



Be Safe, Be Respectful, Be Your Best

**Newsletter Term One Edition No 9**  
(June 13th 2018)

**MINI BLITZ- Weeks 9 & 10**  
**'Playing Fairly**  
'When we're playing with our friends in the yard. Playing fairly isn't that hard.'

Lord I give you my mouth, help me to speak from the heart  
Lord I give you my hands, help me to give, receive and build  
Lord I give you my eyes, help me to see what is going on  
Lord I give you my ears, help me to listen for cries of help  
Lord I give you my feet, help me to make the effort to get to people  
Lord I give you my heart, help me to show love

Lord you love us so much, help us to remember that by using our heart it keeps others heart's alive with love.

Amen

*Good Afternoon Parents & Carers,*

I hope everyone had a relaxing and restful long weekend.

### Sacraments

Congratulations to all our children from the Parish of Sacred Heart in celebrating the Sacrament of Confirmation and Eucharist for the first time. The celebrations were very reverent and memorable for our children and their families.

Our children were well prepared to receive the Sacraments and understood the significance it has had on their faith journey. Many people have played an important role to assist our children in their preparation.

I would like to thank our Year 4 teachers, Xavier Kennedy, Kate Trembath and Rachael Illingworth; our Catholic Identity Leader, Meegan McInness; our Parishioners who prayed for our students; our Parish Priest Fr Steve and our parent leaders' who also played an important role in guiding and supporting our Year 4 children. I am very grateful.



### PBIS

Learning new skills both behaviourally and academically requires lots of teaching. We support and help our students by teaching and re-teaching expectations, giving them feedback, and allowing an opportunity to re-learn a skill correctly while strengthening our relationships. When guiding students to improve behavioural skills, we also reflect on ways to prevent unexpected behaviour.

What routine or procedure do we need to reteach? Do we need to increase my active supervision? Are we acknowledging students frequently enough for showing the expected behaviour?

At Sacred Heart, we continue to focus on various prevention strategies to increase the likelihood of appropriate behaviour within our school.

### Feast of the Sacred Heart

On the 22<sup>nd</sup> of June, we will be celebrating our School feast Day. On this day, we celebrate the love of God for us and in our response, we are called to spread that love in our relationships and by our actions. "God has no other hands but ours to show His love to the world."

The liturgy will be held at the MPB at 10 o'clock.

## Drop off and Pick up

Just a reminder to parents that students should not be entering the gate at the top end of Orr street. This drive way is only for exiting vehicles. Students who are being dropped off in Orr street need to enter the small gate where the crossing is available to ensure their safety.

Please ensure your children are **using the crossings at all times**. Children **cannot be seen** when they are walking behind vehicles. We had some very dangerous situations occur last week.

## Parent Teacher Interviews

Parent Teacher interviews will take place in Term 3 weeks 2 and 3. Reports will be sent out in Week 10 of Term 2. School interviews and reports are formal ways of reporting your child's progress throughout the year. However, if at any time during the school year you would like to discuss your child's learning or social & emotional development, please do not hesitate to contact your child's classroom teacher.

## Head Lice

As stated on the Victorian education Department website, parents and guardians have primary responsibility for the detection and treatment of head lice. Schools have a role in the management of head lice infection. It is a requirement that parents/guardians refrain from sending their children to school with untreated head lice. (it should be noted that students may be treated one evening and return to school the next day and that the presence of eggs in the hair is no cause for exclusion.) Parents/guardians need to be aware that one treatment is not sufficient to manage the problem. We will notify parents if live head lice are suspected so treatment can be commenced. If a student re-attends school with live head lice, the school will contact the family again to ask for further treatment to remove the live insects. We urge parents to form the habit of regularly inspecting your child's hair. Hair below shoulder length should be tied back.

For further information: <http://www.health.vic.gov.au/headlice>

## Annual School Community Report for 2017

All Australian schools are required to publish an Annual School Community Report. The report is written for the year prior. The report includes information pertaining to our school. Our report can now be found on our website or available at the front office upon request.

## School Fees

School fee notices are starting to be sent home. Many thanks to the parents who address these in a timely way or who are paying them off regularly.

If payment presents a problem, then please make an appointment to speak with me.

I will be away on Friday for a NCCD information session and on Monday as I have a principal's gathering at St Mary's Myrtleford

Have a great week

Arn

### Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 2						
	Mon 18 <sup>th</sup>	Tue 19 <sup>th</sup>	Wed 20 <sup>th</sup>	Thu 21 <sup>st</sup>	Fri 22 <sup>nd</sup>	Sat 23 <sup>rd</sup>	Sun 24 <sup>th</sup>
9 (June)			Wed 13 <sup>th</sup>	Thu 14 <sup>th</sup>	Fri 15 <sup>th</sup> Woods Point Visit- 5B Parish Mass- 5M & 5S Whole School Assembly 2.50pm	Sat 16 <sup>th</sup>	Sun 17 <sup>th</sup>
10 (June)	Mon 18 <sup>th</sup>	Tue 19 <sup>th</sup>	Wed 20 <sup>th</sup> Regional Cross Country Winton	Thu 21 <sup>st</sup>	Fri 22 <sup>nd</sup> Sacred Heart Day 10am Mass 2pm-Whole School Tabloid Sports	Sat 23 <sup>rd</sup>	Sun 24 <sup>th</sup>
11 (June)	Mon 25 <sup>th</sup>	Tue 26 <sup>th</sup>	Wed 27 <sup>th</sup>	Thu 28 <sup>th</sup> Wang Winter Sports Yr 5/6 Wangaratta	Fri 29 <sup>th</sup> Final Day of Term 2.30pm Finish	Sat 30 <sup>th</sup>	Sun 31 <sup>st</sup>

### Sacred Heart is a Child Safe School

Sacred Heart Primary School promotes the safety, wellbeing and inclusion of all children, including those with a disability. Applicants are welcome to elaborate on experience they may have working with children with a disability.

### National Consistent Collection of Data (NCCD)

In this edition of the newsletter, there is information on the NNCD which will come into effect this year. I invite all families to read this information as it has broad implications on how information is gathered, eligibility for funding determined and how funding levels are established. Some members of our Leadership team will be attending a briefing this Friday to learn more about how the system and processes will be applied at the local level. More information will be provided when it becomes available, as well as further information later in the newsletter.

## Catholic Identity

Meegan McInness



### Confirmation Eucharist

Congratulations to the 45 children who made the Sacraments of Confirmation and Eucharist on Friday June 2<sup>nd</sup>. The children did a super job and were very excited. Their enthusiasm was delightful to see and they should all be proud of themselves. It was also wonderful to see so many Sacred Heart staff there to support the children and their families. Special thanks to the Year Four teachers, Mr Kennedy, Mrs Trembath and Ms Illingworth as well as Mrs Boyer and Mrs Stiles for the mammoth amount of work you have all done in preparing the children.



I would like to thank our group leaders for all the time and effort they have put into preparing and leading the home-based groups. To Libby Cummins, Caitlin Cruikshank, Narelle

Donovan, Brooke Elliott, Katrina Kennedy, Jenny Loughnan, Kathy Panther and Noel Skehan,

thank you so much, your contribution is greatly appreciated. There were also so a number of parents who assisted on Spirit Day with decorating the MPB, cooking hotdogs and the like. A big thank you to these Mums and Grandmothers. Thanks must also go to Di Pendergast for her contribution as sacristan.

There was a great representation from our students with our school choir and we appreciate the efforts of those children who sang and also Mrs Cussen who prepared them so well. The ceremony is all the more special for their contribution.

It was great to have Bishop Leslie in attendance and we also thank Father Steve for his continued support and prayers for our children over this time.

Finally, a big thank to the candidates and their families for being so actively involved in the Sacramental journey this year.

A number of photos were taken during the evening and if parents would like copies can you please email me on [mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au) and I will forward on the photos of your child.

### Sacred Heart Day

We will be celebrating the school feast day with Sacred Heart College with a Mass at 10 am in the MPB on Friday June 22<sup>nd</sup>. More information to follow but I hope you can join us.

Enjoy the short week everyone,

Meegan McInness

Catholic Identity Leader

[mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au)

## Pastoral Wellbeing

Janine Buerckner



[jbuerckn@shyarrowonga.catholic.edu.au](mailto:jbuerckn@shyarrowonga.catholic.edu.au)

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome.

### NATIONAL DISABILITY INSURANCE SCHEME (NDIS)

Please see the attached flyer which gives information about a workshop to be held in Yarrawonga on Wednesday, 25<sup>th</sup> July, from 10:30am – 12:30pm. There was an overwhelming response to the first workshop, held in May, so they have decided to provide another for those who wish to attend. This is a wonderful opportunity to learn how the NDIS can support you and your family.

## The Welcome Game

July 1 2018, Rd 15 Melbourne vs Saints

To help celebrate diversity and inclusion, the Melbourne Football Club invites you to enjoy the [2018 Welcome Game FREE!](#)

The game will be held at Australia's most iconic and largest sporting Stadium, the MCG!

This colourful, festive and inclusive event is for everyone who makes up our dynamic and vibrant community.

Providing the opportunity to bring people together from all walks of life, the Welcome Game gives a sense of belonging and helps us to celebrate our rich cultural heritage through our great game.

The MCG will come alive with colourful and vibrant multicultural performers, food, fun activities and interactive demonstrations on how the game is played!

You, your family and your friends are all welcome to enjoy Australia's favourite game and oldest club!

The benefits of registering for tickets online, is that you will receive further details about the game in the lead up and anyone can sign up!

Here is the online version of the free tickets to the Welcome Game [https://mfcde.es/WG18\\_WelcomeGame](https://mfcde.es/WG18_WelcomeGame)

If you have any questions please don't hesitate to contact Alana Baldi.

[alana.cricket@outlook.com](mailto:alana.cricket@outlook.com)

## Secrets of managing boys' behaviour by Michael Grose Part One

*Boys are behaviourally more challenging for parents than girls. Their physical nature, their boisterousness and their propensity to push boundaries can be challenging, particularly if parents are used to managing girls.*



There are some basic rules to follow when managing boys. If you follow these then I believe you'll successfully raise a boy who is eager to cooperate with you, will adapt to most of the social situations he encounters and, importantly, will treat others with dignity and respect. In a nutshell, a well-behaved boy!

### 1. Boys like rules, limits and expectations

Boys like to know who's in charge and what the rules are. They also like to know that someone will enforce those rules. They are hierarchical by nature too, so don't be too wishy-washy about who's in charge. You don't have to use the same authoritarian methods as your parents may have used, but don't be afraid to take a firm lead with your sons.

### 2. Boys learn from consequences (natural and logical)

Boys are more likely to be heuristic learners than girls. That is, they are more likely to learn from experience. Parents then need to allow boys to experience the consequences of their poor choices so they learn not to behave in those ways. Protecting boys from their poor choices doesn't develop responsibility or independence. Telling them they need to improve their behaviour doesn't work either. Let them experience the negative consequences of poor behaviour and they will be more likely to change their ways. It just takes a few negative experiences before they learn.

Boys will cop most of your discipline as long as it's fair and reasonable. However, fairness is not only about being even-handed with your discipline. Particularly when implementing consequences, fairness is about being just, about not going too far with your consequences and about respecting their dignity: the three Rs of discipline:

**Related:** the consequence is related to what they have done. (Late home so don't go out next time.)

**Reasonable:** you don't go too far with a consequence. ("You're grounded for a day" rather than "You're grounded for a month.")

**Respectful:** boys maintain their dignity throughout the discipline process. (Consequence given in a friendly, calm way.)

### 3. Boys love consistency

Boys love consistency in their parents – it makes them feel that they are in control. On the other hand, parents who exhibit extreme emotional highs and lows can make life difficult for boys as all the boys' energy is consumed dealing with fear or the uncertainty of life. In a behavioural sense, boys also like to know that their parents mean what they say and say what they mean. Again, they like to be able to predict their parents' reactions, which gives them a feeling of control. Follow through with consequences rather than just threaten or shout. They'll respect you for it and know that you love them.



### CHILDREN'S CHATTER MATTERS

**In order to prepare for the language & learning demands of the school environment, children need ample time and opportunity to engage meaningful interactions with their family.**

Ten activities will be provided this term focusing on key areas of vocabulary and morphology (the way words are constructed with stems, prefixes and suffixes). Feel free to adjust these activities according to your child's grade level.

**\*\*Affixes:** Tell your child that affixes are extra parts that are "fixed on" to the root word. The affixes at the beginning of words are called "prefixes" because "pre-" means before, and a "suffix" comes at the end of a root word.

Ask your child to "fix" the broken root words with the correct "affix."

- Love -ful
- Treat -ly
- Grate -less
- Mood -able
- Do -ing
- Sad -tion
- Pink -y
- Tempt -ish
- Move -ed
- Aggravate -ment

**\*\*Word Sort:** Ask your child to sort the following words according to their affixes. Then they should guess the meaning of the affix based on their prior knowledge and the patterns they see.

- Forgetful
- Management
- Disappear
- Neglectful
- Distrust
- Government
- Rightful
- Disown
- Shipment
- Careful
- Disengage
- Beautiful
- Disability
- Statement
- Temperament

If you have any questions you can contact Jasman Studzinski, Ed. Speech Pathologist through the School's Special Education Coordinator, Janine Buerckner.

## Extend After School Care at Sacred Heart Primary School

### June community month: North East water. Water Sustainability

Over the month, we will look at all aspects of water, our usage, saving water, reusing water, water pollution, and the work at the local North east water facility



I have just received approval for an extra excursion during the Winter vacation care, to Visit the water treatment plant, and look at the health of the Lake. This will be on Thursday 5th July. (the first week of winter vac) This will coincide with the visit of the Education officer of North east water.

The children are very much into slime at the moment, so we are making a different type each week. Discovering the different consistencies, textures, flexibility and moldability of each.

We have also started learning Auslan signing, two new signs a week. The children are picking it up well. And we practice during our normal day. For e.g.: the other day they had to sign please and thank you each time they said it.

On Friday the 8th June, the Extend team donated/ handed over a new scroll saw for the Men's shed. We were lucky enough to have the local paper there too. The children will be making their own donation/handover. The money they have helped raise has brought the Wet Dry Vacuum then Men have asked for. This hand over will take place at the aftercare on Monday the 18th June at 4pm.

Winter Vacation Care is not far away, please take the time to look at the program. Which can be found at our website, or on the window, next to the sliding door of the mercy centre. Booking are open, book now and qualify for the early bird special.

Jo Kingston (Team leader) and the Extend team

### Other News:

**Our Extend Superstars are: April Yearwood, Annabel Johnston and Bella Peacock ...  
For all sitting down and doing there reading homework with Jo.**

### **What's on in the coming week:**

#### **Monday 18th June:**

Water usage, food allergies

#### **Tuesday 19th June:**

How to save water, miniature painting

#### **Wednesday 20th June:**

Magazine Collage, paper fortune cookies

#### **Thursday 21st June:**

All about me, Cheese twists

#### **Friday 22nd June:**

Reuse water, Swirly paint flowers

**LookedAfter: [extend.com.au](http://extend.com.au)**

**Found**  
A Black Fitbit has been handed in. If your child is missing one please see Mr. Carroll.



## Congratulations- Divisional Cross Country

Congratulations to the following students who made it through to the Divisional Cross Country Championships at Wangaratta last Thursday. The students competed in cool conditions running 2km or 3km depending on their ages. These are the students who competed:

10 Yr Girls- Keira Freeman, Rhani Thomson, Sophie Coghill, Chelsie Cooper & Taya Mitchell

10 Yr Boys- Archie Jaques, Lach Lee-Conway, Miller Sanderson & Archie Skehan

11 Yr Girls- Anna Zanin, Eva Cummins, Hannah Loughnan, Mia Wheaton & Ella Skehan

11 Yr Boys- Max Holgate, Jordan Ibbott, Hudson Crothers, Matt Saxton, Joe Knight & Bodhi Leonard

12/13 Yr Girls- Jess Freeman, Georgia Phillips, Morgan McRae, Ava Vodusek & Bronte Thomson

12/13 Yr Boys- Harry Hogan, Joe Lee-Conway, Daniel O'Brien & Riley Mitchell

Sacred Heart had some great results on the day with seven students making it through to the Regional Championships to be held in Winton on Wednesday 20<sup>th</sup> June.

Kiera Freeman, Rhani Thomson, Anna Zanin, Max Holgate, Jess Freeman, Georgia Phillips & Harry Hogan will represent Sacred Heart on the day. Good luck!



10 Year Girls



10 Year Boys



11 Year Girls



11 Year Boys



12 Year Girls



12 Year Boys

## Congratulations- Inter-School Chess Tournament

On Wednesday, the 6th, 20 both experienced and aspiring chess players competed in an inter-school chess tournament at the Yarrowonga P-12 College. We had a successful day taking out 2nd place overall in the Primary category. It was wonderful to watch the team celebrate each other's successes and learn something from each round. A special mention to Lucynda Mansfield, Maeve Connell, Matthew Saxton, Joe Knight and Caitlin Van Maanen who all secured places at the State Championships later in the year. Congratulations to all who competed!





**SACRED HEART PRIMARY YARRAWONGA**

**PREP 2019**

**PARENT INFORMATION SESSIONS**



**Thursday 26th July**

**10am & 7pm**

**Sacred Heart Primary School  
'Mercy Centre'**

For any further information about the Parent Information Sessions please contact the School Office

Phone: (03) 5744 3339

Principal - Arn Gorman



Would you like to learn more about the National Disability Insurance Scheme (NDIS)

Rights Information & Advocacy Centre (RIAC) invite you to join us at the

## 'Being Prepared for NDIS' Workshop

When: Wednesday *25 July* 2018  
between 10:30am - 12:30pm

Where: 1 Hargrave Ct, Yarrowonga VIC  
3730

Phone: 03 5744 3911

Learn about RIAC and how we can support and advocate for you when needed

Learn about the NDIS, NDIS Planning, Putting your NDIS plan into action and how to advocate for the person you care for

Morning Tea will be provided. RSVP by 10 May 2018  
Contact Bronwyn or Tanya on 03 5822 1944



## Nationally Consistent Collection of Data (NCCD) on School Students with Disability

### What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or 'help' at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

### Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is the student getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word 'disability' comes from the [Disability Discrimination Act 1992](#) (DDA) and it can include many students.
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student's learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

### What does word 'disability' mean in the NCCD?

In the NCCD the word 'disability' comes from the [Disability Discrimination Act 1992](#) (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students who need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a

student in NCCD. Teachers can use all that they know about the child's learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

### **What sort of help does the school give students?**

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student. The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

### **How will the NCCD be different in 2018?**

All schools have been counting students in the NCCD since 2015. The government will use the NCCD data as part of the funding to schools.

### **What will the school need to know about my child for the NCCD?**

Schools work together with families to understand the needs of each student. It is helpful if families give their child's teacher a copy of any letters or reports they have. The letters or reports will help the school understand the student and the help that they might need. Letters from doctors, psychologists, speech pathologists and occupational therapists etc. can be very helpful for schools. These reports, along with information that the teacher has (i.e. school based tests, your child's work and learning plans), helps the school to understand and meet the student's needs.

### **What happens to the NCCD data? Who will have the NCCD information?**

Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the government. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

### **Does the school need me to agree with them about counting my child in the NCCD?**

Changes were made to the law ([Australian Education Act 2013](#) and [Australian Education Regulation 2013](#)). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child.

### **Where can I find out more?**

If you have questions, you can ask your child's school for help. You can find out more by looking at these links:

- [NCCD national website](#)
- [Disability Standards for Education 2005](#)
- [Australian Government Department of Education and Training–NCCD](#)
- [2019 Students with Disabilities \(SWD\) Information Sheet for Schools, Parents, Carers and Guardians.](#)

## HOW CAN I BE A PART OF YMMF?

There are many ways to assist at this fabulous event.  
Grab a friend or two and do it together.

*I can assist with the organisation prior to the event.*

- Letterdrop (6 weeks prior to event)
- Poster distribution (Belmore Street Melbourne Street)
- Sponsorship (send letters, collect donated items)
- Volunteer co-ordinator/s (prior to and/or day of event)
- Showbags (help pack athlete packs in the week before the event)

*Be part of the YMMF Executive Committee Assist co-ordinate (attend meetings)*

- Swim Leg (Saturday)
- Cycle Leg (Saturday)
- Run Leg (Saturday)
- Fun Runs (Sunday)
- Junior Fun Run (Sunday)

**Yarrowonga Mulwala Multisport Festival is on  
Saturday 20th October 2018 & Sunday 21st October 2018.**

*I would like to assist on the weekend:*

- Saturday at the Triathlons
- Sunday at the Fun Runs

*I can assist in co-ordinating Rego Sections (week before event and on day)*

- Saturday
- Sunday

*I can assist after the weekend:*

- Deliver Thank-you Certificates
- Post Medallions & Prize Pool (not collected at Presentations)

Please return this form to the School Office or contact Lynda on 0407 432 758 or email [lford3@bigpond.com](mailto:lford3@bigpond.com) or the Committee Members listed on this flyer if you are able to assist:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

You will be given all the necessary information and be fully supported by the YMMF committee to assist in your chosen role.



*"It was great to be a part of such a great festival and major fundraiser for our school" - Tim, Run Volunteer*

**BE A PART OF OUR**

YARRAWONGA-MULWALA



Save the Date:  
Saturday 20th & Sunday 21st October 2018

Sacred Heart Parent & Friends Committee created the Yarrowonga Foreshore Fun Run in 2006 as a fundraiser for Sacred Heart Primary School and Sacred Heart College.

From small beginnings this event has now grown into a large community Multisport Festival attracting international athletes and competitors from all over Australia as well as many local participants.

Last year YMMF was a finalist in Victoria Sports Community Event of the Year, short-listed with other prestigious events to the top 4. A very proud moment for the Sacred Heart Community to come runner-up to Lorne Pier to Pub.



**TO DATE THIS  
SACRED HEART  
& FRIENDS INITIATIVE HAS RAISED  
\$120,000 FOR OUR SCHOOLS**

# THANK YOU TO OUR WONDERFUL VOLUNTEERS FOR 2017

\$50,000 donated to our schools this year because of you!



It takes an army of volunteers to run an event of this calibre.  
The YMMF Committee would like to sincerely thank the following people for their valuable contribution and time at our 2017 event.

## YMMF EXECUTIVE COMMITTEE

Jared Loughnan  
Lynda White  
Jil Mulally

## FUN RUN

Andrew Macpherson

## BIKE

Darren Forrester  
Scott Jaques

## RUN

Tim Roadley

Abby Hammon, Alana White, Alex Byrne, Alex Donovan, Alison Cassidy, Alison Cassidy, Amanda Mansfield, Andy Jaques and family, Ann-Maree Dowling, Anna Dickie, Anne Watson, Annie Robilliard, Arn Gorman, Ash Wheaton, Bec Coulter, Bianca Thomson, Bindi Thompson, Brett Ridley, Bron Nagle, Caitlin O'Dwyer, Cam Wood, Cara Bott, Carla Martin, Caroline Gorman, Catherine Shaw, Charlotte Donovan,, Chelsea Beavis, Chris Kennedy, Chris Powell, Christine Martin, Colin Butts, Corinne Stephens, Craig Frauenfelder, David Purcell, Davy Jones, Dean Carroll, Deanne Frauenfelder, Deb O'Callaghan, Dylan Martin, Erin Smith, Ethan Byrne, Fletcher Donovan, Fletcher White, Fred Cummins, Gabe Dowling, Gen Connell, Georgia Lawless, Gerald Martin, Graeme Giggins, Greg Mullins, Hayden Cartwright, Hayley Webster, Hugh Mullins, Isaac Byrne, Issy Ridley, Ivan Solomano, Jacinta Beavis, James Shaw, James White, Jennifer Carmel, Jenny Donovan, Jenny Loughnan, Jim Gillies, Jim Zanin, Jo Ford, Jobe Kennedy, John Gorman, Jordyn Studd, Jorja Goldman, Kara Lawless, Katrina Kennedy and family, Kay Zanin, Kayte Barton, Kellie Cowan, Kellie Quarrell, Kerry Shiels, Kylie Buerkner, Leanne Mickelson, Lew Nagle, Lexie Nolen, Lilly Maroney, Lilly Mullins, Linda Butts, Loretta Myers, Luke Cowan, Lynne Lawless, Maddie Cooksey, Marcus Cummins, Margie Duncan, Mary Mansfield, Mary-Anne White, Matt Judd, Matt Stephens, Maureen McLarty, Max Mickelson, Megan Adkins, Megan Wood, Melinda Giggins, Michael Price, Michelle Benjamin, Michelle Megarrrity,, Mick Dare, Mick Stevens, Mitch Adkins, Nada Nolen, Nanette Meaney, Narelle Donovan, Natalie Wilson, Nathan Lawless, Nell Duffy, Nick Byrne, Nicole Nieuwenhout, Olivia Ford, Olivia Giggins, Pat Mansfield,

Paul Nieuwenhout, Penny Thomas, Peter Elliott, Peter Mansfield, Phil Adkins, Phil Conway, Rachel Figgins, Rick Martin, Robyn Connell, Sally Trethowan, Sam Mickelson, Sam Ridley, Sam Trewin, Sandie Brown, Sarah Dare, Shane Nolen, Shelley Soutter, Sonia Peace, Sophie Pickering, Stella Mulquiney, Steve Lawless, Tammie Watson, Tatiana, Tegan Powell, Tess Byrne, Thomas Loughnan, Tim Dowling, Toni Loughnan, Tracey Byrne, Tracey Mullins, Trent Head, Tylar Bonat, Zac Cummins, Zac Fraser, Zac Webster, Ash Churchin, Brooke Elliott, Justin Perkins, Linda Toseland, Mackenzy Forrester, Pat Cummins, Tracey Gillies, Trevor Elliott, Tom Gent, Vanessa Forrest.

Peter Duncan, Greg Hough and staff at Mulwala Waterski Club, Tungamah Football Club, Rennie Football Club, Yarrowonga Mulwala Basketball Association. Members of Dare to Train Team and Yarrowonga Girl Guides. Noel Wright and Helen Copland Yarrowonga Mulwala Tourism & Business, Yarrowonga Canoe Club and Yarrowonga SES.

Greg Bye's helpers on the swim course.  
Darren Forrester's helpers on the Bike course.

We apologise if we have inadvertently left any of our valued volunteers off this list. Please consider this as your personal thank-you

## YMMF EXECUTIVE COMMITTEE

SWIM  
Greg Bye  
Phil Conway

## REGISTRATIONS

Cathrina Shaw  
Sonia Bourke

## JUNIOR FUN RUN

Sandy Judd  
Heidi Tayler

# WOMEN'S PERSONAL DEVELOPMENT

Half Day Program

Developed for women who want:-

- **Clarity and Direction**
- **Courage, Resilience & Confidence**
- **Motivation, Balance and personal insight**

9 am to 1 pm

Sunday 24th June 2018

Sunday 12th August 2018

Community Room

H.P Barr Reserve

All materials supplied

Morning Tea provided

**ALL FOR JUST  
\$50 PER PERSON**

Designed by Rosetta Holmes, a qualified and experienced Kinesiologist.

Register your interest at  
[essentialdifference@gmail.com](mailto:essentialdifference@gmail.com)

0418969762

[essentialdifference.com.au](http://essentialdifference.com.au)

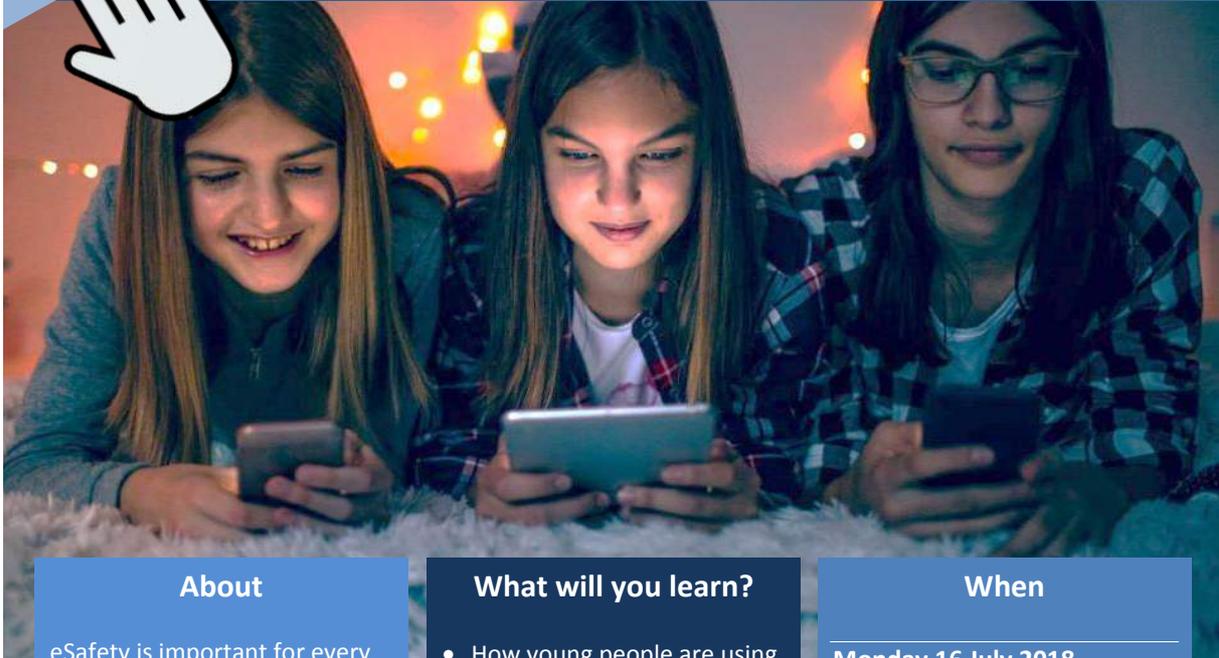
f: Essential Difference

e: [essentialdifference@gmail.com](mailto:essentialdifference@gmail.com)

Essent/al Difference   
*Own your life*

FREE EVENT

# online safety workshop for parents



## About

eSafety is important for every child from ages 1 to 18.

Moira Shire Council has engaged an eSafety expert from the Office of the Children's eSafety Commissioner will be delivering a FREE workshop on how you can help keep young people safe online.

For more information visit

[esafety.gov.au](http://esafety.gov.au)

## What will you learn?

- How young people are using social media and technology
- How to make a complaint about child cyberbullying
- How we can help remove serious cyberbullying material
- Identify age appropriate and manage privacy settings on apps and websites
- Initiate conversations about online issues
- Support your child using online safety resources

## When

### Monday 16 July 2018

Burke's Hotel Function Room  
96 Belmore St, Yarrowonga  
6pm – 8pm  
Light Supper Provided

### Tuesday 17 July 2018

Shamrock Hotel Function Room  
5 Melville St, Numurkah  
6pm – 8pm  
Light Supper Provided

Places are limited so bookings are essential for both sessions, please contact the Moira Shire Youth Department on 5871 9222 or email [youth@moira.vic.gov.au](mailto:youth@moira.vic.gov.au)



Office of the  
**eSafety Commissioner**

