



Be Safe, Be Respectful, Be Your Best

2016 Term 1 Week 4 Newsletter

Dear Parents,

As you are all very aware yesterday Sacred Heart Primary School became yet another recipient of a bomb hoax caller. Our Emergency Management Procedure was enacted quickly and professionally and then after further advice from the Police we extended the Evacuation Point to the MPB at Piper Street. The staff and students are to be commended on the manner in which they cared for and supported your children in what was treated as a very real and serious threat. At all times the safety of your children was paramount in their minds. Senior Police will return to school in the near future to debrief our processes and procedures but their address to all staff after they handed the school back to us was most affirming.

Indeed, we hope and pray that this is the first and last time that we will have to enact Emergency Management at Sacred Heart, however it is pleasing to know that our procedures were enacted effectively. I have spoken to the children again this morning but some may continue to be upset by yesterdays events so we encourage you to monitor their behaviour closely over the next few weeks especially if these hoax calls continue to be inflicted on schools.

Janine Buerckner made herself available all day today to assist the children and staff if needed and we have been in constant communication with the Catholic Education Office and have received great support from them as well. I'd like to pass on my thanks to Lew Nagle and Sacred Heart College for accommodating us, Woods Point Retirement Village for offering their facilities for evacuation if required and Dean Carroll and the Administration staff who raised the initial alarm and led everyone so well.

Please feel free to make contact with me if you would like any further clarification regarding the incident. Your prompt response in collecting your children after we phoned or reported the incident on our school app was greatly appreciated.

Peace and best wishes,  
Paul



Paul Maher



Heather Keenan



Jacqui Nixon

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**Caritas**  
AUSTRALIA

First Sunday  
of Lent

CELEBRATING 50 YEARS OF  
**PROJECT  
COMPASSION**



Doney and her family have often gone months without enough to eat in their remote village Malawi. Today they are building new livelihoods, improving health and growing literacy to create paths towards a better future.

**Please donate to Project Compassion 2016 and help people in remote areas of Malawi harness their strengths.**

[www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) 1800 024 413

### Medical Forms To Be returned ASAP

*One of the first things we realised yesterday as we enacted the Emergency Management Plan was that there were a number of 'Medical Forms' that had not been returned. While we do have the majority we would urge those families who have not returned them to do so ASAP. These forms not only update children's Medical Condition but also your family details, including emergency contacts and mobile numbers. They play an extremely important part in the handling of both Emergency Management and school camps and excursions.*

### School Board Meeting

*Last night at 6.00pm we had our first Board Meeting for 2016. Gerard Martin is our School Board Chair this year taking over from Dani Kennedy. The other members of the Board are as follows : Sarah Conway, Damian Appleton, Amanda Mansfield, Jason Whiteley, Daniel Boulton, Meegan McInness, Dean Carroll, Fr. Steve and myself.*



**Parent Information Evening** – *Thank you to all those parents who attended the Parent Information Sessions last night. Each of the sessions was most informative and very different in regards to the information they provided. I hope you found them interesting and worthwhile, especially all those new families*

**Parent Teacher Interviews** Term One Parent Teacher Interviews will be held next week on Monday 22<sup>nd</sup>, Tuesday 23<sup>rd</sup> and Wednesday 24<sup>th</sup> February. These interviews have two goals – one allowing you to share important information and two, allowing the teacher to let you know how your child has settled into 2016 and possibly setting some early goals.

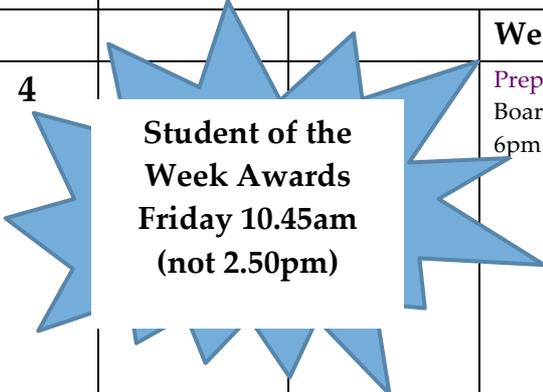
**Term One Pupil Free Days** – *The final day of classes for Term One is Wednesday 23<sup>rd</sup> March. Staff will be completing our First Aid and Anaphylaxis Course work for this year on the Thursday and Good Friday will be on 25<sup>th</sup> March, 2016.*

*Peace and best wishes,*

*Paul*

#### **Acknowledgement of Traditional Custodians**

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 1						
			Wed 17 <sup>th</sup>	Thu 18 <sup>th</sup>	Fri 19 <sup>th</sup>	Sat 20 <sup>th</sup>	Sun 21 <sup>st</sup>
4			Prep Testing Board Meeting- 6pm		Prep A Buddy Assembly 10am S.O.W Awards- 10.45am Woods Point Visit- 1/2V Parish Mass- 6S & 5B		
	Mon 22 <sup>nd</sup>	Tue 23 <sup>rd</sup>	Wed 24 <sup>th</sup>	Thu 25 <sup>th</sup>	Fri 26 <sup>th</sup>	Sat 27 <sup>th</sup>	Sun 28 <sup>th</sup>
5	Parent/Teacher Interviews 3.30pm-6pm	Parent/Teacher Interviews 3.30pm-6pm	Prep Testing Parent/Teacher Interviews 2pm-6pm	Swimming Carnival Yrs 3-6 No Canteen today	Prep S Buddy Assembly 10am S.O.W Awards- 10.45am Woods Point Visit- 3G Parish Mass- 5O & 5CO		
	Mon 29 <sup>th</sup>	Tue 1 <sup>st</sup>	Wed 2 <sup>nd</sup>	Thu 3 <sup>rd</sup>	Fri 4 <sup>th</sup>	Sat 5 <sup>th</sup>	Sun 6 <sup>th</sup>
6		Divisional Swimming	Prep Testing First Aid for students		Prep M Buddy Assembly 10am S.O.W Awards- 10.45am Woods Point Visit- 4W Parish Mass- 1/2H & 1/2MP	Dinner for Daniel 6.30pm Club Mulwala	Children's Mass 10am led by Discovery Centre
	Mon 7 <sup>th</sup>	Tue 8 <sup>th</sup>	Wed 9 <sup>th</sup>	Thu 10 <sup>th</sup>	Fri 11 <sup>th</sup>	Sat 12 <sup>th</sup>	Sun 13 <sup>th</sup>
7			Prep Testing Life Education Van	School Photos Life Ed Van	Woods Point Visit- 5B Parish Mass- 1/2V & 1/2W Life EdVan		
	Mon 14 <sup>th</sup>	Tue 15 <sup>th</sup>	Wed 16 <sup>th</sup>	Thu 17 <sup>th</sup>	Fri 18 <sup>th</sup>	Sat 19 <sup>th</sup>	Sun 20 <sup>th</sup>
8	Labour Day Public Holiday	Life Education Van	Life Education Van	Life Ed Van	Woods Point Visit- 6L Parish Mass- 1/2T & 3H Life EdVan		
	Mon 21 <sup>st</sup>	Tue 22 <sup>nd</sup>	Wed 23 <sup>rd</sup>	Thu 24 <sup>th</sup>	Fri 25 <sup>th</sup>	Sat 26 <sup>th</sup>	Sun 27 <sup>th</sup>
9	Life Ed Van		End of Term	Pupil Free Day Staff PD- First Aid/ Anaphylaxis	Good Friday	Easter Saturday	Easter Sunday

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## Staff Profile

Xavier Kennedy



*Position: Classroom Teacher, Bridging Yr 4K*

*Interests: Sports- Travel, Fitness & Sport*

*Football Team: Hawthorn*

*Favourite Food/s: Seafood & Thai*

*Currently Reading: Jonathon Brown- Life & Football*

*Favourite Holiday Destination: Africa*

*3 people you'd invite to dinner: Luke Hodge, Roger Federer & Mick Fanning*

*What would you do with your last \$50? Dinner out with my family*

*Favourite Movie: Friday Night Lights*

*Favourite Quote: "It's not whether you get knocked down, it's whether you get up"*

*Someone you admire: My Mum- Simply inspirational*

*What do you love about our school: The vibrant atmosphere both in & out of the learning centres.*

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## Religious Education Meegan McInness



In my role as REC I will be working 3 days a week this year. Tuesday and Wednesday are my set days and the 3rd day is a floating day depending on the happenings of the week but will usually be a Friday. Please feel free to contact me at school with any queries or if I can be of assistance in anyway.

### Children's Mass

Our first Children's mass for this year will be held on Sunday March 6th and will be led by the Discovery Centre. Please mark this date on your calendar with more information to follow.

Welcome to Week 1 of Lent. Every family should of received a project compassion box and information leaflet last week. Please contact me if you didn't receive one.

Each week Caritas has a story about a person and their life and how Caritas Australia is helping their community. A short film about each person is available to watch on the Caritas Australia website and students will be shown this film each week.

### Project Compassion Week 1 of Lent

Like many families in her remote village, Doney and her family have often gone months without enough to eat. But with the support of Caritas Australia and local partner CADECOM, the people of Doney's community have learned to harness their strengths. Today they are building new livelihoods, improving health and growing literacy to create paths towards a better future.

**Please donate to Project Compassion 2016 and help people in remote areas of Malawi harness their strengths and pave the way towards a thriving future.** You can donate through the project Compassion boxes and envelopes, by visiting

[www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

Have a great week everyone.

Meegan

[mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au)

## Pastoral Wellbeing Janine Buerckner



[jbuerckn@shyarrowonga.catholic.edu.au](mailto:jbuerckn@shyarrowonga.catholic.edu.au)

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

## 5 confidence-building strategies every parent and teacher should know By Michael Grose

Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. Building children's and young people's confidence is complex. It's more than being a praise robot and heaping positive comments on a child at the first sign of them doing something well.

Over the next 5 weeks, I'll include Michael's practical strategies that you can use to build real self-confidence in kids of all ages:

### 2. Focus on effort & improvement

Current thinking shows that people who believe that they can increase their intelligence through effort and challenge actually get smarter and do better in school, work, and life over time. One way to develop a growth mindset is to focus your language on effort and improvement rather than on the results of what they do.

### CHILDREN'S CHATTER MATTERS

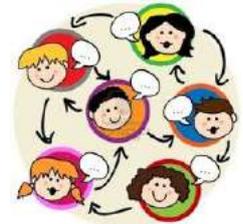
Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.

The activities provided this term will target phonological awareness skills. Phonological awareness is one of the key building blocks for reading and writing. It is listening to, and thinking about, the sounds in words.

\*\* Find compound words in your child's book/reader and practise breaking the word into two separate parts. For example, 'bookshelf' is made up of 'book' and 'shelf'. Can you think of other compound words you could make? For example, bookend, bookmark, bookstore, bookcase...

Here are some practice words: toothbrush, shoelace, bowtie, and football.

As a harder task, remove one part of a compound word, and ask your child to say what part of the word is left. For example, "What's left if I take away 'rain' from 'rainbow' = bow".



#### CANTEEN

Due to the Swimming Sports Day being held on Thursday 25th February, for Grades 3 - 6, there will be NO CANTEEN available on that day, for the children in Grades P - 2.

#### CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)

To be eligible for the fund, a parent or guardian must be the holder of a concession card being successfully validated with Centrelink on the first day of either Term 1 2016 (27<sup>th</sup> January 2016) or Term Two (11<sup>th</sup> April 2016).

The CSEF is an annual payment to the school to be used towards, camps, sports and/or excursions expenses for the benefit of the eligible student.

Primary School Student Rate is \$125.00 per year.

Secondary School Student Rate is \$225.00 per year.

The CSEF is paid directly to your child's school.

Forms are available from the school office and we require a copy of your Concession Card.

The forms needs to be lodged with the school by the end of Term 1 2016.

Any queries please contact the office.



Our Library computer package is Oliver Junior Five and a module called Orbit is to assist you and our students to locate books, is available to use from home computers.

The steps are:

1. Google.. Sacred Heart PS Yarrawonga Home Page.
2. Scroll down until the blue writing and locate the word LIBRARY and click on this word.
3. The word ORBIT will appear and then you select how you wish to search for a book be it WORD, PICK/CLICK, or NEW.
4. Choose how you wish to search for a resource, Word, Subject, Title Author, Series.
5. Click on icon for search.

Happy searching.

Library Classes are as follows

Monday: 6D,6S, Prep S, 5O, 5B.

Tuesday: 3H, 3G, Prep A, 4W

Wednesday :6L, 4C, 1/2T,1/2H,4K

Thursday : 5CO, 1/2W, 1/2M,1/2V, Prep M

This list may be of benefit to you and to your children.

Happy reading. Noeline Ryan

### Exchange Students

Southern Cross Cultural Exchange is looking for host families to host FRENCH students, who will arrive on 12th May, for a 3-MONTH only program, in Victoria, with a rural focus! The host family choose the gender, the local school and the interests of the student that you feel is the best match for your family. They arrive with English language skills, plus their own spending money and health insurance cover, all arranged by Southern Cross Cultural Exchange.

Maybe you would be interested in hosting one of these students or perhaps some of your friends would like to experience this unique opportunity? If you have any questions or are interested in hosting one of these fabulous French exchange students, please contact me, Jan James on ph. 0424 931 900.

## Extend Before and After School Care at Sacred Heart Primary School



Recap

**Last week we made giant tacos on our craft day, played indoor down-ball and made some beaded necklaces. We also played musical statues and did some lovely artwork using large sheet of paper which we have displayed at our OSHC service.**

**As the weather has been very hot this week we have also had free play indoors.**

Lisa Gard – Team Leader

Our Extend Superstar for the week is... Ella Mccarthy **for her lovely artwork.**

Next week's activities:

Monday 22 February: **Skipping & Hula Hoops**

Tuesday 23 February: **Chalk Drawing**

Wednesday 24 February: **Fruit Kebabs**

Thursday 25 February: **Crazy Faces**

Friday 26 February: **Sensory Balls**

Parent Portal: [extend.com.au](http://extend.com.au)

### School Crossing

*Crossing Woods Road at the supervised crossing is the safest option for children and adults.*

*While this may not be the quickest or most convenient, it is definitely the best and safest.*

*Several families are choosing to cross at the Orr street roundabout.*

*Please use the supervised crossing.*

*We appreciate your thought in this matter.*

# Centre News from Across the School

## Foundation (Prep) Reminders

As discussed in our Prep Information Evening, your child will be bringing home a Reader Pack on Thursday. Please ensure all readers and Reading Log Diary stay in the Red reader Pack as they will be using these for the rest of the year!

For those who were unable to attend Prep Information night on Tuesday, also in their reader packs will be a Occupational Therapy information brochure from the RCH with helpful hints on improving fine and gross motor skills. A set of Magic words will also be in your pack to keep at home.

Any concerns, see your classroom teacher.



### Information Evenings

*A big thank you to those able to attend last night's Information Sessions. We hope it was able to paint a picture of what's happening in your child's centre. 'Centre News' and monthly flyers will also be available on the app.*

### Music Awards

*Oliver Cope for reading the 'Rainbow Serpent' so well to the class in Music lessons this week. Thanks.*

*Henry White for showing leadership when singing 'Advance Australia Fair' this week in Music lessons.*

*Top Effort.*

### Leadership Centre

*Children in the Leadership Centre will be bringing their school diary home each night to record their reading. On a Monday this will include their weekly goals that we ask parents to read and sign. We ask that students get into the habit of bringing their diary to and from school each day. It's a great form of communication between school and home. Children will be writing in upcoming events, homework tasks, etc. Parents are invited to use the diary for any messages, communication, etc. Teachers will check and sign diaries on a weekly basis.*

**The first of our Prep Buddy assemblies will be held this week. It's a fantastic opportunity to listen to the Yr 6 buddies share information about their Prep buddy. A morning tea will also be provided for parents. Year 6 buddies of the students in Prep A are asked to bring along something to share for morning tea.**

**The dates for each Grade are as follows:**

**PREP A- This Friday 19<sup>th</sup> Feb 10am**

**PREP S- Friday 26<sup>th</sup> Feb 10am**

**PREP M- Friday 4<sup>th</sup> March 10am**

*Student of the week Awards will follow the Buddy assemblies starting at approx. 10.45am*

### School App

I've been in touch with the App company in regards to some glitches regarding the app. They are going to run an update on the school app in both the iTunes and Android app stores. They believe this will enable our newsletters to turn when the device is turned, to enable easier viewing. It will take approx 10 days for the update to finalise. They will be in touch again. Thanks. Dean

### Coming Soon

*Sacred Heart Primary  
Facebook Page. Stay tuned for  
more updates in the coming  
weeks.*

## Apply for a Working With Children Check

Go to <http://www.workingwithchildren.vic.gov.au>

Go to Apply for a Check

What you need to fill in for an online application.

- An email address so we can contact you about your application
- the address of every place you have lived in the last 5 years in Australia
- the name, postal address and phone number in Australia for each organisation you will be doing volunteer child related work for
- a printer that will print a legible copy of the Application summary.

Once you have filled in the online application form, you need to go to a participating Australia Post Retail Outlet to lodge your application.

What you take with you when lodging.

- The application summary and receipt that you printed at the end of the online application.
- A passport size photo of yourself
- Documents that prove your identity
- Volunteer WWC Checks are free.

DO NOT SIGN the Application Summary before lodging.

When you have successfully lodged your application at Australia Post, your receipt will be stamped and returned to you. You can use this receipt to prove that you have applied for a WWC Check.

Those people that do not have access to a Computer and Printer, please do not hesitate to contact the school office and we can arrange to do this first step for you.

### **Junior Netball in Wangaratta.**

Inviting all grade 5 and grade 6 girls who are interested in participating in Netball in Wangaratta in 2016 to email Lauren Mulquiney at : [laurenmulquiney@hotmail.com](mailto:laurenmulquiney@hotmail.com).

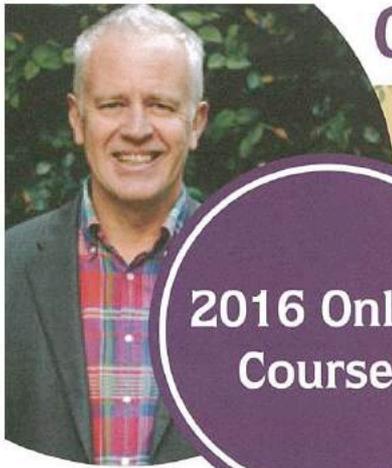
We need your name, grade and contact email.

We will be holding a registration day in the next two weeks, however, you will need to have received and completed your registration by then.

If you have already contacted Lauren you will receive an email with the registration details shortly.

Kind regards

Mary-Anne White.



# Great Parenting Starts Here...



**2016 Online Courses**

Michael Grose, Australia's leading parenting educator, is conducting practical online courses that will help build your parenting skills and knowledge in four vital areas:

### Term 1 - Cracking the Confidence Code

A must-do course for parents where low risk-taking and fear of failure is a constant companion for their kids. This course will put the skills and know-how at your fingertips to develop a real sense of confidence, competence and mastery in your kids.

### Term 2 - Raising Well-behaved Kids

Learn communication techniques that will increase your children's cooperation levels and decrease your stress levels. Know how to manage your kids visually, what to do when they ignore you and how to get more cooperation, without telling your kids what to do.

### Term 3 - Mood Meter for Parents

Want to help your children be the best they can be? Then you need to build their emotional intelligence. Michael draws on research from the team at the Yale Center for Emotional Intelligence to help you give your kids the tools they need to recognise, manage and regulate their emotions.

### Term 4 - Raising Mighty Boys

Don't be fooled by the title, even parents of girls need to know how boys tick. Unlock the secrets of raising boys of any age so that they become more confident, achieve more at school, talk about what's on their minds, better manage anger and other strong emotions, and make the most of their natural strengths.

**4 COURSES + YEARLY CLUB MEMBERSHIP \$147**  
(Save \$50 with discount code SCHOOLCLUB)

- ✓ Mixture of downloadable videos, PDF workbook and activities
- ✓ Weekly Facebook group-based discussions with Michael Grose
- ✓ Download resources and complete the course in your own time or during designated dates with the online group
- ✓ Course comes with a full money-back guarantee if it doesn't meet your expectations
- ✓ Participation certificate for each course

**JOIN TODAY at [parentingideasclub.com.au](http://parentingideasclub.com.au)**



**Receive these great BONUSES if you join now:**

- ✓ Monthly Q & A sessions with Michael Grose
- ✓ Yearly access to [parentingideasclub.com.au](http://parentingideasclub.com.au) resource centre
- ✓ Developmental Maps to better understand your child's growth stages
- ✓ On your child's birthday receive our Developmental Parenting Guide to help navigate for the year ahead

get your **junior pigeon collector book**

From the YFNC Office at 3 Witt Street or from the merchandise stand at home games down at the Grove.

Purchase as part of the Junior Pigeon membership \$20 or Mums and Dads can buy them individually for only \$15

**Collect all 27 player collector cards during the season**

Also available online at [www.yarrawongafc.com.au](http://www.yarrawongafc.com.au) or call 03 5744 3896

Rennie Football  
  
 Netball Club  
 The Family Club

RENNIE FOOTBALL NETBALL CLUB

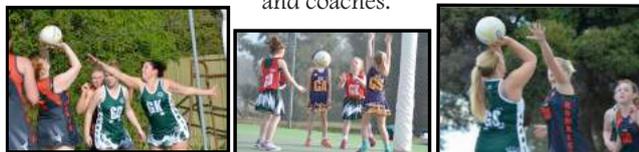
Invites new and existing netballers  
 To come and join us for Training and Registration

At Rennie Recreational Reserve  
 On Thursday 18<sup>th</sup> of February 2016  
 @ 5:00pm onwards

We take pride in being known as the "Family Club", and we provide a happy, safe and fun environment for players of all abilities.

We particularly appreciate and value club loyalty and look forward to welcoming back our long-term members as well as new players from ages 8 years to adult.

Junior Footballers are also invited to come along for Registrations and an opportunity to meet other players and coaches.



For further information please contact a member of the Netball Club Committee:

President: Tanya Rhodes 0419546280

Vice President: Meegan McInness 0427140269

Secretary: Nada Nolen 0427441042

TAC CUP  
 MURRAY BUSHRANGERS SEASON 2016  
 AFL VICTORIA

**MURRAY BUSHRANGERS JUNIOR TALENT CAMP**

TUESDAY 5TH APRIL  
 WODONGA SENIOR SECONDARY COLLEGE  
 AND  
 THURSDAY 7TH APRIL  
 KIALLA REC RESERVE, SHEPPARTON

PLAYERS BORN IN 2002, 2003 & 2004  
 9:30AM TO 2:30PM  
 COST: \$70

Clinics Include:  
 HIGH PERFORMANCE TESTING  
 SKILL DEVELOPMENT  
 GAME SIMULATION

UNDER GUIDANCE OF TAC CUP HEAD COACH LEON HIGGINS  
 SPOTS LIMITED  
 REGISTER ONLINE AT [MURRAYBUSHRANGERS.AFLVIC.COM.AU](http://MURRAYBUSHRANGERS.AFLVIC.COM.AU)

Chess Kids Australia  
**RJ Shield Chess Tournament**  
 Yarrowonga

**Sunday 28th February**  
 Time: 12:45pm to 5:00pm  
 YARRAWONGA COLLEGE PREP-12, SECONDARY CAMPUS  
 SENIOR STUDY CENTRE  
 PINNEGAR ST ENTRANCE  
 Cost: \$25 per player

**A TOURNAMENT FOR EVERYONE**

The RJ Shield events are the longest running series of junior chess tournaments in Australia. They were first started by Hilda O'Callaghan in 1994 and known simply as "Novice Tournaments". They were later named after legendary International Master and former Australian Chess Champion, Robert Jamieson. Robert is still involved with these events; if you start playing in RJ Shield's you might just be lucky enough to meet him one day!

Come along for a fun day of competition chess, whether you're an established player or a novice, this is the tournament for you. Learn new skills, meet new friends and even gain a chess ranking, or better the one you have.

**Age divisions, under 8's, under 10's, under 12's, under 14's and OPEN (14YRS TO ADULT)**

Trophies awarded in all age divisions.  
 An additional trophy is award to the best girl in each division.  
 Certificates are awarded to each player, ranging from participation to high distinction.

Please register online at [www.rjshield.com/yarrowonga](http://www.rjshield.com/yarrowonga) - click on ENTER. Any difficulties call Karen 0437176769 and I will be happy to help.

Cost is \$25.00 per player.

Please ARRIVE BETWEEN 12.30pm to 12.45pm so we can register names and start the tournament at 1.00pm.

There are only fifty places available so get in early and don't miss out.

Coffee, tea, cold drinks and snacks are available for purchase on the day.

This tournament is run by Chess Kids Australia in conjunction with YCP-12 Community Workshop, all proceeds, after costs, will be donated to the workshop for materials and supplies.