







Be Safe, Be Respectful, Be Your Best

2017 Term 4 Week 3 Newsletter

To laugh often and much; To win the respect of intelligent people and the affection of children; To earn the appreciation of honest critics and endure the betrayal of false friends; To appreciate beauty, to find the best in others; To leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; To know even one life has breathed easier because you have lived. This is to have succeeded.

Good Afternoon Everyone,

School Board AGM

The School Board AGM will take place in the school staff room on *Wednesday November* 22nd at 6.00pm. Our AGM is an open meeting to celebrate our School achievements in 2017 and learn about what is planned for 2018.

School Board Membership

Do you think you can help and contribute to school life? You are invited to consider the School Board as a way in which you can be involved in the school to:

- share your interest in the development of our school
- be a part of a policy and procedure development team
- become familiar with the financial management of the school and hear from staff about the various programmes being offered and their progress

The Board is a great way for you to share your expertise, become involved in school governance and to learn more about our school. There are nomination forms at the front office if you would like to nominate a school member.

Car Park

Thank you for your patience over the past week with the changes to our 'drop off 'and 'pick up" systems. ⁽²⁾ We continue to encourage where possible students walking or riding to school.

Multi-sport Event

I want to extent a huge thank you on behalf of our staff and students for the enormous amount of work that our parent community has contributed to make the Multi-sport event so successful. It was a wonderful weekend.

School Closure day

A reminder to parents that our next Pupil free Day will be on Monday 6th November prior to Melbourne Cup Day. This day is allocated as our 2017 Report Writing Day.

Children's Mass

Please don't forget Children's Mass this Sunday 29th. I look forward to seeing you there.

Wishing you a great week as we work together for the benefit of our children.

Take Care Arn

Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 4						
			Wed 25 th	Thu 26 th	Fri 27 th	Sat 28 th	Sun 29 th
3 (Oct)	Children' on Sund 10an All welc	ay at n.	*State Chess Wantirna Melbourne		* Day for Daniel * Woods Point Visit 4W *Walk to School Day	*Relay for Life	*Children's Mass led by P-2 *Relay for Life
	Mon 30 th	Tue 31 st	Wed 1st	Thu 2 nd	Fri 3 rd	Sat 4 th	Sun 5 th
4 (Oct/Nov)	* Senior All Stars Basketball- Regional Final Mill Park * Moira Shire Senior Citizens Gala Day Choir to sing	* Prep 2018 Transition Session 1- 11.45am-1pm		*Just Leadership Day (8 Yr 5 students)	*Parish Mass- Preps * Woods Point Visit 4K *SSV Snr Regional Basketball		
	Mon 6 th	Tue 7 th	Wed 8 th	Thu 9 th	Fri 10 th	Sat 11 th	Sun 12 th
5 (Nov)	Pupil Free Day (Report Writing Day- Staff)	Pupil Free Day Melbourne Cup Day	* Prep 2018 Transition Session 2- 10am-12pm 'Meet your Buddy'	* Discovery Excursion- Melbourne Zoo *Hooptime Basketball Snr All Stars	*Parish Mass- Yr 5 * Woods Point Visit 5F * Radio Awareness- Yr 5		
	Mon 13 th	Tue 14 th	Wed 15 th	Thu 16 th	Fri 17 th	Sat 18 th	Sun 19 th
6 (Nov)		* Prep 2018 Transition Session 3- 11.45am-2pm * Prep 2018 Parent Information Session 1pm- 2pm		*Hoops Senior Mixed Basketball	*Parish Mass- Yr 6 * Woods Point Visit 5M		
	Mon 20 th	Tue 21 st	Wed 22 nd	Thu 23 rd	Fri 24 th	Sat 25 th	Sun 26 th
7 (Nov)	*State Basketball Finals- Boys	* Prep 2018 Transition Session 4- 11.45am-2pm *State Basketball Finals- Girls		*Andrew Chinn Concert 6pm	*Parish Mass- 3PC/3CO * Woods Point Visit 5B *Colour Run- Yr 5/6- The Grove		
	Mon 27 th	Tue 28 th	Wed 29 th	Thu 30 th	Fri 1st	Sat 2nd	Sun 3rd
8 (Nov/Dec)	*Orbost Secondary College Band visit	*Orbost Secondary College Band visit			*Swimming Program starts *Parish Mass- Yr 4 (tbc) * Woods Point Visit- Yr 6 (tbc) *Windsurfing * Gr 3 Excursion- Kyabram/Echuca		

Yr 6 Canberra Camp 2017

Last week our Year 6s, staff and parents had a very busy, but fantastic, week in Canberra. After spending last term learning about the Australian Parliamentary System we were all really excited and looking forward to our trip. While in Canberra we undertook an educational tour of the national capital. We had the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy. Visits to Parliament House, Old Parliament House, the Australian Electoral Commission, Government House and the War Memorial gave us an opportunity to see Parliament in action, building on the work we had done in the lead up to our camp. We were extremely lucky to meet the Federal Member for Murray, Damien Drum, who answered the children's questions about his role and responsibilities.

The children also visited the National Dinosaur Museum, Cockington Green, the National Zoo & Aquarium, The Royal Australian Mint, the National Museum of Australia, Questacon and the AIS. Night time activities included Laser Tag, Flip Out and Indoor Rock Climbing. A huge thank you to Mrs Stiles and Mrs Zanin and our parent helpers, Sam Nunn, Craig Frauenfelder, Jim Slattery & Matt Hicks for accompanying us to Canberra. We'd also like to thank Thomsons Bus Lines and our drivers Greg and Mark for all their support, driving and generosity with our students this week.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist in meeting the cost of the excursion the Australian Government contributed \$20 per student, under the Parliament and Civics Education Rebate (PACER) program, to lower the cost of our camp to families. We would like to thank the Australian Government for their support of this program.











Catholic Identity

Meegan McInness

Children's Mass

This Sunday is our first Children's Mass for this term and will be led by our Foundation and Discovery Centres. We hope as many families can join us for this celebration at 10 am at Sacred Heart Church

Andrew Chinn End of Year Concert

Andrew Chinn has been in contact and has organised a great day and night of workshop and entertainment for our students. All families are invited to come to the evening concert. This will be our end of year Christmas concert and will be held in the MPB at 6pm on Thursday November 23rd.

Have a wonderful week everyone. Meegan Catholic Identity Leader mmcinness001@shyarrawonga.catholic.edu.au.

Extend After School Care and Holiday Programs

November Theme: Identity, Who am I? What makes me, me?

This will include, self-portraits, portraits of children by their Friends, children photographing themselves, and mapping their own personalities and interests.

Over the next 2 weeks we will be continuing our drawing classes, cooking and looking at ingredients from different cultures, working on our individual sport skills (soccer and cricket), and making our own star gazers.

At aftercare we welcome donations of items we could use for creative art/ construction, explorations and experimentation.

We value the children's ability to interact with each other and the resources to learn new skills, and as educators we look for those special intention teaching moments to help them with their education.

Jo Kingston (Team leader) and the Extend team

Joanne Kingston- Coordinator Parent Portal: extend.com.au

Get Ready, Get set for Walk to School 2017

Sacred Heart Primary has joined the hundreds of primary schools across Victoria for a fun month of walking, riding and scooting to and from school. By participating, we have a chance to win some great prizes! So every time our local families walk, ride or scoot to and from school during October, you increase our school's chance of winning! Get involved with us for Walk to School and help your family build healthy habits for life: <u>walktoschool.vic.gov.au</u>

About Walk to School

Every October, VicHealth's Walk to School encourages Victorian primary school kids and their families to walk, ride or scoot to and from school every day. It's a great way for the whole family to increase their physical activity levels. Plus, it is a chance to enjoy more time with your kids and meet other local families along the way. Along with the health benefits, it also reduces traffic congestion, saves on parking, helps us connect with family and friends and saves the environment! Part way is okay! If you can't walk the whole way, why not try parking the car a few blocks from your school and walk, ride or scoot the rest. Last year, more than 144,000 kids and their families took part in the program walking the equivalent of two return trips to the moon and with your families help, we can make 2017 our biggest year yet! There are so many great reasons to participate in Walk to School this October and we're excited to be part of the fun because getting active is even more fun when we do it together.

Sacred Heart will continue to encourage students to walk to school together safely as a group this week,

Friday 27th We will have two meeting points on each of the Fridays for children to gather and walk safely to school. Staff will gather at each meeting point to join in with the walk to school. We encourage children to meet at one of the following locations:

- WB Hunter Home Hardware car park on the Murray Valley Hwy

or - Shire Hall on Belmore St.





We aim to gather at <u>8.00am</u> so that we can leave both locations by <u>8.10am</u>. This will allow us to safely walk to school by 8.30am, where breakfast will be provided. Parents and siblings are welcome to join the walk.

We encourage students to walk, ride or scoot to school each day, however we will only be actively supervising on each of the Fridays during October.

If you would like any further information please feel free to contact the school. Thank you, Daniel Boulton

Pastoral Wellbeing

jbuerckn@shyarrawonga.catholic.edu.au

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Janine Buerckner

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

How to encourage kids to be problem-solvers By Michael Grose Part 2

When parents solve all children's problems we not only increase their dependency on adults but we teach kids to be afraid of making mistakes and to blame themselves for not being good enough. That's fertile ground for anxiety and depressive illness.

So, how can we raise kids to be courageous problem-solvers rather than self-critical scaredy cats? Here are the second two of six practical ideas to get you started.

3. Coach them through problems and concerns

So, your child feels she was unfairly left out of a school sports team by a teacher and asks you to get involved. The easiest solution may be to meet with the teacher and find out what's going on. You may or not resolve the problem but in doing so you are teaching a child to become dependent on you. Alternatively, you could coach your child to speak to the teacher herself and find out why she was left out. Obviously, there are times when children need their parents to be advocates for them such as when they are being bullied, but we need to make the most of the opportunities for children to speak for themselves. Better to help your child find the right words to use and discuss the best way to approach another person when they have problems. These are great skills to take into adulthood.

4. Prepare kids for problems and contingencies

You may coach your child to be independent – walk to school, spend some time alone at home (when old enough), catch a train with friends – but does he know what to do in an emergency? What happens if he comes home after school and the house is locked? Who should he go to? Discuss different scenarios with children whenever they enter new or potentially risky situations so that they won't fall apart when things don't go their way. Remember the Boy Scouts motto – be prepared!

CHILDREN'S CHATTER MATTERS

Language Learning activities to have a go at home.

Ten activities will be provided over Term Four targeting your child's knowledge of story grammar. It is important for children to learn that stories generally have parts or a sequence to follow. Knowledge of this will improve your child's reading comprehension and narrative writing.







** After reading a book with your child, play a guessing game to see how well they were listening and comprehending. Choose a character, place or time from the book and provide clues for your child to guess. For example, I wore a mask, I crept into the house at night and I was scared of the dog = the robber.

McDonalds Junior Fun Run Sunday 22nd October 2017

Around 150 keen runners participated in the 1 km and 3 km events on Sunday. A big thank you to Mrs Gorman who did a terrific job with the warm up stretches. There were some very speedy runners who provided a challenge for the race marshalls.

The results:

<u>3 km run</u>

Boys. 1st Ty Davis. 2nd Kobi Gallagher 3rd Will Tuffley. Girls 1st Jess Freeman 2nd Issy Brinkley 3rd Arnica Danielson

1 km run1st Harry Tuffley.2nd Hugo Tuffley.3rd Jett Farrelly.3rd Eliza Powell

A big thank you to our volunteers including Ava Loughnan, Ed Judd, Eliza Nagle, Melissa Cummins, Robyn Connell, Libby Cummins, Dimi Connell, Thomas Loughnan, Jenny Loughnan, Kelly Jones and some school staff members.

Our sponsors also need to be thanked for their generous donations for prizes. Thank you to: North East water, McDonalds, Uncle Toby's, Dominoes Pizza, Avalanche ice-cream shop, Yarrawonga Fun & Games.

Thank you to everyone who participated in this fun event.

The P & F Committee

DECONSTRUCTION CLUB

The Deconstruction Club is requesting items for their Monday Deconstruction Club... Used/non-working appliances are ideal and much appreciated. Please leave in the front office.

State Athletics

Congratulations to the students who represented the school last Friday in Albury. We have some students, Ella Skehan, Anna Zanin, Coco Vodusek and Eva Cummins heading to State Athletics on Monday. We wish them all the best for Monday.



State Chess

Congratulations to the following students who are representing the school at the State Chess in Melbourne today.

- Maeve Connell
- Joe Knight
- Lucynda Mansfield
- Marcus Van Mannen
- Caitlin Van Mannen

Home Reading

Children in Years 5 & 6 are still expected to be reading a minimum of 80 minutes per week. Please ensure you are checking their reading and signing it off in their diary before it is returned each Friday. Children who do not return their signed diaries each Friday will be kept in for a period of time at recess and/or lunchtime.

Sacred Heart College Transition- Year 6 students

Thank you to those parents/guardians who have returned their child's Transition and Medical notes for Sacred Heart College's upcoming Year 6 Transition afternoons.

For those parents/guardians who have not, please return these forms to either you child's Year 6 teacher or to Sacred Heart College by Monday 6th November.

Sacred Heart College prides itself in offering an exciting and inclusive transition program to Secondary College.

If you have any concerns relating to these days, please do not hesitate to contact the College on 03 57 421 300.

ADULT TENNIS COACHING

THURSDAY 2ND NOVEMBER 6:00PM – 8:00PM Yarrawonga Lawn Tennis Club

- \$10 FOR 2 HOURS
- TECHNIQUE, TACTICS AND SHOT SELECTION
- DOUBLES AND SINGLES PLAY
- ON COURT COACHING
- DEMO RACQUETS TO TRY
- GUARANTEED IMPROVEMENT
- OPEN TO ALL STANDARDS

 Beginners to Advanced
- FOR 15 YEARS OLD OR OVER
- BAR IS OPEN PLUS BBQ
- COME AND HAVE SOME FUN

JUST TURN UP AT 6:00PM NEXT THURSDAY (No need to book)

Thanks Greg and the coaching team 0410 574 482



Sacred Heart is a Child Safe School

Sacred Heart Primary School promotes the safety, wellbeing and inclusion of all children, including those with a disability. Applicants are welcome to elaborate on experience they may have working with children with a disability.



Fight Cancer Foundation and the Footy Colours Day Team would like to acknowledge and thank

Sacred Heart Primary School

for Showing Your True Colours on Footy Colours Day 2017 and supporting young learners living with cancer







