An invitation to all Mothers, Grandmothers and special Ladies in our



Life . Please join us

in celebrating you at our Mother's Day Liturgy

Friday 12th May at 10 am at the MPB

(Sacred Heart College)

Morning tea will be provided for all our guests at the conclusion of our liturgy.









Be Safe, Be Respectful, Be Your Best

MINI BLITZ- Week 4 'When the music goes, stop your play, go to the toilet, get a drink and line up straight away.'

2017 Term 2 Week 4 Newsletter

As Mary was the model of prayer, of love, and of obedience to the will of God, by your grace make mothers holy and rich with your gifts.

Bind families together in the bonds of peace and safety so that mothers will feel nurtured by love. May all mothers enjoy good health and spiritual well-being to enable them to care for their families. Bishop Kevin Manning, Parramatta Diocese

Good Afternoon Parents, Digital Citizenshin

Digital Citizenship

Today and everyday our students are immersed in digital technologies, using the internet, tablets and mobile phones to socialise, exchange ideas and play. Online activity has many benefits however it also poses some challenges. It is imperative for us as a school and parent community to help our students develop appropriate behaviours when using digital technologies, both at school and home. Our Three B'S "Be Safe, Be Respectful and Being our Best' is a great starting point. Please be mindful of different apps and social media environments your children may be using.

Drop Off and Pick up zones

Thank you to everyone for your efforts in making these areas safe for our students. Let's continue to be mindful of our Safety procedures.

School Fees

Please ensure your school fees are up to date. Reminder phone calls will take place over the next couple of weeks. Direct debit is available from the office.

If you hold a health care card please let Heather or myself know as you will be eligible for Government Assistance.

Sunday Afternoon Tea

What a wonderful afternoon experienced at the Sacred Heart "High Tea" on Sunday. These events are great opportunities to bring our school, parish and local communities together. A huge thank you to everyone one who decorated, cooked, poured, cleaned, socialised and enjoyed themselves.

It was also fabulous to see our very own Lisa Boyer exhibit her beautiful art work. Lisa puts in an enormous amount of work with our students sharing her talents and developing their mosaic skills. Much of their art work can be seen displayed within our school.

Mother's Day Stall

A very big thank you to Karen Vodusek and her band (very large band) of 'Trusty Helpers". The staff and students appreciate your on-going support in the running of the Mother's Day Stall.

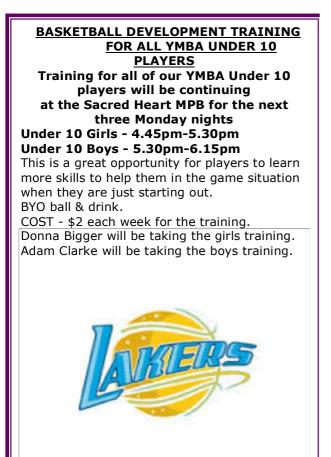
Mother's Day

To all Mums, Nan's, Gran's and Carers Happy Mother's Day to you all - I hope Sunday brings you much joy. If you have any free time you may enjoy this clip! https://www.youtube.com/watch?v=CXgoJ0f5EsQ

Take Care Arn

Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.





DEAR FAMILIES

WE HAVE SOME EXCITING NEWS

(EXTENDS MASCOT)

IS COMMING TO VISIT US AT AFTER SCHOOL CARE ON TUESDAY 16TH MAY AT 4PM WE WOULD LOVE TO SEE YOU HERE!

Bus Blitz- Congratulations

Our Bus students, as many as 150 student travellers, have been aiming to 'Be their Best, Safe and Respectful' at bus lines each day and also travelling on the bus. Over the past week, bus lines have been earning raffle tickets for positive actions. At assembly on Monday, the raffle was drawn and the 'Mulwala Town' bus were the lucky winners for the week. Brock and Abbey, Bus Captains, are pictured here with the Bus trophy. Who will take out the trophy this week?



Extend After School Care at Sacred Heart Primary School

Last week at After School Care we focused on Mother's Day by making many lovely gifts for our Mums. We had fun playing snowball fights. As well we always have fun making some by awesome creations with our Art & Crafts. Next Tuesday 16th May, our extend mascot, Gilbert the Gecko will be visiting our ASC program from 4pm. Gilbert would love to see you there. Bookings can be made through the website: extend.com.au (please note no extra cost will be added to your booking for this day)

Next week's activities:Monday 15th May: Leaf OrbsTuesday 16th May: GILBERT THE GECKO VISIT & Hash Brown WafflesWednesday 17th May: Verbs Relay RaceThursday 18th May: All About WeatherFriday 19th May:Grow our own fruit treeEisa Gard-Team LeaderParent Portal: extend.com.au

Week	Term 2										
				Thu 11 th	Fri 12 th	Sat 13 th	Sun 14 ^{tl}				
4 (May)		Iother's Day Liturgy 0am Friday 1PB College		NAPLAN Testing	* Mother's Day Liturgy 10am * Assembly 2.50pm		Mother's Day				
	Mon 15 th	Tue 16 th	Wed 17 th	Thu 18 th	Fri 19 th	Sat 20 th	Sun 21st				
5 (May)	*P & F Meeting SHC 7.30pm	* Gilbert the Gecko visiting 'After School Care' students. *AFL Essendon players visit	* Board Meeting 6pm		* Woods Point Visit- 5F * Parish Mass- Yr 4 * Assembly 2.50pm *Dad's Night 7pm Mercy Centre		*Presentation Mass- Yr 4 Candidates 10am *Yarrawonga Junior Carnival 9.30am Vic Park				
	Mon 22 nd	Tue 23 rd	Wed 24 th	Thu 25 th	Fri 26 th	Sat 27 th	Sun 28 th				
6 (May)				'Cultural Immersion' Day for Preps	*SPIRIT Day * Woods Point Visit- 5M Assembly 2.50pm *Euch/Conf Ceremony *National Sorry Day		Ascension of the Lord				
	Mon 29 th	Tue 30 th	Wed 31st	Thu 1st	Fri 2 nd	Sat 3rd	Sun 4 th				
7 (May/June)	*Book Fair (3.30pm-4.30pm) * National Reconciliation Week	*Book Fair (8.20am-9.00am & 3.30pm- 4.30pm) *Reconciliation Parent Information Evening Mercy Centre 7pm * Fire Carriers Mass Wang	*Book Fair (8.20am-9.00am & 3.30pm- 4.30pm)	*Book Fair	* School Cross Country and Fun Run * Woods Point Visit- 3W Whole School Assembly 2.50pm						
	Mon 5 th	Tue 6 th	Wed 7 th	Thu 8 th	Fri 9 th	Sat 10 th	Sun 11 th				
8 (May/June)	Catholic Education Week			Divisional Cross Country Wangaratta	*Bluearth Sessions * Woods Point Visit- 3CO * Parish Mass- 1I & 1MC * Assembly 2.50pm						
	Mon 12 th	Tue 13 th	Wed 14 th	Thu 15 th	Fri 16 th	Sat 17 th	Sun 18th				
9 (June)	Queen's Birthday Holiday		*Prep 2018 Information Night	* College Production- Dress Rehearsal Yr 5/6	* Peace Run/Torch Relay- Through Yarrawonga						

Catholic Identity

Mother's Day Liturgy

This Friday we will be celebrating Mother's Day with liturgy at the MPB (Sacred Heart College) at 10am. This will be followed by morning tea. Just a reminder to our Year 5 families that it is your turn to provide the morning tea. We hope you can all join us for this liturgy.

Meegan McInness

Confirmation Eucharist

This very special celebration for our Year Four students is fast approaching with the ceremony to be held Friday May 26th at 7 pm at the MPB. We are asking for children not making the Sacraments to join our school choir for the evening. We especially encourage the siblings of our candidates. Children would need to be at the MPB by 6.45 and could be picked up by 8.15. It is a lovely way to support our Candidates on this very special occasion. If your child is interested in being a part of the choir could you email me at mmcinness001@shyarrawonga.catholic.edu.au

Have a great week everyone, Meegan mmcinness001@shyarrawonga.catholic.edu.au

Pastoral Wellbeing **Janine Buerckner**

jbuerckn@shyarrawonga.catholic.edu.au

Welcome back to Term 2. If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block. Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

Deconstruction Club

We would like to begin our very popular Deconstruction Club once again. This is an opportunity for our children to take things apart – something a lot of kids love to do!! We need DONATIONS of old appliances such as: toasters, kettles, small kitchen appliances such as coffee makers or mixers, irons, small handyman appliances, keyboards & mouses, old phones (not iphones), radios, clocks, DVD/cd players, remote controls, etc. Please don't donate old computers or TVs as they have toxic components inside them. You may have something appropriate lying around at home that is now obsolete that you'd like to get rid of, so please think about donating it to our Deconstruction Club. All donations can be left at the Office.

National Families Week

Please see the flyer attached to the newsletter about Yarrawonga Health's plans to celebrate National Families Week.

Seasons for Growth Program.

Attached to the newsletter is a letter outlining the program and what you need to do if you would like your child/ren to participate in the program. If you would like more information about the program, please either contact Lisa Boyer, Kay Zanin or myself at school.

Taming temper tantrums **By Michael Grose** Part 2 Practical ideas for parents to help manage temper tantrums and decrease their frequency.

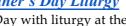
Tantrums are also very energising. Next time you are feeling lethargic try throwing yourself on the ground and throw a full-blown tantrum and you'll feel the adrenaline pumping. So how can you respond to these control tantrums so that they decrease rather than become more prevalent?

Here are some more ideas to consider when kids throw tantrums:









1. *Be firm and refuse to be blackmailed* by your children's outbursts. Giving in sends a message that tantrums work if children cry loud and long enough. If a child makes a mess or becomes destructive, he or she can clean up the mess or make some type of restitution later.

2. *When a tantrum begins, MOVE AWAY.* Don't try and reason with a child in the middle of a tantrum. Go into another room or even outside. If the tantrum is in public, either move away (still close enough for supervision) or quietly remove him or her from the scene. Refuse to be around or even co-operate with a tantrum-thrower.

3. Following a tantrum, *talk about better ways that your child could act* to get his or her needs met. Rehearse what they could do next time, even practising what they could say. This type of behaviour rehearsal can be very effective in teaching children more appropriate ways to get attention.

4. If possible, get on top of tantrums before they begin. As soon as you see the first sign of a 'wobbly', act to prevent it. A tantrum gets a life of its own and behaviour quickly spirals out of control. So, act to close it down early.

5. *Provide a safe alternative* for children who want to display their anger. Exercise, hitting a ball or even quiet relaxation can help dissipate anger if this is a problem. Talk about these safe alternatives with your child.

6. You cannot stop children from displaying their anger but you can, however, *control your own reactions*. By remaining calm and refusing to give in to temper tantrums, you are sending a powerful message: 'I will not be blackmailed by such behaviour. I shall respond positively to you when you calm down.' If kids are to exercise emotional control, then we need to exercise it first!

CHILDREN'S CHATTER MATTERS

Language Learning activities to have a go with, at home.

Ten activities will be provided over Term Two to help develop your child's vocabulary at home (you may need to adjust the activity to suit your child's level). See if you can think of more activities!

** Encourage children to imagine they are holding a caterpillar and describe how it feels.

Create lists of adjectives to describe things, for example: caterpillar – wriggly, squashy, ticklish, furry, etc.

Describe how it might feel to:

- Pat an elephant
- Rub a camel
- Walk on wet concrete
- Hug a cactus
- Touch an echidna
- Put your hands in a bowl of jelly
- Lie on a cloud
- Use a scourer instead of a facewasher

Tip: As well as using single adjectives, prompt for longer descriptions by providing a descriptive starter such as "It would feel like..." or "It might feel as though I had..."



POSITIVE PARENTING

Celebrate the marvel of motherhood, not parenthood! By Michael Grose

As Mother's Day approaches it's worth remembering that its mothers and fathers, real women and men, who raise kids. Parenting is a managerial, twentieth century construct.

It's an interesting time for me to write about motherhood. In the last eighteen months both my daughters have become first time mums.

Watching them has refreshed my perspective on motherhood. It's not the techniques and strategies they use that are important rather their desire to connect to their children and fully embrace being a mum that is paramount. All their subsequent parenting springs from the willingness to fully give themselves over to motherhood.

My close encounters with my daughters as mothers has reminded me how emotion-charged being a mum can be. Besotted-ness, fatigue, joy, fulfilment and doubt are just some of the feelings that I have witnessed in my daughters. No doubt any mothers reading this can easily add a few more.

Over the last few months I've conducted a series of parenting seminars on the topic of raising independent children. The main message of raising children to be self-sufficient rather than to overprotect and spoil them has been in some ways at odds with what is seen as good mothering. That's because the notion of protectiveness aligns more with mothering than fathering.

However, you can be a protective mum and raise really self-sufficient independent kids - you just need to know when kids need protecting and when they need to work things out for themselves. Mothers attuned to their kids and who are confident in their own abilities and instincts generally get the balance right. In a way, they know when to be a mum and when to be a parent.

Mothering is emotional and instinctive

Being a mother is not always rational, as parenting is often made out to be. The emotion attached to motherhood drives you to fight hard to protect your children, work assiduously to right any wrongs on their behalf, and exhaust yourself looking after their physical and psychological well-being. As I've been reminded watching my daughters raise their own children mothering is relational rather than rational. You may grow out parenting by making yourself redundant but mothering is something you never grow out of. You are a mum for life.

Kids want their mothers, not their parents

Kids of all ages say, "That's my mum!" They don't say, "That's my parent!" (They may say that when they are annoyed or embarrassed by you, but that's another story.)

Boys and girls of all ages generally love their mothers unconditionally, whereas they merely put up with their parents, particularly during adolescence. They can live without their parents, or so they think, but deep down they know they can't live without the one person who has a blind spot for them, overlooking all their faults. That person, of course, is their mother.

When kids of all ages get into emotional difficulty or their life becomes too hard, they generally go looking for their mums. They only look for their 'parent' when they want some money, or want someone to get them out of a jam!

As Mother's Day approaches it's worth remembering that it's mothers and fathers, real women and men, who raise kids. Parenting is a managerial, twentieth century construct. That's why we have Mother's Day (and Father's Day) rather than Parent's Day.

I hope you have a good one!





Open your child's mind to another world

Give your children an opportunity to learn a new language and develop an interest in other parts of the world, by becoming a host family to an exchange student.

For more information, contact us:

1800 500 501

cheryl.p@scce.com.au

www.scce.com.au

Flexible, short-term host family options are available!

LOST

A school vest (size 4-6) owned by Noah Runnalls has been missing since before the end of Term One. If found please return to the School Office.

Nationally Recognised Training

Yarrawonga Neighbourhood House Registered Training Organisation No 21765

Hygiene for Food Handlers

The unit SITXFSA001 Use hygienic practices for food safety is for those who want to work in restaurants, cafes or bakeries, or are members of a community group involved in food preparation. Date: Friday 19th May

Date.	Fluay 19 IV	Idy		
Time:	9:30am – 4:0)0p	m	
Cost:	Full Fee	\$	110	
	Concession:	\$	90	(GST Free)



Visit our website: <u>www.ynh.org.au</u> 1 Hargrave Court, Yarrawonga 3730 Ph: 03 5744 3911 Email: office@ynh.org.au

Yarrawonga Neighbourhood House Registered Training Organisation No 21765

Introduction to Commercial Cookery

Learn to prepare delicious and nutritious meals.

Date: Thursday 11th May – 22nd June Time: 9:30am – 12:30pm Cost: Funded \$ 196 Concession \$ 178 (GST Free)

Introducing Online Selling

Covering all aspects of electronic sales, you will learn how to sell over the internet with a suitable device.

Date: Friday 19th May Time: 9:30am –12:30pm Cost: Funded \$ 95 Concession \$ 77 (GST Free)

Responsible Service of Alcohol - Vic

This is for people wanting to work in the Hospitality Industry in Victoria. Date: Tuesday 16th May

Time: 5:00pm –9:00pm Cost: \$ 75 (GST Free)



Visit our website: <u>www.ynh.org.au</u> 1 <u>Hargrave</u> Court, Yarrawonga 3730 <u>Ph</u>: 03 5744 3911 Email: office@ynh.org.au



Book Fair Helpers

The 'Ship Ahoy' Book Fair is coming soon. Mrs Ryan has some parent helpers but is still on the lookout for more helpers. If you're able to help, let the office know or fill in the slip below or email Mrs Ryan at nryan@shyarrawonga.catholic.edu.au



Sacred Heart Primary School Book Fair is on the horizon!!!!

Heave ho me hearties - we need your help!!!!



We need help with these tasks.

+

E

Task	Date	Time
Set up the library for the book fair	Sunday 28 May	11.00am to 1.00pm
Helping students with wish list	Monday 29th	9.30am to 12.30pm
Sales (receiving money, issuing	Mon 29th	3.15pm to 4.30pm
receipts)	Tues 30th	8.20am to 9.00am
	Tues 30 th	3.15pm to 4.30pm
	Wed 31 st	8.20am to 9.00am
	Wed 31 st	3.15pm to 4.30pm
Packing up	Thurs 1" June	12.00pm to 3.00pm

If you are able to assist in any of these tasks, please contact Noeline Ryan by filling in your details and availability below and returning it to the library.

Parent Name	
Date and time available	
Contact No.	

Noeline will have a schedule for you by Monday 22nd May.

27/4/2014

Media Release



15-21 MAY 2017

Yarrawonga Health plans to celebrate National Families Week 2017

Yarrawonga Health will hold a "Picnic in the Park" to encourage families in the Yarrawonga and districts to celebrate National Families Week 2017 - Australia's annual celebration of the importance of families. All local media are encouraged to attend.

National Families Week 2017 will be held from Monday 15 May to Sunday 21 May 2017 (coinciding with the United Nations International Day of Families on 15 May).

The aim of National Families Week is to celebrate the vital role that families play in Australian society. The enduring theme is 'Stronger families, stronger communities'.

This theme highlights the important role families' play as the central building block of our community and that community wellbeing is enhanced by family wellbeing.

National Families Week is a time to celebrate with your family, make contact with your extended family and friends, and share in the enjoyment of family activities within the wider community. It is a time to celebrate the meaning of family and to make the most of family life.

The Picnic in the Park will be held at Kennedy Park from 10am to 12MD on Thursday 11th May 2017. BYO picnic, blanket, chairs etc.

"Let's acknowledge the critical role all families play in building a stronger community and take time to celebrate your community with your family."

For more information contact: Carmel Saunders and Jenny O'Brien 0357438530

National Families Week is run by Families Australia, a national, peak, not-for-profit organisation which strives to improve the wellbeing of all Australian families and is sponsored by the Australian Government Department of Social Services.

🗱 National Families Week We're having a picnic to Celebrate Family YARRAWONGA HEALTH BYO Picnic, Blanket, Chairs, etc. Kennedy Park, Lynch St. Contact 0357438530 Thursday 11th May 10am-12MD Week IOIN US FOR



Sacred Heart Primary Yarrawonga

62 Orr Street, PO Box 199, Yarrawonga 3730 Ph: (03)5744 3339 Fax: (03) 5743 1377 Web: www3.shyarrawonga.catholic.edu.au Email: principal@shyarrawonga.catholic.edu.au

Dear Parents,

Change and loss are issues that affect all of us at some stage in our lives. At Sacred Heart Primary School, we recognise that when changes occur in families through death, separation, divorce, moving house or school, or related circumstances, young people who are challenged by this change and loss may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth, for these children. This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

Seasons for Growth runs for eight weeks and each weekly session is 40-50 minutes. The program concludes with a 'Celebration' session. Later in the year, each group may have the opportunity to meet for two further sessions to build on their earlier learning.

Seasons for Growth will commence in the week of 5th June and will be facilitated by Lisa Boyer, Kay Zanin and Maureen McLarty who have received special training in the use of this program. If you think your son or daughter would benefit from Seasons for Growth, we would encourage you to talk to him/her about this. If you are interested in your child participating, please use the following instructions to make an appointment with one of the facilitators to confirm their participation. The interviews to confirm participation will be held from **3:30pm** until **6:30pm** on **Monday, 22nd May**.

Login details:

- 1. The website address is www.schoolinterviews.com.au
- 2. The event code is 62d6a

Once someone has chosen a time it becomes unavailable for anyone else, so you may want to get onto the website as soon as possible in order to choose the time that best suits you. **The website is open now.**

If you have difficulty booking in online, please contact the school so we can choose a time that suits. If you are unable to attend an appointment on that day, but would like your child to participate in the Seasons For Growth Program, please contact the school.

Please contact me if you have any further queries or difficulties. Janine Buerckner

	Craig Dent PO Box 451 Albury NSW 2640 ABN 26 274 724 332	2017 bookings and information are via <u>craiq@craiqdent.com.au</u> or mobile 0467 611396 and costs are \$100 per one hour session inclusive of travel. Smaller schools have had a whole school session for \$100, and larger schools have booked several one hour sessions, so bookings are flexible.	Craig is a registered teacher in NSW and Victoria and operates through his ABN.	The winning stanza for each school will be illustrated by Colin Dowden and published in the book and for school newsletters. The book will be launched early December 2017. An extremembed provide the denoted to participating schools	Following a reading, students work in groups to create a 'secret stanza' for the book, expressing empathy and exploring creative ideas. Students include their town, own names as characters, stanzas are shared enthusiastically with peers.	This children's book tour has in Term 1 been to Harrietville, Cararagarmungee, Porepunkah and Myrtleford Primary Schools, and is booked for Wandiligong, Melrose, and Holy Spirit Schools. Bookings for Terms 2 to 4 now available .	The Laugh That Shook The World is an interactive children's book workshop for Years 3-6, a story about inclusiveness and connection with the natural world. Author Craig Dent has been funded by the Australia Council for the Arts and was a Writer-in-Residence at Western Plains Zoo and at Macquarie Primary School.	Local Vage		Craig Dent with students at Canarogamungee and Hamistuik	THE LAUGH THAT SHOOK THE WORLD An Interactive Children's Book for Primary Schools	
ANDREW SPILVA STEWART & Co Sulte 2788 Betritore St. V. arrawonga 3730 Solicitors—Victoria and New South Wales	Varrawonga Bulk Spreading & Fertilizer Service	Yarrawonga Rail	r Saturday Mon	Exhibition open:	Photography cc Entries available fr			Competitio	- VARBANIONGA M	Across THE Arts	Acros	
Arts B Culture	Purtle Electrical	at the Yarrawonga Railway Station, Lott Street, Yarrawonga <i>Our Sponsors</i>	Friday 7.00 – 9.00pm Saturday & Sunday 11.00am – 5.00pm Monday 11.00 am – 2.00 pm	0438 086 482 Exhibition open: 9th - 12th June - long weekend	Photography competition entries close 19 th May 2017 Entries available from <u>varrawongaartscouncil@gmail.com</u> or		2 4 4 1 1 2 4 1 2 B	Competition & Exhibition 2017	Amateur Photography		Across the Arts Yarrawonga-Mulwala	

Nominate someone great today at gc2018.com/qbr

Nominations close 15 May 2017

available 25 December 2017 – 4 April 2018, and 10 years old or older as at 25 December 2017 an Australian Citizen or a lawful resident, Nominees must be:

The Queen's Baton Relay commences its Australian journey on 25 December 2017. We need legendary people to deliver Her Majesty's message to the **Opening Ceremony of the Games**

local legend?

Know a

Rold Coast 2018

Queen's Baton Relay

NGINES Proudly sponsored by

Batonbearer Nomination Form Queen's Baton Relay

The purpose of this form is to assist GC2018 obtaining the details required for people they Queen's Baton Relay (QBR) stakeholders in QBR. It is not to be returned to GOLDOC. wish to nominate as batonbearers for the

to GOLDOC through the applicable nomination QBR Batonbearer Nomination information pack. return method as outlined in the stakeholders' Information is to be transferred by stakeholders

that celebrates the Commonwealth's diversity from Her Majesty Queen Elizabeth II that calls the to come. The Queen's Baton carries a message about the world-class festival of sports and culture inspires community pride and excites people peaceful and friendly competition. Commonwealth's athletes to come together in The Queen's Baton Relay is a Games tradition

Baton Relay

neens

and the great Games to come. As it is passed from hand to hand, the Baton embraces the modern the Baton shines a spotlight on the Gold Coast Besides safely containing Her Majesty's message, and multicultural Commonwealth of today;

> and inspiring learning. engaging with young and old, increasing our sense of connection and understanding of each other,

on the Gold Coast for the XXI Commonwealth Coast 2018 Commonwealth Games. Baton and read it aloud to officially open the Gold representative, will remove the message from the share the dream. Her Majesty The Queen, or Her the journey, giving everyone the opportunity to entire Commonwealth will have been a part of Games Opening Ceremony on 4 April 2018, the Territories. When the Queen's Baton arrives Australian communities across all States and the Baton will travel for 100 days through loca Starting in Australia on 25 December 2017,

and commitment to sport and community Commonwealth Games. and be excited to represent and promote the the diversity and values of the Commonwealth A Batonbearer will share the dream and carry They will inspire others with their passion with pride the spirit of the Games embracing

Who are you nominating to be a Batonbearer?

make a nomination. Relay on 25 December 2017. The following information is required about your nominee to Please note, nominees must be a minimum of 10 years old by the start of the Queen's Baton

Their first name

Their last name

Their email address

XXI Commonwealth Games

Page 1 of 3



A fun night for Dads and Pops including:

Geelong Vs Bulldogs

on the big screen -Raffles for Meat Trays, First & Last goal scorer and Lucky numbers.

BYO alcohol. Nibbles provided throughout the night.

Dad's Night has proven to be a popular night each year so we hope to see everyone again this time round!

Please return this slip to either Mr. Carroll or Mr. Boulton by Wednesday May 17th so that food can be catered. Yes, _____

will be attending the Dad's Night this Friday. *You're still welcome to attend without returning this slip!



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