



Be Safe. Be Respectful. Be Your Best

Newsletter Term Three
Edition No 13
(August 15th 2018)

MINI BLITZ- Weeks 5 & 6
'Resilience'

"Try being stronger, give it a chance and build up your resilience."

Today, on Wednesday 15th August, the Church celebrates the Feast Day of the Assumption of Our Lady when according to our faith, the Holy Mother, "having completed her course of her earthly life, was assumed body and soul into heavenly glory".



It is hard to believe we are half way through the term!!!!

Girls Soccer team

What a proud moment for our Senior Girls Soccer Team, who have won their way through to the Schools State Championships.

A big thank you to Chris Duffy for his brilliant coaching prowess, Meg Bonat and Mel Whiteley for their fabulous team management skills and all the parents and families for their continued support.

Lions Club Public Speaking Competition

Congratulations to all our students from Grades 3 -6 who participated in the 'Lions Club Speaking' competition. This is a wonderful opportunity for all our students to build self- confidence, eloquence and an ability to express opinions. I would like to especially acknowledge; Samantha Knight, Grace Richmond, Lucas Towner, Dimity Connell, Elli Head and Leni Ramsdale.

Learning and Teaching Review

Next Friday we have three members of the Sandhurst Diocese visiting our school to review and validate the learning and Teaching at Sacred Heart. This is a time to celebrate our achievements and to set goals for future developments and improvements.

Landscaping at Sacred Heart

During the term, we have been meeting with Jenny Kjar a Landscape designer, with regard to beautifying our grounds and creating meaningful places for learning and wellness. Jenny's passion sits in the importance of play as an educational tool and wants to help guide us through the planning and design process. If anyone would like to be part of the process – our first meeting is on Wednesday 29th August at 9.30am in the school staff room. Could you please contact the school office and let them know if you would like to attend.

Book Week 20th to 24th August

During this week, we celebrate all things literary. This will conclude with a Book Parade, where students and teachers come to school dressed as a favourite book character.

100 Days of Learning

Thank you to all the parents who attended our Foundation Centre celebration of 100 days of learning. We are so proud of what all the students and teachers have achieved during their first 100 days of school and look forward to seeing what they will do in the next 100!!!!

Prep Enrolments

A reminder to our Sacred Heart families with a child starting in Prep 2019. Please pick up an enrolment form ASAP.

Team Work

It is vital that our teachers and parents work together as a team to ensure the very best support for our children. If a parent has any concerns about their child/ren, I ask that they first speak with their class teacher immediately so that "we are on the same page". We will then work together to ensure the best outcomes for your child/ren.

Kind Regards

Arn

Yarrawonga Neighbourhood House
Registered Training Organisation No 21765

Beauty and Wellbeing
Monday 30th July – 3rd September

Event Planning
Wednesday 1st August – 19th September

Introduction to Childcare
Wednesday 8th August – 19th September

Excel Basics
Wednesday 15th – 29th August

Customer Service
Tuesday 21st August

RSA Vic
Friday 24th August

For more details or to enrol in any of these short courses, see our term guide, visit www.ynh.org.au or drop in to:
1 Hargrave Court, Yarrawonga 3730
Ph: 03 5744 3911
Email: office@ynh.org.au

 **YNH** Live Learn Local YARRAWONGA  **Learn Local**



Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Father's Day Gift Stall **Wednesday 29th August**

Mercy Centre
9am - 1pm

All children will visit the stall to purchase a small gift for their Dad.

The stall will provide gift tables to the value of \$1, \$2, \$3, \$4, \$5 & \$6

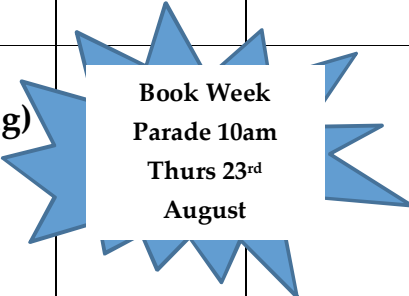
Gifts include tools, key rings, plaques, socks, caps, mugs, glasses & many other items to choose from.

All money raised from the Stall goes back to our School.

The request for volunteers for the stall on Wednesday the 29th August from 9am-11am or 11am-1pm. Please message Karen Vodusek 0438 433 202 if able to assist at any time.

Sacred Heart is a Child Safe School

Sacred Heart Primary School promotes the safety, wellbeing and inclusion of all children, including those with a disability.

Week	Term 3						
			Wed 15 th	Thu 16 th	Fri 17 th	Sat 18 th	Sun 19 th
5 (Aug)	 Book Week Parade 10am Thurs 23 rd August		Year 2 Excursion - Yarra/Mul Pioneer Museum Prep Cultural Japanese Immersion Day		Woods Point Visit- Prep M Parish Mass- Yr 2 Whole School Assembly 2.50pm		Presentation Mass
	Mon 20 th	Tue 21 st	Wed 22 nd	Thu 23 rd	Fri 24 th	Sat 25 th	Sun 26 th
6 (Aug)	Book Week begins	Book Week	Book Week	Book Week Parade 10am Hot Shots Tennis	Woods Point Visit- Prep S Parish Mass- Yr 3 Hot Shots Tennis Whole School Assembly 2.50pm		
	Mon 27 th	Tue 28 th	Wed 29 th	Thu 30 th	Fri 31 st	Sat 1 st	Sun 2 nd
7 (Aug/ Sept)			Father's Day Gift Stalls 9.00am- 1.00pm Jenny Kjar- Landscaping Meeting 9.30am Reconciliation Ceremony 7pm RSPCA Fundraiser	Hot Shots Tennis	Father's Day Breakie Footy Colours Day Woods Point Visit- Prep G Parish Mass- Yr 4 Hot Shots Tennis Whole School Assembly 2.50pm		Father's Day
	Mon 3 rd	Tue 4 th	Wed 5 th	Thu 6 th	Fri 7 th	Sat 8 th	Sun 9 th
8 (Sept)		Sacred Heart Chess Tournament		Hot Shots Tennis Festival of the Sacred Heart Singing Shepp	Woods Point Visit- 1S Parish Mass- Yr 5 Hot Shots Tennis Whole School Assembly 2.50pm		
	Mon 10 th	Tue 11 th	Wed 12 th	Thu 13 th	Fri 14 th	Sat 15 th	Sun 16 th
9 (Sept)			Whole School Market Day (Year 6)	Hot Shots Tennis	School Athletics Carnival Hot Shots Tennis		

Catholic Identity

Meegan McInness

Feast of the Assumption

Today is the Feast of the Assumption where we remember and celebrate Mary going to heaven. All students in Year 4-6 will attend mass this morning and our Prep to Year 3s will attend a Liturgy here at school.

Presentation Mass

This Sunday is a children's Mass and the final Presentation Mass for our Candidates. We would love to have many children and families there to help us celebrate our Sunday Liturgy and to support our year 3 candidates. Would the candidates please meet at the back of the church by 9.45 to collect their stoles and prayer cards.

Staff Meeting

Yesterday we were fortunate to have Father Steve speak to all staff at a school staff meeting on some of the history behind the Mass. Father Steve has a wealth of knowledge and was able to provide some great insight into parts of this very important ritual.

Have a great week everyone,

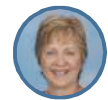
Meegan McInness

Catholic Identity Leader

mmcinness001@shyarrawonga.catholic.edu.au

Pastoral Wellbeing

Janine Buerckner



jbuerckn@shyarrawonga.catholic.edu.au

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome.

Please see the attached flyer from the Moira Shire Council. It outlines a free 5-week course on the National Disability Insurance Scheme (NDIS). The course begins on Tuesday, 9th October, in Cobram, and expressions of interest need to be in by Tuesday, 18th September. The course is designed to assist parents/families of people with disability to get updated on the many changes in the disability services area. It will also assist them to get ready for transition to the NDIS.

The Role of Parents and Screen Time by Martine Oglethorpe Part One

Martine Oglethorpe is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Martine is available for student workshops focused on positive online behaviours, for teacher professional development on how the digital world affects what happens in the classroom and for corporate and parent information sessions. For more information head to her website themodernparent.net. Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent



TECHNOLOGY AND PARENTING

These little devices that connect us, entertain us, provide us with information, show us where to go, keep us organised and allow us to indulge in retail therapy from almost anywhere, have become an integral part of our daily lives. Most of us won't leave home for long periods of time without being tethered to a digital device.



But when it comes to our children and their screen-time habits, we are often lamenting the role the devices play. These little screens that offer so much and answer so many of our needs also leave us wondering how much is too much for our kids, and how do we keep it under control?

When parents ask me this, I urge them to dig a little deeper and look at what else they could really be asking. We need to look at how each individual child is coping with their screen time. Are they still doing the things they always

enjoyed before they had access to a screen? Are they able to put the screen away without a fight? What sorts of things are they doing on the screen? Is it a positive experience? Are they learning something? Are they interacting with it or merely consuming media? These are questions we need to be constantly revisiting throughout their adolescent years. At the same time, we need to make sure they are learning good habits from the beginning and gaining the skills and behaviours they need to stay in control of their screen time. To help form these habits, here are a few things you can do to keep screen time under control ... without your kids resorting to techno-tantrums.



CHILDREN'S CHATTER MATTERS

In order to prepare for the language & learning demands of the school environment, children need ample time and opportunity to engage meaningful interactions with their family.

Ten activities will be provided this term focusing on communicating for different social purposes. These activities will help your child/ren to make the necessary adjustments to their language so they can communicate for a variety of purposes, e.g. to tell stories, recount events, persuade, give instructions and report information. Learning about the language and types of words we use in each of these different contexts supports not only the child's oral language but written language development also.

Feel free to adjust these activities according to your child's grade level.

** Communicating to socialise

We all use a particular style when we email or use the internet to access social media but are our children explicitly aware of these styles. How can they adjust their language/style to get more out of their interactions with others?

Ask your child to tell you how they might write an email to the following people about a recent holiday: Grandma, their best friend, the school principal, a prep student, the school magazine. What sort of words, phrases do they use for each of these different audiences? Why?

Ask them to comment on this meme, at right, as if they were texting it to the same people above.



Narrative

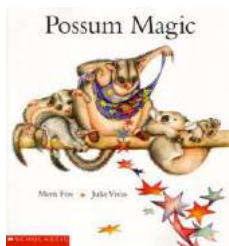
** Aim to read one book a day with your child (repeating books is OK!). It is important that during reading, you begin to take turns in talking about what is happening in the pictures and ask your child questions that focus on the elements of the story. Use the following questions to help:

- Who is in the story? Where are they? When is the story happening?
- What was the problem?
- How did the characters feel?
- What did the characters decide to do?
- What happened next? What was the solution?
- How will the story end?



Some fabulous books that you might want to find/ borrow to read with your child include:





If you have any questions you can contact Jasman Studzinski, Ed. Speech Pathologist through the School's Special Education Coordinator, Janine Buerckner.

Extend After School Care at Sacred Heart Primary School

Extend OSHC at Sacred Heart Yarrawonga

August community month: Nurses, and Doctors in our community:

Where do they work? What do they do? Do you know a nurse or doctor?

We will be having a visit from a local Nurse and Doctor to the service on Thursday the 30th of August. so we can find out more about the important work they do for our to our community



Competition: Our entry for the Extend competition is complete and entered. The children worked hard on this project. Wish them luck.

This week our sport of the week is again Hockey by request, next week it will be netball

Men's Shed: On Monday the 6th of August our service was visited by two representatives from the Mens shed, who presented our service with a framed plaque for our ongoing support of the Yarrawonga Mens Shed.

Art Classes: Starting Friday 17th of August.

Famous artists, experiment with their styles, learn about their life and keep all your work in your own art folio.

Children can search and bring their own ideas to the classes for us to follow, any artist, style or era. We will give it a go. We may not come out of it as amazing artist but we will have a lot of fun trying. These classes will be every Friday from 4-5pm

Jo Kingston (Team leader) and the Extend team

What's on in the coming week: Week 4 term 3

This week we are having a daily activity of making our Father's day gift

Monday 6th August: What do Doctors do?

Tuesday 7th August: Where do doctors work?

Wednesday 8th August: A new way to grow crystals

Thursday 9th August: Do you know any doctors? make a mummy

Friday 10th August: Art class: research artists, experiment with different mediums, three leg race

BOOK WEEK 2018

When: Thursday 23rd August, 2018 at 10.00am.



The above artwork is by Early Childhood Winner Anna Walker.

Our Sacred Heart Primary School Library is filled with books and these treasures are just waiting to be discovered and enjoyed. This year's Children's Book Council of Australia (CBCA) Book Week theme "Find Your Treasure" links so well with books. Book Week is about focussing on books.

All are invited to a Children's Book Week Parade at Sacred Heart Primary School, Yarrawonga.

Many will look at pirates and their treasure which lends itself to dress ups and displays. Treasure is mainly thought of as valuable things. If stories are treasures then a treasure chest could be books or people that tell the stories.

Thursday 23rd August, 2018 at 10.00am.

Where: SHPS Mercy Centre

Why: To promote literature for young Australians.

There will be prizes for best dressed characters.

All welcome!

Mrs Ryan



Lions Club Speaking Competition

Yesterday, some of our Yr 3-6 students participated in the 'Lions Club Speaking' competition. The students who spoke included: Samantha Knight, Grace Richmond, Lucas Towner, Dimity Connell, Elli Head and Leni Ramsdale via a video link. Lucas Towner & Grace Richmond finished 1st & 2nd in their Yr level and Elli Head came 2nd in the Yr 5/6 section. We will acknowledge and celebrate all the students at Friday's assembly.



Left to Right- Lucas Towner, Grace Richmond, Dimity Connell, Samantha Knight & Elli Head (Leni Ramsdale via Video Link)

YARRAWONGA MULWALA LITTLE ATHLETICS **URGENTLY NEEDED!!**

We are seeking committee members to join the Yarrawonga Mulwala Little Athletics club. Running the Little Athletics club is a joint effort from parents wanting to give their kids another sporting option. At present only two positions are filled, which means if positions are not taken up and we have no general committee members, the club will have to close. It cannot run with limited committee members so the only saddening option is to close the club. Closing the club would mean that all the equipment that belongs to Little Athletics would be returned to Melbourne or other surrounding clubs, making it very difficult to reinstate the club at another year. It would also mean that ALL Yarrawonga schools would lose their athletics equipment as they currently use the Little Athletics equipment. This would be a huge loss to the kids and the community.

So please, if you want to help out, if you want to keep Little Athletics going in Yarrawonga, come along to our committee meeting. Let's not lose this sporting opportunity for our kids. Come along and show your support.

Wednesday 22 August 2018 at 7pm, Yarrawonga-Mulwala Golf Club

Please contact ASAP as we are needing to form a committee so we can run for the season

Lightning Premiership- Numurkah

Last Friday, our eager Yr 5/6 Leadership students, packed with their brollies and rugs, made the trek over to Numurkah to participate in this year's Lightning Premiership. Our footballers, softballers and netballers were all ready to brave the elements and have a great day of activity.

The students thoroughly enjoyed the challenge that comes when competing against schools from around the region, and the day was a huge success. All the students were extremely well behaved and displayed tremendous sportsmanship throughout the day. A special mention to Andy Jacques' Netballers who went through the day undefeated, as well as our Division One footballers who beat St. Joseph's Cobram in the grand final. All netball teams had great wins and a big thank you to the mums who coached on the day.

(Andy, Donna, Sheree & Kay)

The softballers had three teams play with a couple of wins. Thank you to Miss K, Michelle, Marly and Kellie for coaching these teams.

Another big thanks to the Sacred Heart College students who helped umpire the three sports. We appreciate your help and all the parents who came along to cheer us on. Also a big thanks to Mrs. Meg Bonat for the organisation that goes into a day like this. It was a fantastic day had by all.

Senior Soccer Girls make it through to State

Congratulations to our Senior Girls Soccer team who have won their way through today to the Primary Schools State Championships to be held in the coming weeks. The girls defeated Mansfield 1-0 at the Benalla Showgrounds. A big thanks goes to Chris Duffy for coaching the girls and to the team managers, Mrs Bonat and Mrs Whitely and all the parents, staff and families who supported the girls at the Divisional and Regional levels so far. The team of girls off to Melbourne includes Hannah Loughnan, Maeve Connell, Torah Duffy, Lucynda Mansfield, Bronte Thomson, Leni-Rose Miller, Ella McCarthy, Caitlin Van Maanen, Coco Vodusek, Eliza Whiteley, Penny Whiteley and Anna Zanin.



YARRAWONGA-MULWALA

Little Athletics

**WE NEED
YOU**



**COMMITTEE MEMBERS
ARE NEEDED**

to join our Little Athletics Committee

Please come along to our meeting

**Wednesday, August 22, 7pm
at Yarrawonga-Mulwala Golf Club.**

Without a committee, the Yarrawonga-Mulwala Little Athletics will have to close.
Let's not lose this sporting opportunity for our kids. Come along and show your support.

Further Information

Lisa **0413 656 936**; Helen **0419 143 760** or Chris **0407 432 728**

VALID & Moira Shire Council present

NDIS - Families as Planning Partners Course in Cobram

A five week DAY course 9.45am – 2.00pm on the dates below

To be held on Tuesday 9th, 23rd, 30th October & 13th, 20th November 2018

Venue: Cobram Community House,
43 Punt Road, Cobram

This course will be conducted over five sessions:

Tuesday 9th Oct Session 1. *NDIS introduction & the Families' role*

- an introduction to the what, how and who gets the NDIS
- what is the families role in light of the NDIS?



Tuesday 23rd Oct Session 2. *Getting your point across effectively!*

- being aware of how you communicate
- communicating your needs with the NDIS, workers & services



Tuesday 30th Oct Session 3. *NDIS Planning & Why have a Person-centred Plan*

- person-centred plan (PCP) & its' benefits
- the NDIS planning process



Tuesday 13th Nov Session 4. *The NDIS funding & purchasing process*

- managing your funding package
- engaging and purchasing services



Tuesday 20th Nov Session 5. *Consolidating your plan!*

- building the information in your NDIS 'plan'
- consolidating the info for your family members & Whole of Life plan.



Attendees are asked to commit to attending the whole course. Attending one or two sessions is not an option.

Expression of Interest by Tuesday 18th September, 2018 (register early places limited)



Yarrawonga and Border CWA Inc.

You are invited to their book

Launch

Mothers.Daughters.Friends.

on

Saturday the 25th. August

at

Club Mulwala, Endeavour Room

at 2 pm.

with

Rosalie Ham

author of "The Dressmaker"

Copies for sale at Launch

Afternoon Tea provided

Raffle by Showcase Jewellers

RSVP 19th August

to pre-order your book,

Gillian Keppel 0458798077

cwauntoldstoriesyarrawonga@gmail.com

Noel Hunt

57431286



Georgia Sprunt

yoga

YARRAWONGA MULWALA GOLF
CLUB

Casual +
multi-class
passes

ENQUIRIES:

Call Georgia

0419-106-248

