



Be Safe, Be Respectful, Be Your Best

Newsletter Term 3 Week 8

MINI BLITZ- Week 8

“Sacred Heart has a wish, to reduce the amount of rubbish. So put your food in containers made of plastic...to get a smaller environmental footprint. Fantastic!

*Whole School Market Day!
No Canteen or lunch orders next
Wednesday 7th September due to a
Market day for the students.*

“In a completely rational society, the best of us would aspire to be teachers and the rest of us would have to settle for something less, because passing civilisation along from one generation to the next ought to be the highest honour and the highest responsibility anyone could have.”

Lee Iacocca (US Automobile Executive, Age 91)

Dear Parents,

Last night we held our Information session for the families enrolling their children in the Sacrament of Confirmation and First Eucharist. We now move into a very busy time of planning and preparing the children, both in their home-based groups and here at school. One of the beautiful things that occurs through the home-based program is the conversation and sharing that occurs between our parents and their children. In today’s world we don’t seem to have much time for that shared time together. I know it will be a special time in the children’s lives and a great opportunity for our parents to re-affirm their faith as they work through the program with the kids. Enjoy!



Father’s Day Breakfast - This Friday morning we’ll hold our annual Father’s Day Breakfast and we look forward to seeing as many Dads and friends come along to what will be a lovely feast of ‘Egg and Bacon’ rolls and sausages to start the day. The children are able to dress up in their favourite footy or netball colours on Friday as well so we can celebrate the start of the 2016 finals series and support the Cancer Foundation. A big thank you to the Golf Club and Vodusek Meats for their generous support on the day.



Happy Father’s Day to all our Dads. I hope you have a wonderful day on Sunday.

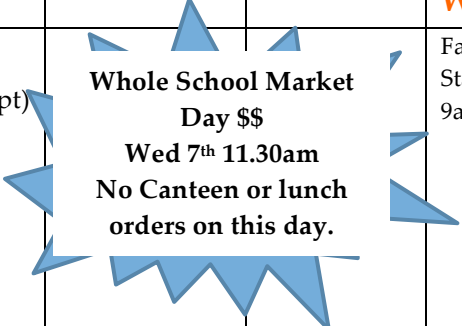
State Netball Today – Our senior girls will be competing in the State Championships in Melbourne today and we wish them well in what we hope will be a fun filled day as well a successful one.

NAPLAN Results - A reminder to all parents in Years 3 and 5 that the children’s NAPLAN Results have arrived at school. A copy will be kept in their files with the original being made available to you to collect from your child’s teacher.

*Thanks and best wishes,
Paul*

Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 3						
			Wed 31 st	Thu 1 st	Fri 2 nd	Sat 3 rd	Sun 4 th
8 (Aug/Sept)	 <p>Whole School Market Day \$\$ Wed 7th 11.30am No Canteen or lunch orders on this day.</p>		Father's Day Stall 9am-12noon	A3 Arts on Show- SHP 4pm	Footy Colours Day & Father's Day Breakfast (6.30am-8.30am) *Parish Mass-Year 5B & 5O * Woods Point Visit Yr 1/2V		Father's Day
	Mon 5 th	Tue 6 th	Wed 7 th	Thu 8 th	Fri 9 th	Sat 10 th	Sun 11 th
9 (Sept)	* Wk 1- Home-based Conf/Euch sessions		* Whole School Market Day 11.30am-1.00pm. Bring some \$\$		*Parish Mass-Year 3 * Woods Point Visit Yr 1/2MP * Hoop Time Basketball Yr 5/6		
	Mon 12 th	Tue 13 th	Wed 14 th	Thu 15 th	Fri 16 th	Sat 17 th	Sun 18 th
10 (Sept)	Pupil Free Day (Extend. All Day Program available. 8am-6pm)	Life Relationships Session Yr 6 6pm		Athletic's Carnival Yarrowonga Football Ground 9.30am-2.30pm	School Finishes 2.30pm		

Footy/Netball Colours Day
Father's Day Breakfast (6.30am-8.30am)
Mercy Centre

FOOTY
Colours
Day

Friday 2nd September





Confirmation Eucharist

Thank you to all those parents who were able to attend the information evening for Confirmation/Eucharist last evening. If you weren't there the sacramental book and group meeting times and venue details will come home with your child today. It is important that you touch base with your group leader as soon as possible to be ready to commence Home Base next week.

Have a great week everyone and I hope all our dads have a great day on Sunday.

Have a great week. Meegan mmcinness001@shyarrowonga.catholic.edu.au

Pastoral Wellbeing Janine Buerckner

jbuerckn@shyarrowonga.catholic.edu.au

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block. Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome.

We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible.

The Breakfast Club operates from the canteen.



THERE WILL BE NO BREAKFAST CLUB THIS FRIDAY DUE TO THE FATHER'S DAY BREAKFAST.

I have included a flyer with this week's newsletter from Relationships Australia. It has details of a free six session parenting course called "Tuning in to Kids", which will begin in October and will be held in Shepparton. It's targeted at the early years, for families with at least one child between the ages of 3 to 6.

This is the second part of Michael's article:



What Kids Learn From Fathers Michael Grose Part 2

What do dads teach girls?

Dads teach girls fundamental lessons about interacting with males. As my girls were growing up I wanted them to expect to be treated well and respectfully by males (both present and future) as well as having the confidence to be assertive.

That meant that I needed to treat my daughters kindly, while allowing them to speak up to me (in the nicest possible way) when needed.

Numerous studies have linked fathers with the healthy development of girls, including self-esteem and confidence. Certainly dads should complement their daughters genuinely and persistently in adolescence when body image doubts are very common. But they also need to let their daughters grow away.

This is a challenge, as dads tend to be protective of their daughters and hard on their sons.

It's lucky then that most mums are protective and super-supportive of their boys! The yin and yang that mothering and fathering provides is a fabulous balance for kids.

CHILDREN'S CHATTER MATTERS

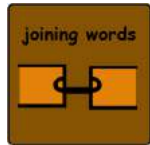
Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.

Ten activities will be provided over Term Three to help your child think a little bit deeper about the world around them and to use longer and more complex sentences. Expanding your child's oral language use will lead to significant improvements in their writing also.

You may need to adjust the activity to suit your child's level:



** The conjunction 'because' helps to explain cause and effect. You can use 'what's wrong pictures' to generate sentences and get your child to explain and justify why the picture is funny. For example:



This picture is silly BECAUSE the little dog has a bigger bone than the big dog. Remember, 'just because' is not an acceptable answer, make sure your child explains why.

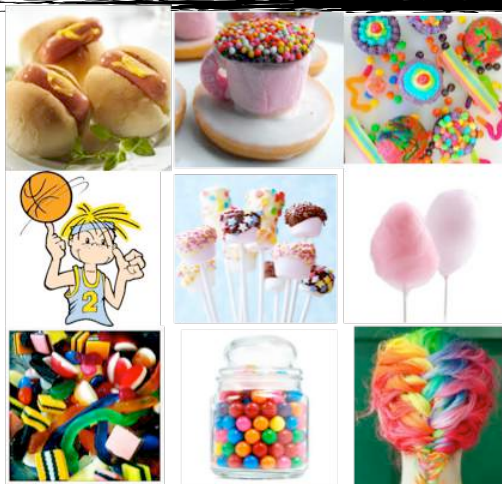


Encourage older children to explain double meanings and word play in jokes. For example: This joke is funny BECAUSE..... Clocks tick, the lips are sticking to the clock fathand when the words are joined together it makes lipstick.



Book Week Parade 2016





Year 6 Market Day Wednesday 7th September 11:30am ~ 1pm

The children in Year 6 have been working on a unit in Economics. Over the past few weeks they have planned a market day to be held next Wednesday. All classes and teachers are invited to attend the market; parents and family members are most welcome as well. Stalls including chocolate fondue, milkshakes, spiders, homemade cakes and slices, hair wraps, face painting, lolly shop, ice cream, drinks, homemade lemonade, side show games, .. and so much more. We'd love to see you there !!

**THE CANTEEN WILL NOT BE OPEN ON
YEAR 6 MARKET DAY FOR LUNCH
ORDERS OR WINDOW SALES**



Yarrawonga Lawn Tennis Club - Junior

Tennis Registration

Saturday 10th September

8.30am to 11am at the Tournament box

Hot Shots - Introduction to tennis. Minimum age must be in Prep 2016.

Ready Set Go – Group coaching with YLTC Club Coach Greg Duns

Matches - Set play on Grass courts

Season commences Saturday 8th October, 2016 to 17th December, 2016

No play Melbourne Cup weekend 29th October

Resumes 4th February, 2017 to 25th March, 2017

Single Junior: \$75

Family memberships: \$250

Single Adult: \$125

Enquiries call Stephen York M: 0407 317 713



Congratulations

Congratulations to Paige Duffy on her efforts in finishing 3rd at the District Finals last Sunday.

Paige was competing in the Lions Junior Public

Speaking Competition against a number of

students from across Northern Victoria and also

students from NSW. The Lions Club of Tocumwal

hosted the competition last Sunday.

SPRING HOLIDAY PROGRAM BOOKINGS ARE CLOSING THIS FRIDAY 2nd Sept!

Book by the deadline to take advantage of lower rates!

VIC booking deadline: This Friday 2 Sept

We have heaps of fun activities planned these school holidays and can't wait for you to attend!

To check out what's on visit our website at extend.com.au and book via the Parent Portal.

HELP WANTED

Helpers required!

The Yarrawonga Mulwala Agricultural Show Committee pay Sacred Heart to man the gates at the show. We require helpers on Friday 30th September 2016.

Please indicate below (circle timeslot preference) your availability and mobile number/email. You will receive a text or email to confirm your timeslot.

	Name/s	Email	Mobile
7-9.30am			
9.30-11.30am			
11.30-1.30am			
1.30-3.30am			
3.30-5.30am			
5.30-8pm			

Yarrawonga & District Netball Association Inc.

Inc. Reg. A0005182Z ABN: 44 681 050 566

WOMENS SOCIAL NETBALL 2016 SENIOR Spring Competition



WHEN	6pm Wednesday Nights	ONLY \$32.50 per person with a team of 8
COMMENCES	5th October 2016 (Runs for 8 weeks)	
CONCLUDES	23rd November 2016	
WHERE	Netball Courts, Victoria Park, Dunlop St Yarrawonga	
AGE	15+ Years	
COST	\$260/team (includes Y&DNA's Competition Fee and Netball Victoria's RUN Short Season Social Competition Registration Fee) Please note: Current VNA is not required for this competition	
REGISTRATION	Friday 9th September 2016 5.15pm - 5.45pm at Netball Courts, Vic Park, Dunlop Street Yarrawonga Registration Forms available via Facebook	

Strictly No Late Entries

For more information please contact Sarah at ydna.netball@gmail.com or on 0418301417



YARRAWONGA-MULWALA

Multi Sport Festival



now incorporating Splash n Dash



TRIATHLON AUSTRALIA

AGE GROUP
ITU WORLD
CHAMPIONSHIP
QUALIFYING RACE

22nd & 23rd October

Saturday Oct 22nd Mulwala Water Ski Club Super Saturday

- Flagship ITU World Qualification Standard Distance Triathlon
- Sprint Distance Triathlon
 - Mini Triathlon
 - Kids fun village
- Presentation Party

Sunday, Oct 23rd Yarrawonga Mulwala Tourism Foreshore Fun Runs

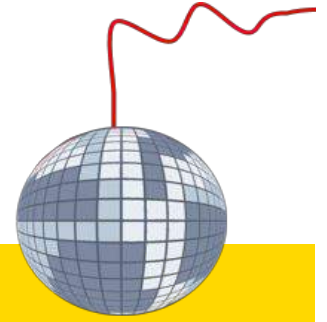
- 5km and 10km, plus kids 1km and 3km fun runs/walks
- Yarrawonga Health Helping Hands Corporate Challenge
 - Kids fun village

Register online at www.ymmf.org.au
For accommodation options phone 1800 062 260 or visit
www.yarrawongamulwala.com.au



FUNDRAISER DISCO

Let's get this party started!



#EVENT DETAILS

Isabelle's Yellow Party for Brain Injury & Paediatric Rehabilitation

Venue: Criterion Hotel Yarrowonga

On: Saturday the 10th September 2016

At: 2:00pm – 5:00pm (*Disco from 3:00pm – 4:00pm*)

COMMUNITY EVENT – ALL KIDS & FAMILIES WELCOME!

#ENTRY DETAILS

\$ DONATION FOR THE CHARITIES

The event includes 1 hour of entertainment with games & prizes with Dj Ray Ray from Kids Disco Parties.

#FOR ISABELLE

Come dressed in **YELLOW** and join Isabelle in celebrating life and a second chance whilst raising much needed funds for her two favourite organisations who have helped her on her road to recovery.

The Victorian Paediatric Rehabilitation Service + Heads together for ABI
<https://www.vprs.org.au/> + <http://headstogether.org.au/>

Do you

- have difficulty managing your child's behaviour?
- want to strengthen your parenting skills?
- want to learn ways to better connect with your child?
- feel concerned about the level of conflict in your home?
- have a child between ages 3 and 6?

Tuning in to Kids is a highly regarded and well-researched program that supports parents to develop and enhance their parenting skills, focusing on building the relationship between parent and child.

This free program teaches parents:

- to be aware and to regulate your own emotions
- to be aware of your child's emotions
- to use your child's emotional experiences as an opportunity for closeness and teaching
- skills to help your child verbally name their emotions
- skills to help your child to problem solve
- to guide your child's behaviour with appropriate limits.

Targeted at the early years, this program is available to families with at least one child between the ages of 3 to 6. Please note that only parents attend this program, not children.



Duration: Six sessions per course
When: Wednesdays, 9:30 – 11:30am
 October 5, 12, 19, 26; November 2, 9.
Where: Relationships Australia Victoria
 634 Wyndham Street
 Shepparton VIC 3630
Cost Free of charge.
Register Please call to register your interest.
 To register or for more information, call
 (03) 5820 7444

Tuning in to Kids is a program provided by Relationships Australia Victoria, with funding from the Greater Shepparton Communities for Children Initiative and supported by the Australian Government.
www.relationshipsvictoria.com.au

