









Be Safe, Be Respectful, Be Your Best

2016 Term 1 Week 3 Newsletter

MINI BLITZ- Weeks 2 & 3
'Welcome back to Sacred Heart.
If we follow the 3Bs we will have a
great start!

During the recent devastating bushfires south west of Perth, Western Australia, a very contemporary and dignified Australian face appeared on the front of many daily papers. It was the photo of firefighter, covered with sweat and the grime of ashes, and with a look of determination to get his job done. After several days of burning came another fire fighter, head thrown back, arms joyfully extended, dancing like a child in the pouring, saving rain. These two faces are images which reflect our 2016 Lenten Journey.

Dear Parents,

Today we mark the beginning of Lent with Ash Wednesday. The reflection above regarding the reaction of the firefighters is quite appropriate. During the Lenten period we have to be prepared to be just as determined as we look to become stronger as Christians, living as witnesses to the message of Jesus. And we look forward to raising our arms joyfully in celebration at Jesus' resurrection at Easter and our own increased strength and sense of purpose through our individual efforts over the forty days of preparation.

**Parent Information Evening** - As always we will hold a Parent Information session in each of our Learning Centres to inform parents on what we're doing this year and how we can work co-operatively through the year. The Information sessions will be on Tuesday 16<sup>th</sup> February with each session lasting approximately 30 minutes. The

timetable will be as follows – Leadership Centre 5/6 - 5.00pm, Bridging Centre 3/4 - 5.30pm, Discovery Centre 1/2 - 6.00pm and the Foundation Centre (Prep) – 6.30pm. We hope to see as many parents as possible come along to the sessions.

Important Notice

Parent Teacher Interviews Term One Parent Teacher Interviews will

be held in Week 5 on Monday 22<sup>nd</sup>, Tuesday 23<sup>rd</sup> and Wednesday 24th February. These interviews have two goals – one allowing you to share important information and two, allowing the teacher to let you know how your child has settled into 2016 and possibly setting some early goals. I have registered the school for this year's interviews and your login details will arrive home by this Friday afternoon.

<u>Term One Pupil Free Days</u> – The final day of classes for Term One is Wednesday 23<sup>rd</sup> March. Staff will be completing our First Aid and Anaphylaxis Course work for this year on the Thursday and Good Friday will be on 25<sup>th</sup> March, 2016.

Peace and best wishes,

Paul

#### **Acknowledgement of Traditional Custodians**

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 1													
						,	Thu	11 <sup>th</sup>	Fri	12 <sup>th</sup>	Sat	13 <sup>th</sup>	Sun	
3			Inform Ever All Ce Tues	ning entres			THU II		Woods Point Visit- 1/2T Parish Mass- 6L & 6D Whole School Assembly		Sat 13		Sun	11
	Mon	15 <sup>th</sup>	Tue	16 <sup>th</sup>	Wed	17 <sup>th</sup>	Thu	18 <sup>th</sup>	2.50pn <b>Fri</b>	19 <sup>th</sup>	Sat	20 <sup>th</sup>	Sun	21st
4	P & F Meeting 7.30pm Sacred Heart College		Information Evening - Leadership 5pm - Bridging 5.30pm - Discovery 6pm - Foundation 6.30pm		Prep Testing Board Meeting-6pm				Prep A Buddy Assembly 10am Woods Point Visit- 1/2V Parish Mass- 6S & 5B					
	Mon	22 <sup>nd</sup>	Tue	23 <sup>rd</sup>	Wed	24 <sup>th</sup>	Thu	25 <sup>th</sup>	Fri	26 <sup>th</sup>	Sat	27 <sup>th</sup>	Sun	28 <sup>th</sup>
5	Parent/Teacher Interviews 3.30pm-6pm		Parent/Teacher Interviews 3.30pm-6pm		Prep Testing Parent/Teacher Interviews 2pm-6pm		Swimming Carnival Yrs 3-6		Prep S Buddy Assembly 10am Woods Point Visit- 3G Parish Mass- 5O & 5CO					
	Mon	29 <sup>th</sup>	Tue	1 <sup>st</sup>	Wed	2 <sup>nd</sup>	Thu	$3^{\rm rd}$	Fri	$4^{\mathrm{th}}$	Sat	5 <sup>th</sup>	Sun	6 <sup>th</sup>
6			Divisional Swimming		Prep Testing First Aid for students				Prep M Buddy Assembly 10am Woods Point Visit- 4W Parish Mass- 1/2H & 1/2MP		Dinner for Daniel 6.30pm Club Mulwala		Children's Mass 10am led by Discovery Centre	
	Mon	$7^{th}$	Tue	8 <sup>th</sup>	Wed	9 <sup>th</sup>	Thu	10 <sup>th</sup>	Fri	11 <sup>th</sup>	Sat	12 <sup>th</sup>	Sun	13 <sup>th</sup>
7					Prep Testing Life Education Van		School Photos Life Ed Van		Woods Point Visit- 5B Parish Mass- 1/2V & 1/2W Life EdVan					
	Mon	14 <sup>th</sup>	Tue	15 <sup>th</sup>	Wed	16 <sup>th</sup>	Thu	$17^{th}$	Fri	18 <sup>th</sup>	Sat	19 <sup>th</sup>	Sun	20 <sup>th</sup>
8	Labour Day Public Holiday		Life Education Van		Life Education Van		Life Ed Van		Woods Point Visit- 6L Parish Mass- 1/2T & 3H Life EdVan					
	Mon	21st	Tue	22 <sup>nd</sup>	Wed	23 <sup>rd</sup>	Thu	24 <sup>th</sup>	Fri	25 <sup>th</sup>	Sat	26 <sup>th</sup>	Sun	27 <sup>th</sup>
9	Life Ed	Van			End of	Term	Pupil Fi Staff PD Aid/An		Good	Friday	Easter		Easter Sunda	

# Staff Profile

Brianna Schutt



Position: Yr Six Teacher

Interests: Sports- Netball, Waterskiing,

Cooking, Reading

Football Team: Wangaratta Rovers/Kangaroos

Favourite Food/s: Avocado

Currently Reading: Chris Judd

Favourite Holiday Destination: Anywhere near water, beach or river.

3 people you'd invite to dinner: Beyonce, Maria Tutaia & my Nan- she's a really good cook!

What would you do with your last \$50?Go out for breakfast

Favourite Movie: Coach Carter

Favourite Quote: 'Good, better, best, never let it rest, till your good is better and your better is best!'

Someone you admire: My Mum

What do you love about our school: That the students, teachers and parents are so welcoming and friendly.

## Religious Education Meegan McInness

Today, Wednesday begins the season of Lent; the most important time in our Church year. Years 3-6 attended the Parish Mass at 12 while the Discovery Centre participated in a liturgy here at school. Each class will receive a Caritas pack and more information will follow about Project Compassion.

Have a great week everyone.

Meegan

mmcinness001@shyarrawonga.catholic.edu.au

## Pastoral Wellbeing Janine Buerckner

#### jbuerckn@shyarrawonga.catholic.edu.au

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block. Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

# 5 confidence-building strategies every parent and teacher should know By Michael Grose

Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. Building children's and young people's confidence is complex. It's more than being a praise robot and heaping positive comments on a child at the first sign of them doing something well.

Over the next 5 weeks, I'll include Michael's practical strategies that you can use to build real self-confidence in kids of all ages:

#### 1. Model confident thinking

Kids soak up the language, thinking and behaviour of those closest to them in their environment. Parents and teachers, play a part in modelling confident thinking and behaviour particularly when it comes to tackling new activities, including letting kids hear positive self-talk.

# CHILDREN'S CHATTER MATTERS Why is it important that children are given opportunities for a longer turn to talk and listen?

Research suggests that the lengthy "chats" we have with our children are linked to school

success. As children progress through the grades, they must learn to use extended discourse in telling stories, giving explanations, reporting, expressing an opinion or writing an essay. Asking children "if, why and how" type questions allows them to deepen their thinking and prepare longer and more complex responses. It makes sense to build confidence with extended discourse gradually, beginning with simple oral tasks.

In each weekly newsletter this year, our school's Speech Pathologist will provide some "family friendly", fun oral language tasks aimed to enhance learning and literacy skills.

We encourage you to set some time aside so that you can get the most out of your interactions with your child. In a busy household sometimes the car is the best place for these focused activities. The key ingredients for a creative interaction are a time, a place, a willing talking partner or audience and an engaging topic or activity.

If your child is reading a particular book at home or in class, try to incorporate words or ideas from that text into your activity. For example, if you are building your child's use of describing words, select a character from your child's reader to describe. Encourage increasingly expensive words such as 'the beautiful, gorgeous, stunning, breathtaking princess'.

Positive communication experiences at home help children feel accepted and valued. Growth in spoken language skills will build children's self-confidence and help them learn to negotiate social interactions at school. This often transfers to other aspects of their learning and life.

Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.

The activities provided this term will target phonological awareness skills. Phonological awareness is one of the key building blocks for reading and writing. It is listening to, and thinking about, the sounds in words.

\*\*As you read a story with your child, practise breaking up sentences into words. Say a sentence, and encourage your child to repeat it out loud. Then, ask your child to tap, jump or count on his/her fingers the number of words in the sentence. This is important to help your child hear and discriminate word boundaries. For example, 'Tap for each word you hear in this sentence: "It is racing after me." (5 taps).

For older kids, say a sentence out of their reader/book and see if you can reorder the words to make new sentences. For example, the sentence: "I can run fast and swim far." can be reordered to make: "I can run far and swim fast." or "Can I run fast and swim far?"

Here are some sentences to start you off (remember to choose sentences from your child's book/reader):

- a. Mike has a red lolly and Sarah has a blue ball.
- b. She went to the shops after she went to the pool.
- c. Please move quickly to the door.
- d. Lucy painted a picture of Mike while he rode his bike.

#### Condolences

Our sincere condolences go to Grace Brunt and her family on the death of her grandmother, Zelma Reid. Sympathies are also extended to Charlotte and Henry White and family on Zelma's passing. She was their great aunt.

#### P&FNews

The first meeting for 2016 will be held next Monday 15<sup>th</sup> February at 7.30pm. The meeting will be held at Sacred Heart College.

All welcome to attend.

## Library





Our Library computer package is Oliver Junior Five and a module called Orbit is to assist you and our students to locate books, is available to use from home computers.

The steps are:

- 1. Google.. Sacred Heart PS Yarrawonga Home Page.
- 2. Scroll down until the blue writing and locate the word LIBRARY and click on this word.
- 3. The word ORBIT will appear and then you select how you wish to search for a book be it WORD, PICK/CLICK, or NEW.
- 4. Choose how you wish to search for a resource, Word, Subject, Title Author, Series.
- 5. Click on icon for search.

Happy searching.

Library Classes are as follows

Monday: 6D,6S, Prep S, 5O, 5B. Tuesday: 3H, 3G, Prep A, 4W

Wednesday: 6L, 4C, 1/2T,1/2H,4K Thursday: 5CO, 1/2W, 1/2M,1/2V,Prep M

This list may be of benefit to you and to your children.

Happy reading. Noeline Ryan

#### **Exchange Students**

Southern Cross Cultural Exchange is looking for host families to host FRENCH students, who will arrive on 12th May, for a 3-MONTH only program, in Victoria, with a rural focus! The host family choose the gender, the local school and the interests of the student that you feel is the best match for your family. They arrive with English language skills, plus their own spending money and health insurance cover, all arranged by Southern Cross Cultural Exchange.

Maybe you would be interested in hosting one of these students or perhaps some of your friends would like to experience this unique opportunity? If you have any questions or are interested in hosting one of these fabulous French exchange students, please contact me, Jan James on ph. 0424 931 900.

# Extend Before and After School Care at Sacred Heart Primary School

REMINDER: HAVE YOU ENROLLED? Enrol now for Before & After School Care



Enrolling is quick and easy! Simply enrol and set up your account online at extend.com.au. Please note – all children must be enrolled before attending.

Once you have enrolled online you'll be able to manage your own bookings at any time you like – 24 hours a day, 7 days a week!

#### QUESTIONS?

Check out the FAQs on our website which contains useful information for new parents.

#### PARENT PORTAL: extend.com.au

School Sores
A reminder to please
continue to be vigilant with
School Sores. Thanks.

<u>Book Club</u> Due back next Tuesday 16<sup>th</sup> February.

#### **FOUND**

A modern ladies watch with a tan leather band was found on the basketball court last week. Contact the Office please.

# Centre News from Across the School

#### Centre News Updates

Centres from across the school will pass on any relevant information via this page.

More detailed information from Centres will be passed on via a 'Monthly Centre News Flyer' including happenings, achievements, photos, etc.

#### Leadership Year 6

The prices for the Graduation Tops are as follows:

- \$35 for the Polos
- \$40 for the Hoodies

Please pay at the office or return the money to school in an envelope with your child's name and details on the front.

Bridging Centre
(Years 3 & 4)
A reminder for the Year
3 and 4's to purchase
their USB's

#### Music Awards

Andrew Murphy for the way you listened and participated in your first Music lesson.

Atticus Thomson for the wonderful way you settled into your first Music Lesson. Top Job!



A big thank you to our Parent Helpers for helping make all our pancakes. They were delicious!

Earn and Learn Reward Stickers
A big thank you to all our families
for their efforts last year in
collecting stickers during the
Woolworths Schools Earn and Learn
promotion. This week, the school
has received a large amount of
equipment that has been distributed
across the centres.





# The Prep Buddy assemblies will be held in the coming weeks.

The dates for each Grade are as follows:

PREP A- Friday 19<sup>th</sup> Feb 10am

PREP S- Friday 26<sup>th</sup> Feb 10am

PREP M- Friday 4th March 10am

Student of the week Awards will follow the Buddy assemblies starting at approx. 10.45am

#### Information Evening

All parents are welcome to come along to your child's information session next Tuesday 16<sup>th</sup> February.

The Centres and times are as follows:

Leadership Yr 5/6- 5pm Bridging Yr 3/4- 5.30pm Discovery Yr 1/2- 6pm Foundation- 6.30pm









#### DINNER FOR DANIEL- Saturday 5th March

Dear Sir's & Madam's,

Firstly, please let me introduce myself. My name is Prue Mc Glynn I am an **Ambassador for the Daniel Morcombe Foundation**. I am contacting you in regards to "**Dinner For Daniel**" a evening I have organised to promote child safety. All money raised on this evening will go to the Daniel Morcombe Foundation. As you can see on the attached flyer, **Bruce & Denise Morcombe** are attending along with **Sam Newman**, live entertainment from both X Factor runner ups – **Andrew Wishart & Sally Chatfield**.

The event will be occurring on Saturday 5<sup>th</sup> March, 2016, to be held at Club Mulwala, commencing at 6.30pm. Dress code is semi formal with a touch of red, the tickets are \$100.00 each, (Which can be purchased individually or if you wish to organise group tables of 8 and 16 are also available.) The price of the ticket includes a 2 course meal, plus 3 hours of beer, wine and soft drink. Drinks will be at bar prices from 10.00pm onwards.

It would be great if all schools, businesses and individuals in surrounding areas could attend this event. Our children's safety is precious to us and awareness needs to be enforced. Even though we are residing in country areas and abductions and worse scenarios to our children may not seem to be as evident in our region, it can appear on our doorstep at anytime. Awareness can be a force to help prevent such tragedies and aid in protecting our young.

This is an important cause and I hope you can attend, support and have a great evening.

Thanking you for your time.

Prue McGlynn.

Ambassador Daniel Morcombe Foundation.

#### Tickets are available from:

- GJ Gardiner Homes Albury.
- Mulwala Auto Tyre & Marine.
- Pruce McGlynn. Ph 0417427308



# Yarrawonga and District Netball Association. Inc. (A0005182Z)



Junior Netball 2016 is moving to a Wednesday Night on a Trial Basis

The Pilot Season starting Wednesday 20<sup>th</sup> April 2016 (2<sup>nd</sup> week of term 2) will run for 10 weeks in beautiful autumn weather and conclude Wednesday 22<sup>nd</sup> June 2016 (last week of term 2) just in time for school holidays

4pm - 5pm Net Set Go (5-7yr olds) & Rookies (8-10yr olds)

5pm - 6pm Junior (11&U, 13&U, 15&U and 17&U)

6pm - 7pm Back up 2nd time allotment for juniors (based on numbers)

Senior competition matches will follow completion of junior competition matches on Wednesday's for 10 week autumn competition

Registration details and fees will be available in the following weeks via our website: www.yarrawongadna.vic.netball.com.au

Moving Junior Netball to a Wednesday night will allow families to be more involved with Y&DNA, reduces the inconvenience of 2 nights of commitment for those involved with both junior and senior netball, will accommodate for U13, U15 & U17 Representative Squads, will free up the beginning to the weekend and hopefully not clash with other sporting organisations and after school activities therefore attracting more players and making the competitions healthier and more fun for all.

#### Yarra-Mul Basketball Association

#### Season 1 – 2016 Registration-ALL PLAYERS & AUSSIE HOOPS!

Registration is now open for Junior Basketball and Aussie Hoops on our website. Please register at www.foxsportspulse.com then click on Basketball/Victoria-Country/Yarrawonga Mulwala Basketball Association. Once on our website click on the "Register Now for Domestic Basketball" or "Aussie Hoops" icon to take you to the registration form and pay. Past and new players most welcome. Mixed adults competition will start after Easter with no registrations taken until then.

All information about age groups, fees and nights of play can be found on the website. Changes have been made to the nights of play for U12 boys, U14 boys, 16/under girls. Please register by Thursday 11<sup>th</sup> February to secure a position, as late entries cannot be guaranteed a place and will incur a late entry fee. Any family with 3 or more children playing junior-do not register online, but contact Amanda Wheaton wheaton@iinet.net.au for family discount (excludes counting family members in Aussie Hoops).



From **mid-May** why not show your support and invite a friendly 15 -17 year old French girl or boy to become part of your family for a **short-term duration**?

A French 'big brother' or 'big sister' in the family provides fantastic fun and learning, especially with helping to learn French as a language other than English.

Join us as a volunteer host family to an interesting student and create international understanding and help change lives and outlook.

If you are interested in hosting an exchange student, please call us NOW on 1800 500 501 or email us at scceaust@scce.com.au Web: www.scce.com.au or ph local Co-ordinator-Jan dames 0424 931 900











#### RENNIE FOOTBALL NETBALL CLUB

Invites new and existing netballers To come and join us for Training and Registration

@ 5:00pm onwards

# At Rennie Recreational Reserve On Thursday 18<sup>th</sup> of February 2016

We take pride in being known as the "Family Club", and we provide a happy, safe and fun environment for players of all abilities.

We particularly appreciate and value club loyalty and look forward to welcoming back our long-term members as well as new players from ages 8 years to adult.

Junior Footballers are also invited to come along for Registrations and an opportunity to meet other players and coaches.



For further information please contact a member of the Netball Club Committe
President: Tanya Rhodes 0419546280

Vice President: Meesan McInness 0427140269

Secretary: Nada Nolen 0427441042

Chešs 🔞 🍙 🖹

## RJ Shield Chess Tournament

Yarrawonga

#### **Sunday 28th Feburary**

Time: 12:45pm to 5:00pm
YARRAWONGA COLLEGE PREP-12, SECONDARY CAMPUS
SENIOR STUDY CENTRE
PINNEGAR ST ENTRANCE
Cost: \$25 per player

#### A TOURNAMENT FOR EVERYONE

The RJ Shield events are the longest running series of junior chess tournaments in Australia. They were first started by Hilda O'Callaghan in 1994 and known simply as "Novice Tournaments". They were later named after legendary International Master and former Australian Chess Champion, Robert Jamieson. Robert is still involved with these events; if you start playing in RJ Shield's you might just be lucky enough to meet him one day!

Come along for a fun day of competition chess, whether you're an established player or a novice, this is the tournament for you. Learn new skills, meet new friends and even gain a chess ranking, or better the one you have.

Age divisions, under 8's, under 10's, under 12's, under 14's and  $\underline{\text{OPEN}}$  (14YRS TO ADULT)

Trophies awarded in all age divisions.

An additional trophy is award to the best girl in each division

Certificates are awarded to each player, ranging from participation to high distinction

Please register online at <a href="www.rjshield.com/yarrawonga">www.rjshield.com/yarrawonga</a> - click on ENTER. Any difficulties call Karen 0437176769 and I will be happy to help.

Cost is \$25.00 per player.

Please ARRIVE BETWEEN 12.30pm to 12.45pm so we can register names and start the tournament at 1.00pm.

There are only fifty places available so get in early and don't miss out

Coffee, tea, cold drinks and snacks are available for purchase on the day.

This tournament is run by Chess Kids Australia in conjunction with YCP-12 Community Workshop, all proceeds, after costs, will be donated to the workshop for materials and supplies.