



Be Safe, Be Respectful, Be Your Best

2017 Term 3 Week 4 Newsletter

MINI BLITZ- Week 4
'Try being stronger, give it a chance and build up your resilience.'

Happiness is letting go of what you think life should look like And celebrating it for everything it is!

I hope everyone has survived the cold over the past week. It was lovely today to see some glimmer of sunlight throughout our learning spaces.

Grade 5 Camp

We wish our Grade 5 'Campers' a wonderful time at camp to Sovereign Hill. We know there will be many highlights including a tour of the MCG, mine tours, panning for Gold, education sessions and of course dinner at Pizza Hut!!!!!! I know they will represent our school exceptionally well. I look forward to their return and potentially a new appreciation that we attend school today and not in the 1850s!



Pastoral Well Being Review

Next Tuesday members of the Catholic Education Office Sandhurst will be coming to review our policies and practices in the area of Pastoral Wellbeing. This review helps us in with our future planning in ensuring the wellbeing and safety of all our families and students is at the forefront of all we do and every decision we make.

Digital Citizenship Information Session

Thank you to all parents, students and Staff who attended the Information session with David Williams. We recognize the importance of educating students on digital citizenship at both home and at school and appreciate the opportunity for us all to learn together to ensure our students are safe and responsible when entering online environments.



Parent Teacher Interviews

Thank you to all who have participated in our Parent teacher interviews over the past week. The feedback from staff and parents consistently talks of how valuable the time spent together has been. I would like to thank the staff for their time and energy in preparing for these conversations and for their ongoing commitment to providing feedback to both students and parents.

Teamwork

It is vital that our teachers and parents work together as a team to ensure the very best support for our children. If a parent has any concerns about their child/ren I ask that they speak with their class teacher immediately so that "we are on the same page". We will then work together to ensure the best outcomes for your child/ren.

School Closure Days

On 17th and 18th of August staff will be attending a 2-day retreat in Moama. This retreat is aligned to our annual Action plan where our key focus in Catholic Identity is to build staff knowledge in both Spirituality and prayer. This retreat will be led by, Father Joe Taylor and Maria Weatherall (Catholic Identity Consultant, Sandhurst).

Prep 2018 Enrolments

A reminder to our Sacred Heart families with a child starting in Prep 2018.

Please pick up an enrolment form and book your tour ASAP.

Wishing you a great week as we work together for the benefit of our children.

Take Care

Arn

Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Catholic Identity

Meegan McInness



Congratulations

A big congratulations to Rory Carlin in Year 3 who was baptised a fortnight ago and to Chelsea Yr 3 and Bonnie Cooper Yr 1 who was baptised last Sunday. It was a wonderful occasion for both families and something the children will remember for a long time.

Children's Mass

This Sunday is the first of two presentation Masses for our Year 3 candidates of Reconciliation. If you haven't yet indicated which Mass you will be attending please do so by tomorrow. All Sacred Heart students and their families are welcome to attend the Children's Mass this Sunday

Reconciliation

I hope the first week of our homebase program is going well We hope all the families enjoy the next stage of their Sacramental journey and we ask everyone to keep them in their prayers.

I hope everyone has a great week.

Meegan

Catholic Identity Leader

mmcinness001@shyarrowonga.catholic.edu.au.

BOOK CLUB CO-ORDINATOR

Thankyou to Kerry Van Den Bosch who has done a wonderful job as Book Club Co-Ordinator for the school over the past 18 months. We thank her most sincerely for her efforts. We advise that Melissa Sitch is the new Book Club Co-ordinator.

PREP QUESTIONAIRES (SEHQ)

A reminder to parents in Prep to please send back to the office your completed Prep Questionnaires.

The School Nurse will be visiting the school at the end of Term 3 or early in Term 4 2017.

Week**Term 3**

			Wed 9th	Thu 10th	Fri 11th	Sat 12th	Sun 13th
4			Yr 5 Camp- Ballarat Special Needs Morning Tea	Yr 5 Camp- Ballarat	* Regional Football- Benalla Yr 5/6 * Woods Point Visit- Prep G * Parish Mass- 6D & 6L * Assembly 2.50pm * Yr 5 Camp- Ballarat *Byramine Homestead Visit Yr 1/2		
		Mon 14th	Tue 15th	Wed 16th	Thu 17th	Fri 18th	Sat 19th
5		Board Meeting 6pm		*Pupil Free Day	*Pupil Free Day		
	Mon 21st	Tue 22nd	Wed 23rd	Thu 24th	Fri 25th	Sat 26th	Sun 27th
6	Book Week *P & F Meeting SHC 7.30p	*Hot Shots Tennis		*Book Week Parade 10am Mercy Centre	* Hot Shots Tennis *Parish Mass- 2V & 1I * Woods Point Visit- Prep M Assembly 2.50pm		
	Mon 28th	Tue 29th	Wed 30th	Thu 31st	Fri 1st	Sat 2nd	Sun 3rd
7	*Dental Van	*Hot Shots Tennis *Dental Van	*Dental Van	*Dental Van	* Father's Day Breakie *Hot Shots Tennis * Dental Van Parish Mass- 1H & 1MC		Father's Day
	Mon 4th	Tue 5th	Wed 6th	Thu 7th	Fri 8th	Sat 9th	Sun 10th
8		*Hot Shots Tennis	Reconciliation Ceremony		*Hot Shots Tennis *Parish Mass- 1H & 1MC * Woods Point Visit- Prep S		
	Mon 11th	Tue 12th	Wed 13th	Thu 14th	Fri 15th	Sat 16th	Sun 17th
9			Whole School Market Day (Yr 6)		School Athletics Carnival		
	Mon 18th	Tue 19th	Wed 20th	Thu 21st	Fri 22nd	Sat 23rd	Sun 24th
10		Life Relationships Yr 6 Earn & Learn finishes			End of Term finish 2.30pm		



If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

The following article, which will be printed in the newsletter over the next three weeks, is very topical and leads to a lot of discussion amongst parents, teachers and children. This week, we had a very informative and enlightening Cyber Safety Presentation, by David Williams from the Catholic Education Office, which was open to the school community.

Technology & parenting

What rules should you have around digital devices? By Michael Grose Part 1

Children's digital technology needs to be managed and monitored by parents. That means we need to have some rules and guidelines in place.



I'm often asked about rules and guidelines for children in the early and primary school years about digital devices such as tablets and mobile phones. This is new ground for most people whose own parents didn't have to worry about digital technology. How to persuade kids to leave the television and play outside was the extent of the screen worries of the previous generations of parents.

One thing is certain, technology is an issue you'll struggle with for the rest of your parenting life. We've created the technology and unleashed it on our kids and now we seem to be scrambling like mad to keep up. Adding to this complexity is the fact that technology keeps changing rapidly. We just come to grips with one device when a new one comes along that we have to learn about.

Digital technology, with all its advantages, is here to stay. It connects us to each other in ways we couldn't imagine even a decade ago. It enables us to communicate to our kids when we don't know where they are. It creates new interests and cultivates creativity.

You'd have to be living under a rock to not realise that digital technology also presents new challenges such as cyber-bullying, worries about social media and children's exposure to inappropriate images. Digital devices give kids access to a virtual world that is totally seductive particularly for those with poor impulse control. Also, the nature of technology means that children can spend a lot of their time heads bent and staring into a screen, which is not healthy in the long-term.

CHILDREN'S CHATTER MATTERS

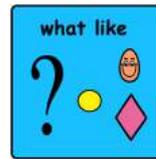
Language Learning activities to have a go at home.

Ten activities will be provided over Term Three to help your child think a little bit deeper about the world around them and to use longer and more complex sentences. Expanding your child's oral language use will lead to significant improvements in their writing also. You may need to adjust the activity to suit your child's level:

** Encourage your child to include the following parts when retelling a story/experience: who/ where/ when/ what happened/ feelings/ why. Encourage them to use some joining words such as because, if, when, but, so, however, until, or, unless, then, consequently, before, after, as, instead of. You might like to start a sentence for them to finish.



e.g. Just after breakfast, my brother and I had a fight. He used my Spongebob toothbrush. Yuck!!! I hate it when he uses my Spongebob toothbrush because his breath stinks. Mum wasn't very pleased with us and said we couldn't have a treat after school.



Your teacher will have access to each of these cue cards for you to print off and use to guide your child's language at home.

Woolworths Earn & Learn 2017- Keep Collecting



Woolworths Earn & Learn is back and it is now easier than ever to earn valuable resources for our school.

From now through to Tuesday 19th September 2017, when you shop at Woolworths you can collect Earn & Learn stickers when you spend \$10 or more. Collect a sticker sheet from the supermarket or from school and when completed, drop it into the box at the front office. You can just put stickers in the box without a sheet also.

Last year we purchased sporting equipment, games and books and look forward to getting more this year!

Extend After School Care at Sacred Heart Primary School

Last week at ASC we experienced lots of rain providing opportunity for quality indoor play. The children made their own DIY Bug Spray using essential oils. In our learning about planet earth, the children made Fidget Spinners during craft time and learned about the law of gravity and centrifugal force. The children show cased their styles and designs as they made unique patterns when they spun.



Next week's activities:

Monday 14th August: Planting Rosemary

Tuesday 15th August: Cake & Mentos Experiment

Wednesday 16th August Mud Pudding Cups

Thursday 17th August: Iron Beads Jewellery

Friday 18th August: Outdoor Games

Sheryl Brown – Acting Coordinator

Parent Portal:

extend.com.au

Extend Before and After School Care at Sacred Heart Primary School

SPRING HOLIDAY PROGRAM BOOKINGS ARE OPEN!



Book 14 days in advance to receive the lowest rate.

Make your own DIY paints and have fun with messy art, participate in delicious cooking activities, learn all about persistence of vision by inventing your own spinning thaumatrope, and loads more!

To check out the daily schedule, visit our website at extend.com.au and book via the Parent Portal.

Parent Portal: extend.com.au

Dear SHPS Families

Pupil Free Days

Thursday 17th & Friday 18th August
(8am – 6pm)

Extend After School Care!

We will offer a full day program for those students needing care over the 2 days the SHPS teachers are attending a retreat

For bookings please go to:
extend.com.au

(subject to 12+ students booked)

Lincoln visits Sacred Heart

Lincoln Budge is an inspiring young man who grew up in country Victoria. On the weekend of his 22nd birthday, he was a passenger in a serious car accident that left him a paraplegic. As Lincoln recovered in rehabilitation he made the decision to use every muscle that still worked to its maximum potential, in turn making life full of as much fun and new experiences as he can muster. Lincoln has done just this and more after his accident, exceeding his early expectations of life in a wheelchair and improving the lives of all who meet him. Last week Lincoln visited Sacred Heart Primary school and Sacred Heart College. After sharing his experiences, focussing on his abilities rather than his disabilities Lincoln gets the students and teachers in the wheelchairs for a game of basketball. This is a fun and inclusive experience that gets everyone really thinking of the challenges of being in a chair for life. This can be a life changing experience for many, and can do more to change attitudes than any words can. Teacher Christine Cussen, who was instrumental in getting Lincoln to visit the school said, "This was such a valuable experience, it promotes understanding and enhances inclusion for all. The children gain confidence around being with people in wheelchairs and our community is better off for Lincoln's visit." You can check Lincoln out for yourselves at "Change One Life Project" on Facebook.

Thanks Lincoln



COMING IN WEEK 7- FREE DENTAL CHECK UP

Sacred Heart Primary School is collaborating with Smiles Onsite to promote healthier, happier smiles at our school! This incredible service is being offered for FREE under the federal government's Child Dental Benefits Schedule (CDBS), and comes along with the chance to grab some amazing prizes.

All students will be given a consent form to bring home so that they can participate, and also so that they can go in the draw to win prizes!!

How does it work?

The Child Dental Benefit Schedule grants all eligible parents with \$1000 worth of Medicare towards dental per child, over a two-year period. Eligible parents should receive a confirmation letter; however if you are still unsure, Smiles Onsite can check for you on completion of their consent form.

Can I make use of this service if I'm not eligible?

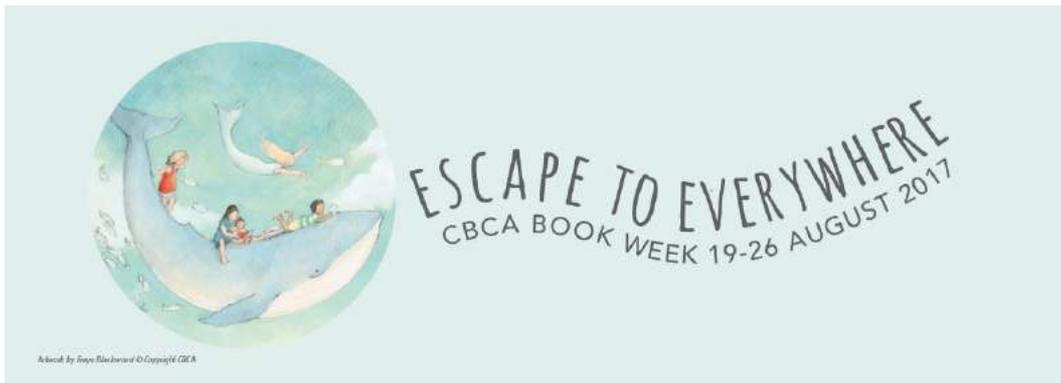
Of course! Smiles Onsite can do almost everything that your local dentist can do on board their state-of-the-art mobile Clinic. If you would like them to see your child for a scale and clean, fillings, fissure seals etc., these services can be offered with NO GAP payable.

This service is a great opportunity to get kids into the habit of good oral hygiene, and we hope you're as excited about it as we are!

You can fill out the dental consent form for your son or daughter by inserting this link on the web browser - <https://form.jotform.co/72142322508851>

If you have any further questions about this program or your eligibility, please contact Smiles Onsite directly on 1800 276 453.





CBCA CHILDREN'S BOOK WEEK AT SACRED HEART PRIMARY SCHOOL YARRAWONGA.

Each year across Australia, the CBCA brings children and books together celebrating the Children's Book Council of Australia, Book Week. This year there will be a Book Week Parade in the Mercy Centre at Sacred Heart Primary School from 10.00am to 11.00am, Thursday 24th August, 2017 to celebrate Book Week. You are all invited to attend.

Children may dress in a costume they desire whether it be a character from a book or the costume may relate to the CBCA theme Escape to Everywhere for our 2017 Book Week Parade. There will be prizes awarded to the best dressed book characters.

There is nothing quite like the magic of a good story to take us to a different place or time, or understand someone's life. Our school library has purchased all the Early Childhood Short Listed books, the Picture Books Short Listed books and the Younger Readers Short Listed books. Our students will be interested to hear the titles of the winning books as they have studied most of the short-listed books from the different categories. Our school's Book Week parade is one of the highlights of our school year and is fun. It is great to see the creativity and enjoy seeing characters step out of books. If you require more information please check the CBCA website or speak to your child's teacher or Noeline Ryan



Yarrowonga Pre-School

is currently taking
enrolments for
3 year old kinder
for 2018.

For all enquiries,
please contact the
Pre School on
5744 3016.

Enrolments close
Friday 1st
September 2017.



Yarrowonga Interschool Chess Tournament



**TUESDAY
AUG 29th
2017**

**Open to Primary and
Secondary levels**

**9:15 am - 2:00 pm
at Sacred Heart Primary School
(Yarrowonga)**

**School teams of all sizes
welcome**

**For Enquiries please email us at
events@chesskids.com.au or
call Tim at 0421 164 677**

