



Be Safe, Be Respectful, Be Your Best

### Newsletter Term 3 Week 4

#### MINI BLITZ- Week 4

"The Choices we make reflect who we are. Make the RIGHT CHOICES and you will go far!"

*"One life is all we have and  
we live it as we believe in living it.  
But to sacrifice what you are and to live without belief,  
that is a fate more terrible than dying."*

*Joan of Arc 1429*

Dear Parents,

Last week I sent home an update to the school community about the new Child Safe Standards that have been implemented to ensure the safety of all young people. The document included the Sacred Heart Code of Conduct. All staff at Sacred Heart, all volunteers and anyone who will be working with our students will be expected to agree to the terms of the Code of Conduct, sign it and return it to school as soon as possible. I will continue to provide you with updates over the coming weeks but would be happy to discuss them with you at any time.



#### Away This Week

This week I am away at meetings every day until Friday. Monday and Tuesday saw four members of our Leadership Team attending a curriculum day in Wangaratta with a number of other schools. The work we are doing and then sharing with staff is being completed to enhance our teaching and learning strategies to improve our student outcomes. Our focus at Sacred Heart is Reading and more specifically, Comprehension. The days away have been extremely valuable and the professional conversations we are having both as a whole staff and in our learning centres have been most enlightening. Today, I was working as part of the Sandhurst Diocese Catholic Identity Team in Shepparton. This group meets once each term to discuss the strategic direction of catholic Identity across the diocese and is led by Sr. Geraldine Larkins. And tomorrow I will be attending our Cluster Principal's Meeting in Wangaratta. This group also meet once each with the support and guidance of Helen Ramsdale from the Catholic Education Office. I apologise that this means that I'm away from school for the majority of the week but unfortunately it can't be helped.

**Pupil Free Days – Term Three** This term we'll have two pupil free days. Brendan Spillane, international speaker and well renowned leader in education will be leading us this coming **Monday 8<sup>th</sup> August** and Karen Starkiss will lead the staff in a professional learning day on Dyslexia on **Monday 12<sup>th</sup> September** (last week of term). Please place these two dates in your diaries.



Thanks and best wishes,  
Paul

#### **Acknowledgement of Traditional Custodians**

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 3						
			Wed 3 <sup>rd</sup>	Thu 4 <sup>th</sup>	Fri 5 <sup>th</sup>	Sat 6 <sup>th</sup>	Sun 7 <sup>th</sup>
4 (August)			Chess Tournament Albury (Yrs 3-6)	PSG Meetings	* Regional Sport Benalla *Parish Mass- Yr 6L & 6S * Woods Point Visit Prep 1/2V		
	Mon 8 <sup>th</sup>	Tue 9 <sup>th</sup>	Wed 10 <sup>th</sup>	Thu 11 <sup>th</sup>	Fri 12 <sup>th</sup>	Sat 13 <sup>th</sup>	Sun 14 <sup>th</sup>
5 (August)	Pupil Free Day				*Parish Mass- Yr 6D & 5C * Woods Point Visit Yr 1/2T		
	Mon 15 <sup>th</sup>	Tue 16 <sup>th</sup>	Wed 17 <sup>th</sup>	Thu 18 <sup>th</sup>	Fri 19 <sup>th</sup>	Sat 20 <sup>th</sup>	Sun 21 <sup>st</sup>
6 (August)	Feast of the Assumption * Fete Meeting (2017) Sacred Heart College (staffroom) 6.30pm * P & F Meeting 7.30pm	Olympic Dress up Day Prep to Year 6 Gold Coin donation			* School Championships Netball *Parish Mass- Yr 1/2T & 1/2MP * Woods Point Visit Yr 1/2H	Book Week 'Australia! Story Country.	
	Mon 22 <sup>nd</sup>	Tue 23 <sup>rd</sup>	Wed 24 <sup>th</sup>	Thu 25 <sup>th</sup>	Fri 26 <sup>th</sup>	Sat 27 <sup>th</sup>	Sun 28 <sup>th</sup>
7 (August)	* Yr 5 Ballarat Camp * Book Week	* Yr 5 Ballarat Camp * Book Week	* Yr 5 Ballarat Camp * Book Week	* Book Week	* Woods Point Visit Yr 1/2MP * Book Week Parade 10am		
	Mon 29 <sup>th</sup>	Tue 30 <sup>th</sup>	Wed 31 <sup>st</sup>	Thu 1 <sup>st</sup>	Fri 2 <sup>nd</sup>	Sat 3 <sup>rd</sup>	Sun 4 <sup>th</sup>
8 (Aug/Sept)	Life Relationships Session Yr 6	Conf/Euch Info evening 7pm	Father's Day Stall	A3 Arts on Show	Father's Day Breakfast		Father's Day
	Mon 5 <sup>th</sup>	Tue 6 <sup>th</sup>	Wed 7 <sup>th</sup>	Thu 8 <sup>th</sup>	Fri 9 <sup>th</sup>	Sat 10 <sup>th</sup>	Sun 11 <sup>th</sup>
9 (Sept)	* Wk 1- Home- based Conf/Euch sessions		* Board Meeting 6pm		*Parish Mass- Year 3 * Woods Point Visit Yr 1/2W		
	Mon 12 <sup>th</sup>	Tue 13 <sup>th</sup>	Wed 14 <sup>th</sup>	Thu 15 <sup>th</sup>	Fri 16 <sup>th</sup>	Sat 17 <sup>th</sup>	Sun 18 <sup>th</sup>
10 (Sept)	Pupil Free Day	Yr 3 Camp Harrierville	Yr 3 Camp Harrierville	Athletic's Carnival	School Finishes 2.30pm		

#### Lions Club Speaking Competition

Congratulations to our four girls, Paige Duffy, Dimity Connell, Olivia Corso and Elli Head who represented the school at the Lions Club Speaking Competition last Sunday. Paige and Dimity finished first and will go on to represent the school at a Regional level this coming Sunday. Olivia and Elli finished as runners up on the day. Well done and congratulations to the girls on their efforts.

#### Regional Sports

Good luck to our Yr 5/6 students representing the school at Regionals on Friday in Benalla. We have a netball and football side competing. If successful on the day, the students will compete at the next stage of State level.



### Feast of Mary Mackillop

Next Monday is the Feast of Mary Mackillop. As students will be away that day, due to the Staff Development day, a short liturgy will be held as part of this Friday's assembly.

Saint Mary Mackillop's Legacy

*One of the most used, motivating and known sayings of Mary MacKillop is never see a need without doing something about it. (1871). Mary's legacy has gone well and truly beyond the beginnings in Penola. Sisters of St Joseph today are a robust group of women working in Australia, New Zealand, East Timor, Ireland, Peru and Brazil and follow in Mary's footsteps doing a wide variety of works, revealing to all the hospitable heart of God.*

*The Sisters affirm the growing recognition that, right throughout the world, God is gracing many with the spirit of Mary MacKillop. This is evidenced by so many taking up her call to never see a need without doing something about it.*

*The Sisters today, as it were, have set Mary free for the world - a world which is in great need of the example such a woman gives - a woman who, despite poor health and obstacles, responded so generously to her God. What an inspiring woman for us all.*



### Reconciliation

If any group leaders haven't returned their Reconciliation pack with CD, candle, Bible etc could they please do so ASAP.

Have a super week everyone,

Have a super week everyone,

Thanks. Meegan

[mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au)



## Pastoral Wellbeing Janine Buerckner

[jbuerckn@shyarrowonga.catholic.edu.au](mailto:jbuerckn@shyarrowonga.catholic.edu.au)

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block. Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome.

We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

## HAS YOUR CHILD GONE POKEMON WILD? Michael Grose Part 1

### Pokémon Go! What a craze!

Beats just about any fad I've seen including yo-yos, swap cards and the original Pokémon Gameboy way back in the old days – remember the 90s!

While Pokémon Go is geared toward adults and teenagers, it's taken off among primary aged children – even some preschool kids – as well. Both genders are playing the game, but a rough count among colleagues and friends indicates that it's boys more than girls that are hooked on the game.

Pokémon Go has plenty of psychological hooks to make boys love it. The roam and search nature of the game appeals to the hunter-gatherer that exists in most boys. There are plenty of things to collect which appeals to a boy's fundamental need to put order and control in his world.



And the competitive element embedded in the game makes it almost irresistible to many boys who love nothing better than to better someone else.

## CHILDREN'S CHATTER MATTERS

Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.

Ten activities will be provided over Term Three to help your child think a little bit deeper about the world around them and to use longer and more complex sentences. Expanding your child's oral language use will lead to significant improvements in their writing also.

You may need to adjust the activity to suit your child's level:

**\*\*** For every simple question you ask your child, ask two *complex* ones. You can even do this while watching television or when they're playing computer games. For example;

- Simple question: What game are you playing? (This only requires a one word answer)
- Complex questions: Tell me how can get to the next level? What would you do if that happened to you?, Why did you make that move?



Remember: "Just because" is not an acceptable answer.



**SEPTEMBER SCHOOL HOLIDAYS**  
**MURRAY BUSHRANGERS JUNIOR TALENT CAMPS**

**SHEPPARTON**  
TUESDAY SEPTEMBER 20 @  
RUMBALARA FOOTBALL GROUND  
9.30am – 2.00pm

**WODONGA**  
THURSDAY SEPTEMBER 29 @  
WODONGA SECONDARY COLLEGE  
9.30am – 2.00pm



AFL SKILLS BASED SESSIONS

GAME SIMULATION TRAINING

HIGH PERFORMANCE TESTING

SPECIALIST COACHING  
FROM TAC CUP COACH  
LEON HIGGINS

Register online  
[murraybushrangers.aflvic.com.au](http://murraybushrangers.aflvic.com.au)





## Extend Before and After School Care at Sacred Heart Primary School

Last week at after school care we played indoor sports such as Table Tennis, Grip Ball and ball darts. We did some science experiments using 3 different colours of water and paper towel to see how they transfer from one cup to another. We also started our Extend drawing competition (Our Extend friends0 with 2 entries so far.

Lisa Gard- Team Leader



**Our Extend Superstar for the week is...**

**Braydon Petersen** for his awesome truck picture for our competition.



Next week's activities:

Monday 8<sup>th</sup> August: Pupil Free Day

Tuesday 9<sup>th</sup> August: Kick to Kick

Wednesday 10<sup>th</sup> August: Gelatin Moulds

Thursday 11<sup>th</sup> August: Jelly Slice

Friday 12<sup>th</sup> August: Cops & Robbers

Parent Portal: [extend.com.au](http://extend.com.au)

### **KIDS CLUB ART COMPETITION WIN A \$200 TOYS R US ONLINE GIFT CARD**

Entries are now open for Extend's Kids Club Competition! Submit your art entry online at [extend.com.au](http://extend.com.au) between Monday 25 July to Friday 12th August, 2016.

This year's theme is " **My Extend Friends**" For further details and terms visit [extend.com.au](http://extend.com.au)

**...BUT THERE'S MORE!** Help your After School Care service win a mystery incursion! Be sure to come along to After School Care to enter. See you there!

### **Lightning Premiership- Year 5/6 Leadership students compete at Katunga.**

Last Friday our Yr 5/6 Leadership students competed in the Lightning Premiership Sport Day, which was held at Katunga. The students participated in Football, Netball and Softball.

Our softballers had a good day winning some games, some draws and a loss. Thank you to Mrs. McInness and Mrs Stiles for coaching and supporting the students on a soggy field!

The Year Five girls had two netball teams compete at Katunga. Both teams did a fantastic job. Amanda Wheaton coached one team and they won their division in a close Grand Final against Yarrawonga P-12. The other Yr 5 team won two games in their division.

The Year Six girls also had some successes in both divisions winning some games and going down in others. The Division One section saw the girls win 3 games and lose one match by a goal. They finished second on the ladder but unfortunately they missed out on playing in the Grand Final. Lots of great sportsmanship and skills on display. Well done to all the girls who gave their best and enjoyed a day out playing netball.

In the football, the boys had a great day in the heavy mud! The Year Five boys took out the Division Two title for the third year straight and the Year Six boys made the Grand Final but lost by 1 goal. Well done to the boys on their efforts and sportsmanship.



# Out of the Blue



**Life can be tough  
in the bush  
especially when you  
lose a mate to suicide**

Written by Stig Wemyss and  
presented by the widely acclaimed  
Health Play



"Out of the Blue" is set in a hotel bar, where locals are gathered to pay tribute to one of their mates that they have lost to suicide. The play is both funny and sad but very relevant today, especially in regional and rural areas where the threat of suicide is a concern to many communities.

The play will provide the audience with a better understanding/education of depression and suicide and will give people the opportunity to speak openly about the topic during the panel discussion following the play. Panel members will be made up of relevant health professionals within the local area. Community members will have the chance to ask and have their questions answered.

The focus of the play is to generate discussion and bring out the hidden, and often stigmatised issues relating to mental health and suicide. It is hoped the play will generate interest in finding out more about suicide, how to prevent it and how people can assist those affected. It stars many well-known stage and television actors, Chris Bunworth, Brett Swain, Matthew King, Margot Knight, Glenn van Oosterom, who have committed themselves to this vital cause. Join them in fighting what is fast becoming a national crisis.

## MOOROOPNA

Wednesday 3 August 2016  
7.15pm - Performance starts at 7.30pm  
Light supper provided afterwards

Sir Ian McLennan Sports Centre  
Echuca Road

Cost \$10 pp

## NUMURKAH

Friday 5 August 2016  
6pm sausage sizzle  
Performance starts at 7pm

Numurkah Secondary College School Hall  
104 Tocumwal Road

Cost \$10 pp

**For further information or to purchase tickets please contact -**

Villa Maria Catholic Homes - 1800 052 222 or Leading From Within - (03) 5821 1295

\*Tickets may be purchased on the night however for catering purposes we ask you ring to reserve your ticket.



*This play is proudly brought to you by  
Villa Maria Catholic Homes in partnership with  
Leading from Within, together with sponsorship  
from local organisations and service clubs.*

