Our favourite is Skipbo.

**What is your most useless talent?**

Naming the song and artist of songs of the radio.

**What's the most interesting thing you've read or seen this week?**

On the news someone trying to return 150 packets of toilet paper for a refund.

**What fictional character would you like to meet in real life and why?**

Pig the Pug , I bet he would have some funny stories to tell me.

**What's something your brain tries to make you do and you have to will yourself not to do it?**

Bite my finger nails.

**Favourite meal you like to cook?**

Pasta because its quick, easy and feeds LOTS of people.

**Tell us something about your family?**

I have 5 children and they all love playing sport, so we are very busy every weekend (when not in isolation that is).

**What sport/s do you enjoying playing/watching?**

Basketball, football and netball – watching of course.

**Best holiday you've been on and what made it so great?**

Bali, because I went with my whole family including my mum and my siblings. We had a ball.

**If you could body swap with any person for 24 hours who would you choose?**

Kelly Clarkson's best friend because I would get to meet her and could spend a day in the USA.

**What book are you currently reading?**

I don't have a lot of spare time. but when I do I love playing Candy Crush, I'm up to Level 4406!!

**If you could be CEO of any company, what company would you choose and why?**

Apple because then I would hopefully get free technology for all my kids.

**Do you have a favourite TV show?**

This is Us

**What are you missing the most about being at Sacred Heart Primary School?**

## Remote Learning Tech Assistance

We understand making the transition to remote learning may be tricky and pose some tech issues. If you have any questions, please email



[it-help@shyarrowonga.catholic.edu.au](mailto:it-help@shyarrowonga.catholic.edu.au)

And your query will be handled as soon as possible.

Did you see our Facebook Post and e-mail yesterday regarding our Mother's Day raffle?

To enter, all you need to do is send us a photo of the student/s with their Mum or special lady in their life and you will go into the draw to win the prize of a special delivery just in time for Mother's Day.

The photos can be sent to school via e-mail at [school.information@shyarrowonga.catholic.edu.au](mailto:school.information@shyarrowonga.catholic.edu.au) and the draw will happen at 9 am on Friday 8th May 2020 and will be posted to Facebook. We can't wait to see lots of beautiful photos - happy snapping!

# IMPORTANT PUBLIC SERVICE ANNOUNCEMENT

to ALL Sacred Heart Primary School Dad's

YOUR CHILDREN WILL NOT BE BRINGING HOME HANDMADE MOTHER'S DAY GIFTS FROM SCHOOL. YOU HAVE BEEN WARNED - 12 DAYS AND COUNTING!!!!



## ANZAC Day 2020

Thank you to all our families who shared pictures of the way they commemorated ANZAC day this year. We will remember ANZAC Day 2020 for many years to come.





*Strengthening health in our community  
through excellence and innovation*

**Carmel Saunders &  
Jenny O'Brien**  
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E [carmel.saunders@yh.org.au](mailto:carmel.saunders@yh.org.au)  
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## **Mental Health Support Contacts**

### **Emergency Contacts**

**Mental health Triage Wangaratta** 1300 783 347

The crisis assessment and treatment team (CATT) provides immediate help during a mental health crisis

**Lifeline** 13 11 14 [www.lifeline.org.au](http://www.lifeline.org.au)

A national charity providing all Australians experiencing a personal crisis with access to crisis support and suicide prevention services.

**SuicideCall Back Service** 1300 659 467 [www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

A free service for people who are suicidal, caring for someone who is suicidal or bereaved by suicide

**Emergency, Police & Ambulance** 000

**Kids Helpline** 1800 55 1800 (24hrs) [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

A counselling Service specifically for young people aged between 5 and 25

### **Non-Urgent Contacts**

**Better Access to Mental Health Care:** Referral via your local GP

**Yarrowonga Health Services:** Counselling/Social Work 03 57438514

**Beyondblue** 1300 224 636

**Black Dog Institute** [www.blackdoginstitute.org.au](http://www.blackdoginstitute.org.au)

**Moira Mental Health Program** 03 58620560

### **Mental health and COVID-19**

As a nation, as a community and as individuals we are facing an extraordinary time-with many of us feeling unsettled and uncertain as we work together to stop the spread of COVID-19. Our mental health is equally as important as our physical health:

#### **Information & Resources:**

**HEADTOHEALTH.GOV.AU** <https://headtohealth.gov.au/covid-19-support/covid-19>

Australian Government Department of Health

**Victorian State Government health and Human Services**

[dhhs.vic.gov.au/mental-health-resources-coronavirus-covid-19](http://dhhs.vic.gov.au/mental-health-resources-coronavirus-covid-19)

<https://www.dhhs.vic.gov.au/family-violence-crisis-response-and-support-during-coronavirus>

**Beyondblue Coronavirus Mental Wellbeing Support Service** 1800 512 348

<https://coronavirus.beyondblue.org.au/>

#### **#InThisTogether**

<https://www.mentalhealthcommission.gov.au/InThisTogether>

Mental health organisations, experts and leaders have come together to launch #InThisTogether – a national conversation that everyone can join in on, sharing practical tips online to support the mental health and wellbeing of Australians during COVID-19

[Mental Health Support Contacts 2020 organisations.docx](#)

## **SIMON Everywhere App**

All notifications to our school community will be sent via this app.

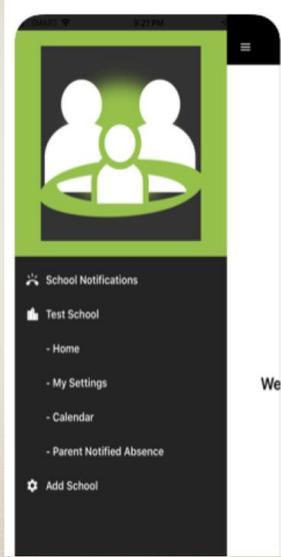
If anyone has any difficulties in downloading the App and would like some assistance please contact Sonia Bourke in the office or via e-mail at [sbourke@shyarrowonga.catholic.edu.au](mailto:sbourke@shyarrowonga.catholic.edu.au).

# SIMON Everywhere App

## App Store Preview



## iPhone Screenshots

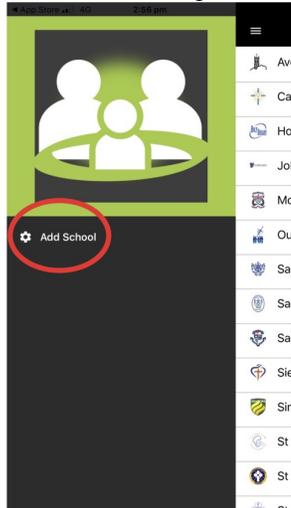


- Download App from App Store
- Click menu top left
- Click Add school
- Select Sacred Heart Primary Yarrowonga
- Enter PAM credentials

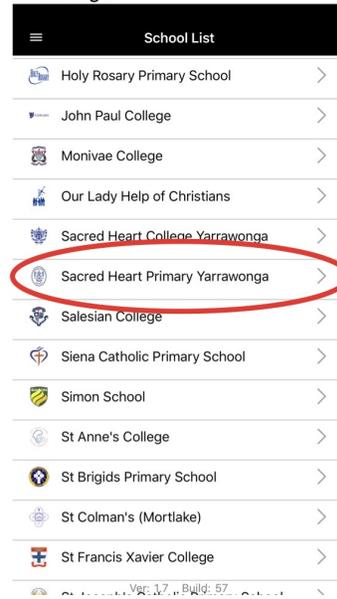
### Student Absence Notification

It is possible to set a Parent Notified Absence within the new Simon Everywhere App. Below are instructions:

Select the Menu in to right corner:



Select Add School, then add Sacred Heart Primary Yarrowonga



Enter your PAM credentials  
School List School Registration



Sacred Heart Primary Yarrowonga

Username

Enter your Username

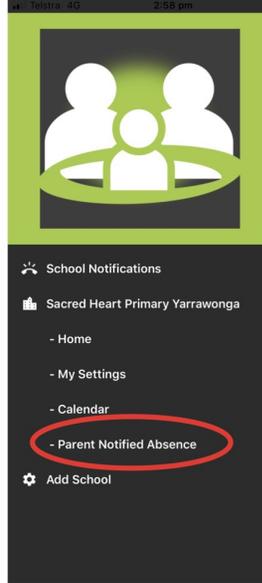
Password

Enter your Password

Register

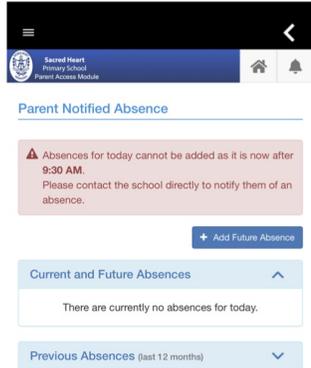


To enter a Parent Notified Absence, select "Parent Notified Absence" from the drop down menu



We

On the day of the absence, entry must be made before 9.30am. Future absences of 1 day duration can also be added.



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