



Be Safe, Be Respectful, Be Your Best

2017 Term 1 Week 9 Newsletter

MINI BLITZ- Week 9
'Put yourself to the test and make every day your very best.'

A PRAYER FOR THE END OF TERM

We thank you Lord, for this term. For the challenges, the successes, and the mistakes from which we have learnt. Be with us as we spend our time with family and friends. Guide us to be peacemakers in our family, and to always be conscious of you in our lives. Keep us safe in our activities; give us good rest and good fun. Bring us back refreshed and ready for a new term. Amen

What a busy term we have had!!!

I would like to take this opportunity to congratulate our children for their efforts this term; for the way they have come to school each day and are so enthusiastic to 'learn, wonder and discover;' for the way they have met our expectations and lived by our values as well as being polite and welcoming to all.

Term One is extremely busy and there are many extra-curricular events our staff need to attend. I thank them for their dedication and the time they have spent planning their lessons, ensuring our children are receiving the best education possible. Many of the events we have had this term would not be possible if it was not for the support of our staff.

I hope they have a great holiday break and have many opportunities to relax. I hope all members of our school community have a wonderful, restful and safe Easter holiday. Enjoy the time with family friends and we look forward to seeing you on Tuesday April 18.

School Fete

What a wonderful night. It was great to see so many students, parents and parishioners come together to enjoy in the festivities together. These nights provide us with a wonderful sense of community where all feel welcomed. Thank you to everyone who contributed in so many ways in making this night such a success. Special thanks to the P&F for your tireless efforts, your work is and continues to be much appreciated.

Caritas Ks

"Solidarity [...] is a firm and persevering determination to commit oneself to the common good; that is to say, to the good of all and of each individual, because we are all really responsible for all." – Pope Paul VI

Monday also saw our two catholic schools coming together in solidarity to participate in the annual of Caritas K's.

Every day, thousands of women and children around the world need to cover many kilometres each day to fetch water, obtain food, get to school or market, or simply to survive. The money we raised for Caritas will empower the world's poorest communities, giving them access to better health services and education, increased food security, clean water, sanitation facilities and much more.

Have a great break. Kind regards.

Arn

THANK YOU!



62 Orr St or P.O Box 199 Yarrowonga Phone: 03 5744 3339

Fax: 03 5743 1377

agorman@shyarrawonga.catholic.edu.au

Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.



Caritas K's

What a great day we had on Monday when we joined with Sacred Heart College to complete Caritas Ks. The students in teams walked around a one km track for 90mins carrying buckets of water. Caritas Ks is a fundraising and awareness-raising appeal and a demonstration of the faith, love and generosity of the Catholic community and caring supporters throughout Australia to help end poverty, promote justice and uphold dignity. We are very proud of our students and the way they entered into the day with great enthusiasm. Thanks to Zoe Worland and the college community for their efforts in making it a great experience. Special thanks also to Anne McGeehan and the VCal students who cooked the BBQ. Thank you also to our parents who came to help, Jasmine Levett, Robyn Lucas, Kelly Milich, Leticia Nagle, Pauline Pepper, Cathrina Shaw and Nicole St Ruth. Could I please have all sponsor books and money returned by Friday.

End of Term Liturgy

This Friday we will have a whole school liturgy focusing on Holy Week and our Easter celebrations. Parents are welcome to join us.

Welcome to Week 5 of Lent

Semiti is the Director of the People's Community Network, supported by Caritas Australia, which helps empower landless people in Fiji. This network brings together people living in informal settlements to advocate to improve their access to education, housing and employment. People are living and working as neighbours, in solidarity, and the community is growing stronger and more resilient.

Please donate to Project Compassion 2017 and help Australia's Stolen Generations and their families to heal from the pain of the past. You can donate through School boxes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

Thank you everyone for your support in all that has happened this term. I hope everyone has a great holiday and may you all take the chance to remember the importance of the events of Holy Week. I have included the timetable for Easter ceremonies for Sacred Heart Yarrawonga. See you in term 2 ready for another busy term.

Holy Thursday 7pm Mass of the Lord's Supper

Good Friday 3pm Passion of the Lord

7pm Stations at Tungamah

Holy Saturday 7pm Easter Vigil

Easter Sunday 8.30am Mass at Tungamah

10am Mass at Yarrawonga

Have a great week everyone,

Meegan

mmcinness001@shyarrawonga.catholic.edu.au

Pastoral Wellbeing Janine Buerckner



jbuerckn@shyarrawonga.catholic.edu.au

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

Please find attached a flyer for Parenting After Separation Intensive Program that Life Works will be offering in Wangaratta on Friday 5th of May. The course is accredited for clients who need a certificate to present to the court, though anyone is welcome to attend.

PARENT-CHILD MOTHER GOOSE PROGRAM

Please see attached flyer for information about this important program being run through the Yarrawonga Health Community Services. It begins on May 2, 2017 and runs for 9 weeks. It is a program designed to develop the bond between parent and child. There are copies of the flyer at the school's front desk.

Consistency is key **By Michael Grose** **Part 2**

Consistent parents do the following:

1. **Say what they mean and mean what they say.** Knowing the difference between a threat and a warning is important for parents of children of all ages. 'If you keep messing around we will cancel our next holiday' is the type of threat that few Generation Z kids would fall for. 'Throw toys one more time in this store and we go home immediately' is a well-timed warning that can be followed through.
2. **Don't allow moods to dictate their response to children's misbehaviour.** Sometimes we are lenient when we're in a good mood and come down hard on the same behaviour because we've had a bad day and our mood is awful. As hard as it seems, we need to be immune to our moods when we discipline. Sticking to known rules helps you take the emotion and your bad moods out of the equation. So, as much as possible, be guided by the notion of family rules and common sense limits to teach kids to behave.
3. **Do not cave in when children push the boundaries.** When children ask for a treat and parents say no they need to keep saying no and don't change their mind if a child is persistent.
4. **Confer with the other parent if possible.** When both parents are giving kids the same message and showing similar resolve over issues they send the message that they are working together.



CHILDREN'S CHATTER MATTERS

Language Learning activities to have a go at home. Activities will be provided over this term targeting phonological awareness skills. Phonological awareness is one of the key building blocks for reading and writing. It is listening to, and thinking about the sounds in words.

**** Have fun with sound play using alliteration (where each word begins with the same sound).**

Children will play a "copy-cat" as the parent 'builds up' an alliterative character e.g. Miss Marble. Miss Marble's muffins. Miss Marble makes muffins. Miss Marble makes marvellous muffins. Miss Marble makes marvellous marmalade muffins – "mm ..." You could always begin with familiar names, for example: Silly Simon sang..., tiny Tina tells..., little Lucy loves ...

For students with a strong awareness of first sounds, encourage them to make a tongue twister using words with the same first sound. For example, *Silly Simon searched for seagulls while he sang a sweet song by the sea.*

****Encourage your child to listen to sounds at the end of words.** Choose two words from their reader/book and ask them to judge if the two words end with the same sound (say some that match and some that do not). Encourage them to say the words too, and feel the sounds at the end of the words. Then, point out the two sounds at the end. After mastering this, you might then say two words and ask your child which word has a certain sound at the end. For example, "Which word has the 'd' sound at the end: bed or man (bed)".



Extend After School Care at Sacred Heart Primary School

Last week at After School Care we had frisby games, all the children enjoyed watching our Skittles Rainbow science experiment. We also continued with our pen pals letter to our Howlong OSHC service. We also made some sushi rolls on our cooking day, although the children enjoyed making them not many liked the taste.

AUTUMN HOLIDAY PROGRAM- 3rd April-13th April 7am-6pm

Extend would like to inform parents that bookings are now open for the Autumn holiday program. Parents can have a look at our activities program by going to our website: extend.com.au

Bookings can also be made here via the parent portal or by calling **Extend** on **1300 366 437**



Our Extend Superstar for the week is.... **Lachlan Johnson for his help with pack-up.** for showing so much imagination using crafts

Next week's activities: Autumn Holiday Program

Week 1- Monday 3rd April: **Cooking- Nature's cookies + more plastic + more** Wednesday 5th April: **Incursion-Tennis Clinic + more** Tuesday 4th April: **Science-Making Wallets + more** Thursday 6th April: **Craft- Magic Friday 7th April: Party Day- Rainbow Party + more**

Week 2- Monday 10th April- **Cooking- Rice paper rolls + more** Tuesday 11th April- **Easter Egg hunt + more** Wednesday 12th April- **Incursion- Arty Pants + more** Thursday 13th April- **Dancing Queen + more**

Lisa Gard- Co-ordinator

Year 6 Polos and Hoodies

Several parents have asked if they could purchase extra Year 6 polos and/or hoodies.

We have been in contact with Judds and they are happy to place a re-order for us. The garments will cost a little extra due to the printers having to re-set up for the printing and embroidery. Polos will cost \$40 and hoodies \$46, with a minimum order of 10 garments. If you would like to order an extra polo and/or hoodie please email me the size and number of each you require by Friday 31st March on ...

llawless@shyarrowonga.catholic.edu.au

The orders will be sent day one of the holidays with an expected turnaround of 3-4 weeks. Please do not send money at this stage, as we need a minimum of 10 garments to place the order. If I have received enough orders before school finishes on Friday I will let the children know the order is going ahead. Polos/hoodies can be paid for, and collected, once they have been delivered. This is our final chance to place an extra order so please email by Friday if you wish to do so.

Thanks, Lynne Lawless

Lost Property- Please Collect

We have a large number of lost property items including containers and clothing here at school. If you are missing any of these items, please drop into school and check with the admin officers. Thanks.

MOSAIC CLUB

The Mosaic Club would appreciate any mirror, tiles, beads, shells, assorted sized wood, old frames etc. Thank you

Junior Football (Friday night footy)

Registrations close on 31 March. There will be a skills development session at 5pm on 31st March at the Grove followed by Meet the Coach and Jumper Presentation Night on Friday 7

April from 5.00pm. Girls and boys from the district are encouraged to be a part of the footy program.

The commencement of the Little League and Auskick season will be on Friday the 21st April.

Age group game times are as follows:

Auskick -4:00pm

Under 8's- 4:15pm

Under 10's -5:00pm

Under 12's-5:45pm

Second Hand School Clothing

With the cooler/wetter months ahead, we are looking for any school clothing you may like to donate especially in the larger sizes. If you have any clothes at home, please send them in.

Fete Reminders

- * A reminder to those lucky enough to win a prize at the Fete. e.g. spinning wheel. If you haven't collected, please drop into the office and collect.
- * A reminder also for any Auction/Silent Auction items to be picked up, paid for and collected asap.

Yarrowonga Junior Carnival
Australian Rules Football & Netball Development Round Robin Carnival 2017

FOOTBALL (AFL RULES)	NETBALL
8 & Under (9 a side)	8 & Under (7 a side + res)
10 & Under (9 a side)	10 & Under (7 a side + res)
12 & Under (9 a side)	12 & Under (7 a side + res)

Vic Park Yarrowonga
Sunday 21st May 9.30am

Registrations:
Football
\$60 PER TEAM

Netball
\$50 PER TEAM

For more information regarding carnival coordination or to receive nomination forms contact
Scott Jaques 0400 815 243
scott.jaques@bigpond.com

Shane Forge 0418 332 286

Yarrowonga Junior Carnival Committee
PO Box 240,
Yarrowonga

Bank Details
BSB: 803188
Acct: 1000 20226

Ground location:
Dunlop St, Yarrowonga
Lunch & canteen facilities
Alcohol and smoke free event

Nominations Close Tuesday 9th May 2017

Yarrowonga & District Little League and Yarrowonga & District Netball

Yarrowonga and District Junior Footy

Friday 31.3.17 @ 5.00pm Skills Development Session for U8, U10 & U12 at the Grove

Friday 7.4.17 @ 5.00pm Meet the Coach and Jumper Presentation Night at the Clubrooms
girls and boys welcome

REMINDER

Registrations close Friday 31.3.17
Please go to the Yarrowonga and District Little League SportsTG or
http://websites.sportstg.com/assoc_page.cgi?assoc=6212&plD=1
or if you need help please call Karen 0438 433 202 or Phil 0428 393 650




PHOTO COURTESY YARROWONGA CHRONICLE

CHILDRENS HOSPITAL GOOD FRIDAY APPEAL

**FAMILY FUN DAY AT THE
BUNDALONG TAVERN**
MURRAY VALLEY HIGHWAY, BUNDALONG
TELEPHONE: 5726 8586

**FRIDAY APRIL 14
FROM 12 NOON**

ENTERTAINMENT BY: LUKE DEWING

ALL PROCEEDS GO DIRECTLY TO THE APPEAL

ROYAL CHILDRENS HOSPITAL GOOD FRIDAY APPEAL
AREA MANAGER: KEITH KIPPERI ALLEN, 10 WOOD STREET, BUNDALONG
TELEPHONE: 5720 8219 MOBILE: 0459 020 909

- Monster Raffle
- Jumping Castle
- Fun Family Races
- Face Painting
- Pony Rides
- Auctions
- Food and Beverage Available All Day
- Music and Entertainment
- Up To 50 Market Stalls

St Cuthbert's Fete
(Cnr Piper and Lynch St)
Saturday 22nd April
9.00am-1.00pm

* Devonshire Teas, craft, cakes, dips, salads, pavlovas, trifles, plants, produce, jams, relishes, sauces, BBQ, Trash and Treasure, Moo Poo, Lucky Dips, Plaster Moulds, Kid's corner with games, Pedal & Shake, face painting & Raffles.

We hope to see you there!

Parents and Friends Committee News

The P & F Committee held their annual AGM last week. The following people were elected:

Position	
President	Sam Ridley
Vice President	Nell Duffy
Secretary	Sandy Judd
Assistant Secretary	Amanda Mansfield
Treasurer	Bindi Thompson
Assistant Treasurer	Jenny Loughnan
College Board P&F Representative	Lynda White
Primary Board P&F Representative	Meegan McGuiness
General Committee	Bron Nagle Robyn Connell Robyn Lucas Caroline Ferguson Cathrina Shaw

Easter Egg Raffle and Hot Cross Bun Drive.

The P&F Committee made a decision to not go ahead with the Easter Egg raffle or the Hot Cross Bun drive this year due to the date of the fete being so close to the Easter break. A scone drive will be held during the winter period.

Anyone is welcome to attend the P & F Meetings. Our next meeting will be held in the Sacred Heart Primary staffroom on Monday 15th May at 730 pm. If you have any suggestions or feedback for the P&F Committee please email us on: pandf@shyarrowonga.catholic.edu.au

2017 Sacred Heart Fete

The Fete Committee would like to thank all our generous sponsors and our volunteers who assisted with the fete this year (See Below) The Fete was very well attended and many people have commented on the terrific community atmosphere. The new date seemed to be popular and the night was a great opportunity to bring our school communities together. The teaching staff took on more of a role this year as stall coordinators and the Fete Committee are very grateful for their assistance. This was driven by Lilly Maroney and Jen Sagaidak who were very enthusiastic and also need to be thanked. Some wonderful artwork was produced for the stall signs. Thanks also to the Parent reps from each class who also played a part in communicating with families and helping to find volunteers.

If you have any suggestions for the next fete please email the Fete Committee: pandf@shyarrowonga.catholic.edu.au.

Ace Airport Parking
Action Bike and Ski
Agri Sparay Australia
Aquazone @ Lake Mulwala
Ashmore Palms Holiday Village-Gold Coast
Autopro Yarrawonga
Axel Meets Koa
Bi Rite Home Appliances
Big Micks Diner Voucher
Black Bull Golf Course (McCully Family)
Blooms of Yarrawonga
BP Mulwala
Bundalong Tavern - Butler family
Burkes Hotel and Hotel
C & J Levesque (Yarra-Mul Fuels & Gas)
Carly Knowles - Bella Pelle
Club Mulwala
Connell Families
Dan & Carly Thomsoon (Barefoot Lifestyle)
Dancewear House and Sewing Solutions
Darryl Miller Panels (Cooksey Family)
Deanne Eirnspon
DL Nails
Donovan Families (Lambtastic)
Elders Rural Services
Essential Living
Everybitpc
Family Fruits
Family Videoland Yarrawonga
Floral Harvest
Franks Footwear
Free as a Bird – Jess
Fresh Décor
Hairage Hairdressing
Hardluck Coffee Co
Hick's Butcher
Intents Fishing and Outdoors
Intersport Yarrawonga
Judd and Sons – The Judd Family
Judds Yarrawonga
Judy Sobol
Kellie & Luke Cowan - Yarrawonga Kitchens
Kelly's Books and Toys
Kitchenware Queens
La Porchetta
Lake Mulwala Bakery
Lake Mulwala Fish Camp and Ski
Lake Mulwala Hotel
Lakeside Indian Restaurant
Lauren & Matt Lidgerwood (Lidgerwood Builders)
Leanne McQualter
Luke Buerckner Builders

Matt and Tace Levesque Building
McRae family - Waterside Holiday Rentals
Mint Boutique
Mulwala Pharmacy
Mulwala WaterSki Club
Mulwala Waterski Club Golden Inn Chinese Restaurant
Murray Valley Rural Services
Nagles Off the Hook Butchery
Naked Tree
Nathan's Hair Design
Nicks Seafood & Charcoal Chicken
North East & Riverina Window Cleaning Cleaning
- Tim Hargreaves & Family
One 2 One Hairdressers
One Zach Yarrawonga
Paradise Queen – The Smith family
Pat Mansfield Data & Electrical
Poolside Yarrawonga
Priority Fitness
Renature Beauty
Rich Glen Olive Estate
Ridley & Adkins Builders
Riette Kaine
Scott & Nici Freeman (Scott Freeman Bobcat Hire)
Skin Ski and Surf Yarrawonga
Smith family The Yarrawonga Hotel
Soul Sisters Lashes and Beauty
Spinning Wheel donations below:
Tame Cafe
Target Country Yarrawonga
Tennis Australia
Terminus Hotel
Terry White Chemists
The Criterion Hotel
The Yarrawonga Hotel
Thomson AXT Plumbing
Thyme for A Coffee
Two States Driving School (Kerryn Bedford)
Vodusek Meats
WB Hunter
Yarra-Mul Fuels and Gas
Yarrawonga Bakery
Yarrawonga Car Care
Yarrawonga Chinese Restaurant
Yarrawonga Custom Plasma Cutting
Yarrawonga Fish and Chips
Yarrawonga Glass
Yarrawonga Hair Care
Yarrawonga Mulwala Golf Resort
Yarrawonga Paint Place
Yarrawonga Showcase Jewellers
Yarrawonga Godfathers



Mulwala Library

Wednesday 12 April 10.30am-12noon
03 5744 3439 OR mulwalalibrary@federationcouncil.nsw.gov.au

Corowa Library

Wednesday 12 April 2-3.30pm
02 6033 8941 OR corowalibrary@federationcouncil.nsw.gov.au

Age: 12 yrs+ Cost: \$10

LIMITED SPACES. BOOKINGS ESSENTIAL



Fantasy MAKEUP



CHECK OUT WHAT'S ON AND BOOK TODAY

extend.com.au



Parenting After Separation

Recently separated? Are kids involved? Learn how to adapt to separated parenting and manage challenges such as:

- keeping in contact with the kids
- no longer partners but still parents
- anger and conflict with former partner
- managing children's behaviour
- communicating with children
- self care strategies.

Upcoming Program Dates

Duration	Date	Time	Cost

Where: Lifeworks

Booking: Bookings are essential. Call reception at Lifeworks or email lifeworks@lifeworks.com.au or book online at www.lifeworks.com.au

Please Note: An intake interview is required prior to entry into Weekend and Weekly PAs groups (a fee of \$40 is charged for the intake). Intakes are conducted for the intensive programs at no cost. Lifeworks will only accept one party of the relationship in each course, and will not enrol ex-partners in the same program. For more information www.lifeworks.com.au. Certificates of participation, suitable for submission to Court are provided upon successful course completion.

Lifeworks is a not-for-profit organisation partially funded by the Department of Social Services and the Attorney General's Office



Lifeworks Relationship Counselling and Education Services

W www.lifeworks.com.au T 1300 543 396

Lifeworks is a not-for-profit organisation partially funded by the Department of Social Services and the Attorney General's Office



Parent-Child Mother Goose Program

There is nothing more important than the bond between parent and child. The Parent-Child Mother Goose Program builds on this essential relationship and gives parents the tools that make daily life with a young child more fulfilling.

The Parent-Child Mother Goose Program is a weekly group experience for parents/carers and their children aged from birth to 2 years. The program introduces adults and children to the pleasure and power of using rhymes, songs and stories together.

Parents gain skills and confidence which can enable them to create positive family patterns during their children's crucial early years of development.

Children benefit from enjoyable, healthy early experiences with language and communication.

These skills, pleasures and insights can be taken home and shared with older children, grandparents and other parents.

It's a relaxed, supportive and fun environment and the whole family benefits!

Where: Yarrawonga Health Hub

30 Piper Street
Yarrawonga 3730

When: Tuesdays 9.30 – 10.30am

(starts 2 May 2017
and runs for 9 weeks)

Morning tea is provided.

A gold coin donation is appreciated.

Contact: Jane Sweeving

Program Facilitator
Yarrawonga Health Community Services
(03) 5743 8111

Please call if you'd like to join us or if you have any questions about the group. We look forward to meeting you and your children.

Cuddle, communicate, connect.



Baby Bounce

Baby Bounce is a four week,
interactive, early literacy
program for
0-12 month old babies and
their carers.

*Sessions require one lap per baby so please
invite extra helpers if you have twins or triplets.
Please also bring a baby rug*



Introduce your baby to the rhythm and
sound of language
at Mulwala Library

Wednesday
10.30-11.30am
19 April 2017
26 April 2017
2 May 2017
9 May 2017



Bookings can be made
when visiting Mulwala Library,
by calling (03) 5744 3439

OR mulwalalibrary@federationcouncil.nsw.gov.au

Mulwala Library

Tuesday 11 April 10.30-11.30am

(03) 5744 3439
mulwalalibrary@federationcouncil.nsw.gov.au

FREE! Bookings essential

Recommended for 5yrs+ with under 8yrs accompanied by an adult



Pom Pom Puppies

