



Be Safe, Be Respectful, Be Your Best

Newsletter Term 2 Week 9

MINI BLITZ- Weeks 9 & 10
"Brush it off, you'll be ok, try being resilient today!"

Dear Parents,

Yesterday you would have received the information regarding my move to St. John's, Euroa in 2017. Thank you for all your good wishes. It's been very humbling. Last night at the bus duty gate I received a number of 'hugs' from young children saying "Goodbye Mr Maher!" thinking that I would not be here today – they'll get a surprise!! There is still much to do before the end of the year and planning and preparation will now be entered into to find a new Principal.

Sacred Heart Day

What a wonderful celebration we had on Friday with the College. The Feast of the Sacred Heart really does hold a special place on our calendar now and the fact that our two schools can come together in prayer to celebrate it reinforces its importance to all our students and staff. Thank you to all those parents and special guests who were able to come – we hope you enjoyed the Mass.



Changes to Medical Distribution at School

In order to adhere to Worksafe laws, we are no longer able to administer over-the-counter medication that has not been authorised by a medical practitioner. This includes, but is not limited to, Panadol and other analgesics, cough mixtures, motion sickness medication and homeopathic remedies/medications. Medication containers must now be clearly labelled by a pharmacist identifying the name of the drug, the 'use by' date, the name of the child's medical practitioner and the child; the dosage required and the frequency of administration. We understand that it may take some people a little while to remember the changes so we will phase this new program in gently. Your support with this new regulation would be appreciated.

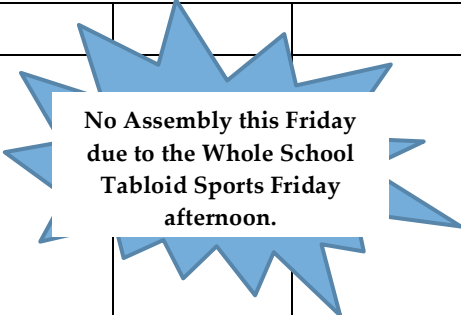


2017 Prep Enrolment Sessions

Today we will hold two Information Sessions for new families, our first was this morning at 10.00am but if you had forgotten the second is at 7.00pm this evening. The sessions are extremely valuable as you consider what needs to be done before your child starts school in 2017. All new and existing parents are reminded to book in for a school tour with your child and collect their Enrolment Information Forms after the tour. Please contact the office to arrange a time. Forms need to be returned to the office by Friday 5th August.

*Thank you.
Paul*

Acknowledgement of Traditional Custodians
Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 2						
				Thu 9 th	Fri 10 th	Sat 11 th	Sun 12 th
9 (June)	 <p>No Assembly this Friday due to the Whole School Tabloid Sports Friday afternoon.</p>				* Woods Point Visit- Prep M * Parish Mass- Discovery 1/2 Centre * Whole School Tabloid Sports 2-3pm * Blue Light Disco		
	Mon 13 th	Tue 14 th	Wed 15 th	Thu 16 th	Fri 17 th	Sat 18 th	Sun 19 th
10 (June)	Queen's Birthday Holiday	KEAPS Wk 2 Home-based	* Regional Cross Country- Broadford * School Board 6pm		* Woods Point Visit- 1/2MP * Parish Mass- Yr 5		
	Mon 20 th	Tue 21 st	Wed 22 nd	Thu 23 rd	Fri 24 th	Sat 25 th	Sun 26 th
11 (June)			Reports & Journals Home		Last Day of Term		
Week	Term 3						
	Mon 11 th	Tue 12 th	Wed 13 th	Thu 14 th	Fri 15 th	Sat 16 th	Sun 17 th
1 (July)	Back to School	* Planet Rhythm Incursion P-6					
	Mon 18 th	Tue 19 th	Wed 20 th	Thu 21 st	Fri 22 nd	Sat 23 rd	Sun 24 th
2 (July)			* Sacrament of Reconciliation Mass 7pm		* Grandparent's Day Liturgy 10am * Winter Sports Day Wang Yr 5/6		

Religious Education

Meegan McInness



Sacred Heart Day

What a lovely celebration it was last Friday for our feast day. It was wonderful to see the children participating so beautifully in the Mass and I thank all the parents who came along to celebrate with us. Well done and thank you to Mrs Cussens and our choir along with the students from the college. You led us beautifully. It was also wonderful to also be able to present SVDP with a donation for their Winter appeal.

Reconciliation

A great children's Mass was held last Sunday with a presentation of many of our candidates for Reconciliation. The home base program is in week two and from all reports is going well. If any one has any concerns please contact me ASAP.

Our final presentation mass is to be held July 17th for all those children who were unable to attend last weekend.

Important Dates.

July 17th: Children's Mass July 20th: Reconciliation Ceremony 7pm SH Church

July 22nd: Grandparents Liturgy 10am MPB

Have a great week everyone and enjoy the long weekend.

Thanks. Meegan mmcinness001@shyarrowonga.catholic.edu.au



If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to contact either Mr Maher or Mr Carroll, or your child's classroom teacher, whilst I'm away on leave.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

A number of parents have spoken to me about the anxiety their children are experiencing. Previously this year, I've included one of Michael Grose' articles on Anxiety. Here is another one from him, with some tools and strategies on how to help your child. I'll include his strategies over the next two newsletters.

How to move your child from worrier to warrior By Michael Grose – Part 2

Not only can worrywart children be hard for parents to live with, but also they can become difficult partners and friends as adults. This makes childhood the perfect time for parents, not so much to nip worries in the bud but to give natural born worriers some tools and strategies to make life more tolerable now and, importantly, in the future.

Here's a collection of great ideas that may help you transition a young worrier to being a social and learning warrior, or at least get the worry bug under control.

From writers such as Jeanene Ecob author of *Everday Jitters* Mary Sheedy Kurcinka author of *Raising Your Spirited Child* and Tamar Chanksy author of *Freeing Your Child from Anxiety*, and Washington Post columnist Suzanne Nelson I learned these ideas:

Give the worry a name: Somehow giving a worry a name makes it feel less scary and more manageable. My favourite picture storybook for toddlers 'There's a Hippopotamus on our Roof' by Hazel Edwards personifies fear of the dark as a friendly hippo. Much more friendly and easier to boss around if you're a child.

Put your worries in a jar: Wouldn't it be great to put all your worries into a safe and throw away the key? As an adult you may do this when you take time out to watch your favourite TV show; or lose yourself browsing for hours online. Children need something a little more practical. They can write their worries on some paper and lock them away in a jar by the side of the bed at the end of the day. It's good to know that their worries can't get out because they are locked up tight.

CHILDREN'S CHATTER MATTERS

Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.

Ten activities will be provided over Term Two to help develop your child's vocabulary at home (you may need to adjust the activity to suit your child's level). See if you can think of more activities!



** After reading with your child, get him/her to describe something from the book using the 5 senses to guide → what it... *looks like / feels like / smells like / tastes like / sounds like*. You may need to prompt your child with questions and brainstorm different words together. E.g. Birthday cake: Looks – round and can be different colours, though is usually brown. Feels – spongy, soft, and moist. Smells – so good it makes your mouth water. Tastes – sweet and yummy.

Sacred Heart Donation- Cash Donation and Raffle coming up

In July this year, Mr Price will again be visiting the Sacred Heart Parish in Port Vila, Vanuatu. Last year we were able to make a cash donation to their cyclone relief appeal of \$600 thanks to the generous support of our school community. We would like to again run a raffle with limited tickets to assist with a donation to the Sacred Heart community to continue to assist their redevelopment. The raffle prize is 4 tickets to an AFL game at either Etihad or the MCG (preferably not a blockbuster, but we'll try). Tickets are \$5 each and are strictly limited to as many as we can sell. Please forward any money to the office or see Mr. Price before he sees you and he will issue you a ticket. The raffle will be drawn on the last day of this term and the winner notified. Thanks again for the great work we are able to do to help others. Mr. Price.

Extend Before and After School Care at Sacred Heart Primary School

Recap of the week

Last week at after school care we welcomed the first week of winter by making snow orbs, snowflakes and snow people that we have displayed at our service. We also dressed up in our scarf and beanies.

Lisa Gard- Team Leader



Our Extend Superstar for the week is...

Baxter Donovan for being an awesome listener & always making the right choices.

Next week's activities:

Monday 13th June: Earth, Wind, Water or Fire game

Tuesday 14th June: Poison Ball

Wednesday 15th June: Canvas Prints

Thursday 16th June: Cooking Shortbread

Friday 17th June: Box Aquarium

Parent Portal: extend.com.au

WINTER HOLIDAY PROGRAM BOOKINGS ARE OPEN!

Book by the deadline to take advantage of lower rates!

VIC & QLD booking deadline: Friday 10 June

NSW & SA booking deadline: Friday 24 June

We have heaps of fun activities planned these school holidays and can't wait for you to attend!

Join in on Extend's own mini Olympics tournament and aim for gold! Have fun with science experiments, come along in costume and join in on our party afternoons, and participate in a bunch of craft activities and team games. Join in on all this and more at Extend's Winter Holiday Program.

To check out what's on visit our website at extend.com.au and book via the Parent Portal.

CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)

To be eligible for the fund, a parent or guardian must be the holder of a concession card being successfully validated with Centrelink on the first day of either Term 1 2016

(27th January 2016) or Term Two (11th April 2016). The CSEF is an annual payment to the school to be used towards, camps, sports and/or excursions expenses for the benefit of the eligible student.

Primary School Student Rate is \$125.00 per year.

Secondary School Student Rate is \$225.00 per year.

The CSEF is paid directly to your child's school. Forms are available from the school office and we require a copy of your Concession Card. The forms needs to be lodged with the school by the end of Term 2 2016.

Any queries please contact the office.



Congratulations

Sacred Heart College Enrolment 2017

Thanks to all families who have submitted their enrolment applications. Transition interviews will be conducted from June 14 through to June 17. Students will bring home the online booking information for you to select a time that suits you best. For your convenience, the details are as follows:

www.schoolinterviews.com.au

Event Code: ayhqz

Enter your details, select from the leadership panel of teachers, select your time

The College is now processing applications from surrounding schools in the order they are being received.

If you have not submitted your enrolment application, it is strongly recommended that you do so as soon as possible.

If you have any questions, please do not hesitate to contact Eleanor Haynes on 57421300 or info@shcy.vic.edu.au

A big congratulations needs to be given to the students who participated in the Ovens and Mitta Division Cross Country on Thursday 6th June at the Barr Reserve in Wangaratta. The 10 year old boys and girls ran a track of 2km., while the 11 and 12/13 year olds ran the 3km course. There were a large number of participants in each age group and under very competitive conditions all the students conducted themselves in a professional manner, showed great sportsmanship and represented the Sacred Heart School with pride.

A special mention to Mitchell Loughnan 1st, Jye Leonard 2nd, Savannah Wallden 3rd and Jess Freeman 4th in their respective age groups. A huge thanks must go to the parents/ guardians for driving their children to the event.

Best wishes to the following students who have moved onto the Hume Regional trials in Broadford next Wednesday, 15th June:

9/10 Girls- Jess Freeman

11 Boys- Mitch Loughnan

11 Girls- Savannah Wallden, Tegan Kelly, Tahlia Thomson.

12 Boys- Jye Leonard, Sam Wood

12 Girls- Tess Byrne

The other students who participated at the Divisional Cross Country last week included: Ruby Wallden, Brooke Knight, Stella Mulquiney, Amy Barnes, Max Mickleson Will Connell, Bella Bridgeman, Charlotte Bott, Callum Deoleveira, Dom McInness, Max Saxton, Hunter Frauenfelder, Georgia Phillips, Morgan McRae, Torah Duffy, Ava Vodusek, Daniel O'Brien, Riley Mitchell, Xavier Martin, Joe-Lee Conway and Darby Pendergast.

Thank You

A huge thank you to the Mums who have been busy contacting the new books for our Library. It is great to be able to get the books on to the shelves and out into our students homes so quickly.

Thank you Leia Lewis, Kerry Van der Bosch, Robyn Woolley, Helen Wallace, Mellissa Johnston, Hannah Dowling, Libby Cummins and Kaitlyn Ackerly. (Loretta Myers- Librarian)

Condolences

Our sympathy to Miss Hillier on the loss of her nan, Lorna May Hillier. Our thoughts and prayers with you at this time.

Prep School Nursing 2016

A reminder for parents to return forms by Friday 17th June. The School Nurse will visit in Term 3.

LONG WEEKEND BLUE LIGHT DISCO

FRIDAY 10TH JUNE, 2016
CLUB MULWALA
6PM TO 8PM

AGES 5 TO 13 YEARS
HOT FOOD & DRINKS AVAILABLE

Proudly
Sponsored by:

ClubMulwala

YARRAWONGA
CHRONICLE

JULY 2016!

TUE 5TH & WED 6TH JULY 2016 | 9.30am-3pm

BASKETBALL SCHOOL HOLIDAY CAMP

\$99
FOR
TWO DAYS

Offering Family
Discount!



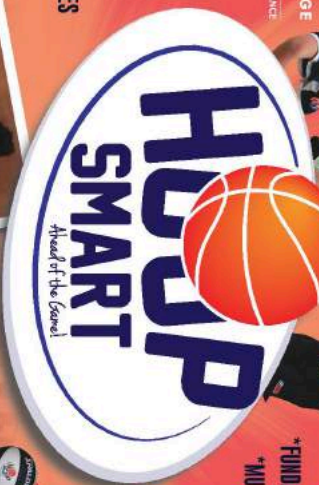
Beginner | Intermediate | Advanced
Separate programs

DANCES FROM
Parramatta and Penrith
Especially for the boys!

CORE ADVANTAGE
THE SCIENCE OF SPORTS PERFORMANCE

*NATIONAL AND
INTERNATIONAL
PLAYERS AND COACHES

Featuring MICHAEL TORRES
and PAVLO SPEWELL
Club's legends inspire!



YARRAWONGA COLLEGE, EGA CENTRE
Pinniger St, Yarrawonga
All levels | Boys and girls | 6-15 years

- *TOURNAMENT PLAY
- *3 ON 3 COMPETITIONS
- *SKILLS TEST
- *INNOVATIVE PROGRAM
- *FUNDAMENTAL DEVELOPMENT
- *MULTIPLE AWARDS/PRIZES



HOOPSMART PRIZES TO BE WON

Team building | Leadership | Life skills | Goal setting | Educational workshop | Special guests and coaches

REGISTRATIONS CLOSE: 29TH JUNE 2016 | Register at www.hoopsmart.com.au

For more information call 0406 488 313 or email admin@hoopsmart.com.au

