



*Be Safe, Be Respectful, Be Your Best*

**Newsletter Term Four  
Edition No 16  
(October 10<sup>th</sup> 2018)**

**Reminder**  
This week the students are transitioning with our Hats Policy. Starting next week, it will be a 'No Hat, No Play' policy.

Welcome back to Term 4! There is a great sense of positivity and optimism about the term ahead as staff and students return rested and ready to go.

### **Landscape Design**

We are in the process of having plans drawn up to improve our outside learning environment. Today Jenny Kjar (Landscape designer) met with our students to discuss their needs and wants in our outdoor environments.

### **Canberra**

Our Grade 6 students head off to Canberra on Monday 15<sup>th</sup> October. We wish them a wonderful camp and look forward to hearing of all their adventures.

### **School Closure Day**

I apologise the date printed in our previous newsletter is incorrect. School Closure date is Wednesday 24<sup>th</sup> of October. Our Prep excursion will be taking place on Friday 26<sup>th</sup> October

### **Discovery Centre Excursion**

Our Discovery Centre students will be heading off to Echuca on Thursday 18<sup>th</sup> Of October.

### **Celebrating Yarrowonga's 150<sup>th</sup> Foundation year.**

It would be great to have as many students as possible join in the Street Parade in Belmore Street on Saturday 13<sup>th</sup> of October at 11.30am.

### **NAPLAN results**

This week your child's NAPLAN results will be sent home (Grades 3 & 5). NAPLAN gives a snapshot of your child's performance on the days of the assessments and the results should be interpreted with care. There are many reasons why students' results may vary. Some students may perform much better than expected when compared against their regular classroom assessment results, while other students may not perform as well as expected. If you have any questions or concerns about your child's NAPLAN results, you should discuss these with your child's teacher, who will have the best insight into your child's educational progress.

### **Claim the date**

Throughout this year, we have been rethinking and focusing on understanding parent and family engagement. Research tells us that there are many benefits for our children and young people if we embrace and optimise parental engagement. An Australian study 'Parental engagement in learning and schooling: Lessons from research' which was produced in 2012 by the Australian Family-School and Community Partnerships Bureau 2012 has shown that parental engagement (of various kinds) has a positive impact on many indicators of student achievement. Beyond educational achievement, parental engagement is also associated with various indicators of student development including:

- more regular school attendance
- better social skills
- improved behaviour
- a greater sense of personal competence and efficacy for learning
- greater engagement in school work, and
- a stronger belief in the importance of education.

George Otero will be returning to our school on **November 1st** and we are thrilled to have him facilitating further learning and possibility thinking for our school and community

The evening will commence at 6pm which will include a Community Conversation centred around 'Effective Communication' hosted by George Otero. We anticipate the evening will conclude by 7.30pm. Babysitting and light supper will be provided. Further details will be communicated to families next week.

Have a great week  
Arn

#### Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

#### Sacred Heart is a Child Safe School

Sacred Heart Primary School promotes the safety, wellbeing and inclusion of all children, including those with a disability.

Yarrowonga Mulwala Lakers Cricket Club are seeking interest from girls of any age who would be interested in playing cricket in a girls competition this season. Expression of interest to Gary Athanitis 0438817795 email [gary.athanitis@shcy.vic.edu.au](mailto:gary.athanitis@shcy.vic.edu.au)



### Goulburn Region Preschool Association Inc.



#### ENROLMENTS NOW OPEN FOR 2019

3 year old Fun Group enrolments for 2019 are now open

For the following centre:

#### Yarrowonga Preschool

87 – 97 Orr Street, Yarrowonga Ph: 5744 3016

To enrol complete an enrolment form which is available at [www.grpsa.com.au](http://www.grpsa.com.au)

or at the centre and return to the centre.

For further information please contact the centre.

**Enrolments close on 31<sup>st</sup> October 2018**

Week	Term 4						
Term 4	Wed 10 <sup>th</sup>	Thu 11 <sup>th</sup>	Fri 12 <sup>th</sup>	Sat 13 <sup>th</sup>	Sun 14 <sup>th</sup>		
1 (Oct)					*Parish Mass-2M/2B * Woods Point Visit 1M * Divisional Athletics Wang * Assembly 2.50pm *Walk to School Day	150 Yr Parade 11.30am	
			Mon 15 <sup>th</sup>	Tue 16 <sup>th</sup>	Wed 17 <sup>th</sup>	Thu 18 <sup>th</sup>	Fri 19 <sup>th</sup>
2 (Oct)	* Year 6 Canberra	* Year 6 Canberra	* Year 6 Canberra	* Year 6 Canberra * Discovery Excursion- Echuca * Odd Sock Day *Cancer Awareness Breakfast	* Year 6 Canberra *Parish Mass-2O & 1S * Woods Point Visit Prep G * Regional Aths- Albury *Walk to School Day	* Multi-Sport Festival	* Multi-Sport Festival
	Mon 22 <sup>nd</sup>	Tue 23 <sup>rd</sup>	Wed 24 <sup>th</sup>	Thu 25 <sup>th</sup>	Fri 26 <sup>th</sup>	Sat 27 <sup>th</sup>	Sun 28 <sup>th</sup>
3 (Oct)	* Cricket Big Bash Carnival- Yr 3/4	* Cricket Big Bash Carnival- Yr 5/6	School Closure Day	Tennis 12.30pm- Yr 3/4 1.30pm- Yr 5/6	*Prep Excursion- Altina Wildlife Park *Parish Mass- Yr 3 * Woods Point Visit 1S *Walk to School Day		
	Mon 29 <sup>th</sup>	Tue 30 <sup>th</sup>	Wed 31 <sup>st</sup>	Thu 1 <sup>st</sup>	Fri 2 <sup>nd</sup>	Sat 3 <sup>rd</sup>	Sun 4 <sup>th</sup>
4 (Oct/Nov)		*Prep Cultural Immersion			*Parish Mass-Prep * Woods Point Visit Prep S *Yr 5/6 Regional Basketball- Shepp		
	Mon 5 <sup>th</sup>	Tue 6 <sup>th</sup>	Wed 7 <sup>th</sup>	Thu 8 <sup>th</sup>	Fri 9 <sup>th</sup>	Sat 10 <sup>th</sup>	Sun 11 <sup>th</sup>
5 (Nov)	Pupil Free Day	Pupil Free Day Melbourne Cup Day	* Prep 2019 Transition Session 1- 11.45am-1pm		*Parish Mass- Year 4 * Woods Point Visit 1H * Radio Awareness- Yr 5/6 (tbc)		

## Catholic Identity

Meegan McInness

Welcome back to our 4<sup>th</sup> Term. In RE this term all classes, Discovery through to Leadership will be focusing on units around the theme of creation. The strong message is that we are all God's creatures and along with our environment we need to take care of God's gifts. Our Prep students RE focus will be Prayer. Then during the second half of the term the whole school will be focussed on Advent and Christmas.

## Children's Mass

The only Children's Mass this term will be Sunday 18<sup>th</sup> of November. We encourage all students to attend this Mass especially our Year 6 students. More information to follow closer to the day. Please note this in your diary now. Thank you everyone, for another busy term. Congratulations again to our Year 3 students on receiving the Sacrament of Reconciliation. Congratulations also to Macy Quarrell who was baptised last Sunday.

Have a great week everyone,  
Meegan McInness  
Mmcinness001@shyarrowonga.catholic.edu.au

## Pastoral Wellbeing

Janine Buerckner



[jbuerckn@shyarrowonga.catholic.edu.au](mailto:jbuerckn@shyarrowonga.catholic.edu.au)

Welcome back to Term 4. I trust everyone had a happy and enjoyable break. If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome.

### **Make Your Compliments Count** by Michael Grose

Ever notice how small hinges can swing really big doors? It's a reminder that it's the smallest things we do in our families that often have the biggest impact. One way you can maximise your impact on your family's wellbeing and your children's self-esteem is to make your compliments count.

Here's a story about how a few well-chosen words had a huge impact on a child, with an explanation of how you can do the same.

*I overheard a friend tell her eight-year-old daughter last week: "You did such a good job helping your brother yesterday. You are such a lovely big sister!". My friend's face was lit up with a big warm smile. At the same time, she gently put her hand on her daughter's shoulder as she spoke. The little girl beamed, and then happily went off to play. It was a simple parenting moment among many that my friend would have initiated that day.*

*I couldn't help thinking that it doesn't take much to nurture a child's self-esteem and create good feelings at home. Compliments, when given sincerely, have an enormous impact on those who receive them. We all grow a little taller, at least inside, when we receive them. We also feel closer to the person giving them.*



Compliments satisfy the deep craving we all have to be appreciated. They are easy to give, but they are also easy not to give.

*We forget.*

*We underestimate their impact.*

*We haven't developed the habit of giving compliments.*

There were two things my friend did that amplified the impact of the compliment. Firstly, she smiled as she gave it. Secondly, she touched her daughter as well. Touch will always amplify a compliment. It makes it personal.

Her mother's smile showed her daughter how her mum really felt. In fact, the touch and smile said it all. *The words justified the smile and touch.* The compliment was given and received through three senses – visually, kinaesthetically and auditory.

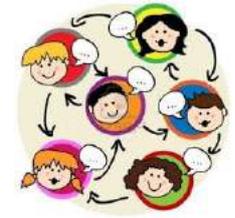
That's how kids will process all your messages – they see, they feel, they hear. We often focus on the words and forget the visual and kinaesthetic.

**Next time your child does something worthwhile take the time to give a sincere compliment. Smile and add a little touch to really let them know how you feel. Watch your child's reaction.**

I promise it will have a significant impact. It doesn't take much to touch their little hearts.

## CHILDREN'S CHATTER MATTERS

**In order to prepare for the language & learning demands of the school environment, children need ample time and opportunity to engage in meaningful interactions with their family.**



Ten activities will be provided during Term 4 focusing on pragmatic language skills.

Pragmatics refers to the social use of language and includes what we say, how we say it, our body language and whether it is appropriate to the situation. Feel free to adjust these activities according to your child's grade level.

**\*\*It is crucial that your child has a solid perception of themselves. This self-awareness is a pre-requisite skill for well-developed social skills. Ask your child about the following information:**

- Likes and dislikes
- Immediate and extended family, specifically relationships and what they mean
- Friends
- School life
- Other groups they belong to
- What they find easy and what they find difficult, i.e. strengths and challenges

You might like to make an 'About Me' book with your child. The ipad app Book Creator



would be ideal for this activity.

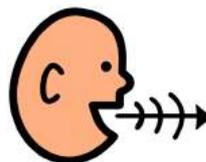
**\*\*Encourage good listening this week by reminding your child to show you the 5 Ls for listening:**

- Eyes for looking
- Lips locked
- Ears for listening
- Hands in lap (or as appropriate)
- Legs still



In addition, encourage good speaking skills this week:

- Inside or outside voice
- Facing listener
- Speech rate - not too fast but not too slow
- Make your voice sound interesting



If you have any questions you can contact Jasman Studzinski, Educational Speech Pathologist through the School's Learner Diversity Leader, Janine Buerckner.

# Extend After School Care at Sacred Heart Primary School

## Extend OSHC at Sacred Heart Yarrowonga

### October Community Month will be Radiology

This month we will look at what radiology is, and how they are involved in our community.



This week our sport of the week is playground tiggy, and next week it will be down ball.

### Some highlights from the Spring Vac Care



What a great Vac Care we had with two incursions and three excursions it was packed full of fun and excitement. The children had a chance to have an input into the summer vac program, naming excursions and activities they would be interested in.

Jo Kingston (Team leader) and the Extend team

### What's on in the coming week: Week 2 Term 4

#### **Monday 15th October:**

Spring Planting, sandpit sculpture

#### **Tuesday 16th October:**

White board radiology word search, Why do bees matter? You-tube clip

#### **Wednesday 17th October:**

Melted cup crystals, High bars play

#### **Thursday 18th October:**

Colour mixing, internet search about your bones

#### **Friday 19th October:**

Art class: first canvas work

**LookedAfter: [extend.com.au](http://extend.com.au)**

## **Get Ready, Get set for Walk to School 2018**

Sacred Heart Primary has joined the hundreds of primary schools across Victoria for a fun month of walking, riding and scooting to and from school. By participating, we have a chance to win some great prizes! So every time our local families walk, ride or scoot to and from school during October, you increase our school's chance of winning!

Get involved with us for Walk to School and help your family build healthy habits for life: [walktoschool.vic.gov.au](http://walktoschool.vic.gov.au)

### **About Walk to School**

Every October, VicHealth's Walk to School encourages Victorian primary school kids and their families to walk, ride or scoot to and from school every day. It's a great way for the whole family to increase their physical activity levels. Plus, it is a chance to enjoy more time with your kids and meet other local families along the way. Along with the health benefits, it also reduces traffic congestion, saves on parking, helps us connect with family and friends and saves the environment! Part way is okay! If you can't walk the whole way, why not try parking the car a few blocks from your school and walk, ride or scoot the rest. Last year, more than 144,000 kids and their families took part in the program walking the equivalent of two return trips to the moon and with your families help, we can make 2018 our biggest year yet! There are so many great reasons to participate in Walk to School this October and we're excited to be part of the fun because getting active is even more fun when we do it together.

**Sacred Heart will encourage students to walk to school together safely as a group over the next three Fridays.**

**(Week 1- Friday 12<sup>th</sup>, Week 2- Friday 19<sup>th</sup>, Week 3- Friday 26<sup>th</sup>)** We will have two meeting points on each of the Fridays for children to gather and walk safely to school. Staff will gather at each meeting point to join in with the walk to school. We encourage children to meet at one of the following locations:

**- WB Hunter Home Hardware car park on the Murray Valley Hwy**

or

**- Shire Hall on Belmore St.**

We aim to gather at 8.00am so that we can leave both locations by 8.10am. This will allow us to safely walk to school by 8.30am, where breakfast will be provided. Parents and siblings are welcome to join the walk.

**We encourage students to walk, ride or scoot to school each day during October, however we will only be actively supervising on each of the Fridays during October.**

If you would like any further information please feel free to contact the school.

Thank you,

Daniel Boulton

Our MyGolf Junior series will start on the 28<sup>th</sup> of October. If you want a fun filled program for your kids to follow, click on the link below and register them today!

<http://www.mygolf.org.au>

If you need anything else please let me know.

Kind Regards,

**Craig Stickling**

Golf Professional

Golf Club Road MULWALA NSW 2647

Clubhouse: (03) 5744 1911 | Pro Shop: (03) 5744 3983

[www.yarragolf.com.au](http://www.yarragolf.com.au)



**TARRAWONGA**  
MULWALA  
GOLF CLUB RESORT

Term 4 programs starting October 28th

**REGISTER NOW**

**AUSTRALIA'S JUNIOR GOLF PROGRAM**

**JASON DAY**  
2015 US PGA WINNER  
MYGOLF AMBASSADOR

### Divisional Athletics

The Divisional Athletic's Carnival is to be held in Wangaratta this Friday, 12<sup>th</sup> October. The team is made up of children from Years 4-6 and has been selected using results from the Athletic's Day Carnival and school trials last term. A reminder to any students who are racing in the 1500m to be in Wangaratta before 9am. All other events begin at 9:30am. Relays will be held at the end of the carnival, at approximately 2pm. The children will catch a bus over. Please contact Mr Carroll if you have any queries. He will be accompanying the children on the day.

### TRAINING FOR YMBA

U10/U12 DOMESTIC BASKETBALL PLAYERS will be on a Monday night for the first 4 weeks of this term at the Sacred Heart Primary School Outside Court.

Girls 4.30pm - 5.15pm

Boys 5.15pm - 6.00 pm

Monday 8th, 15th, 22nd and 29th October.

Bring own ball and drink bottle.

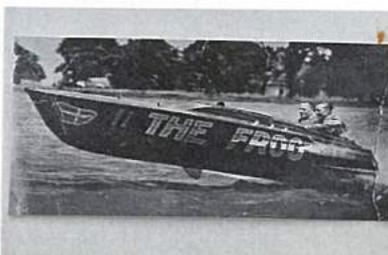
Please take advantage of this opportunity for the younger YMBA kids to train and learn more basketball skills.

Training will be taken by John Burrows, who will be fantastic to teach fundamental skills, with the help of some parent helpers.

## Staff Emails

[pgoldman@shyarrowonga.catholic.edu.au](mailto:pgoldman@shyarrowonga.catholic.edu.au), [Imaroney@shyarrowonga.catholic.edu.au](mailto:Imaroney@shyarrowonga.catholic.edu.au),  
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# Celebrating YARRAWONGA'S 150th FOUNDATION YEAR



## *How can you help celebrate ?*

### **Saturday 13 October 2018**

9am - 10am Yarrowongga P-12 School open visit Gilmore Street

9am-11am Sacred Heart College Multi Purpose Room entrance in Coghill Street

10am Book Launch, "A General History of Yarrowongga Mulwala - A Bridge Across Time", photograph display and morning tea Yarrowongga Town Hall

11.30am Celebration Street Parade Belmore Street

12pm, 2pm and 4pm cruises on PS Cumberoona

12.30pm Vintage vehicle display Yarrowongga Foreshore

1pm - 4pm free tours at Byramine Homestead

6pm Bush Poets dinner at ClubMulwala

### **Sunday 14 October 2018**

11.30am Ecumenical Service Kennedy Park

12pm-2pm 150 Point Dart Golf at Yarrowongga Mulwala Golf Club Resort

2pm Ski Show Mulwala Water Ski Club

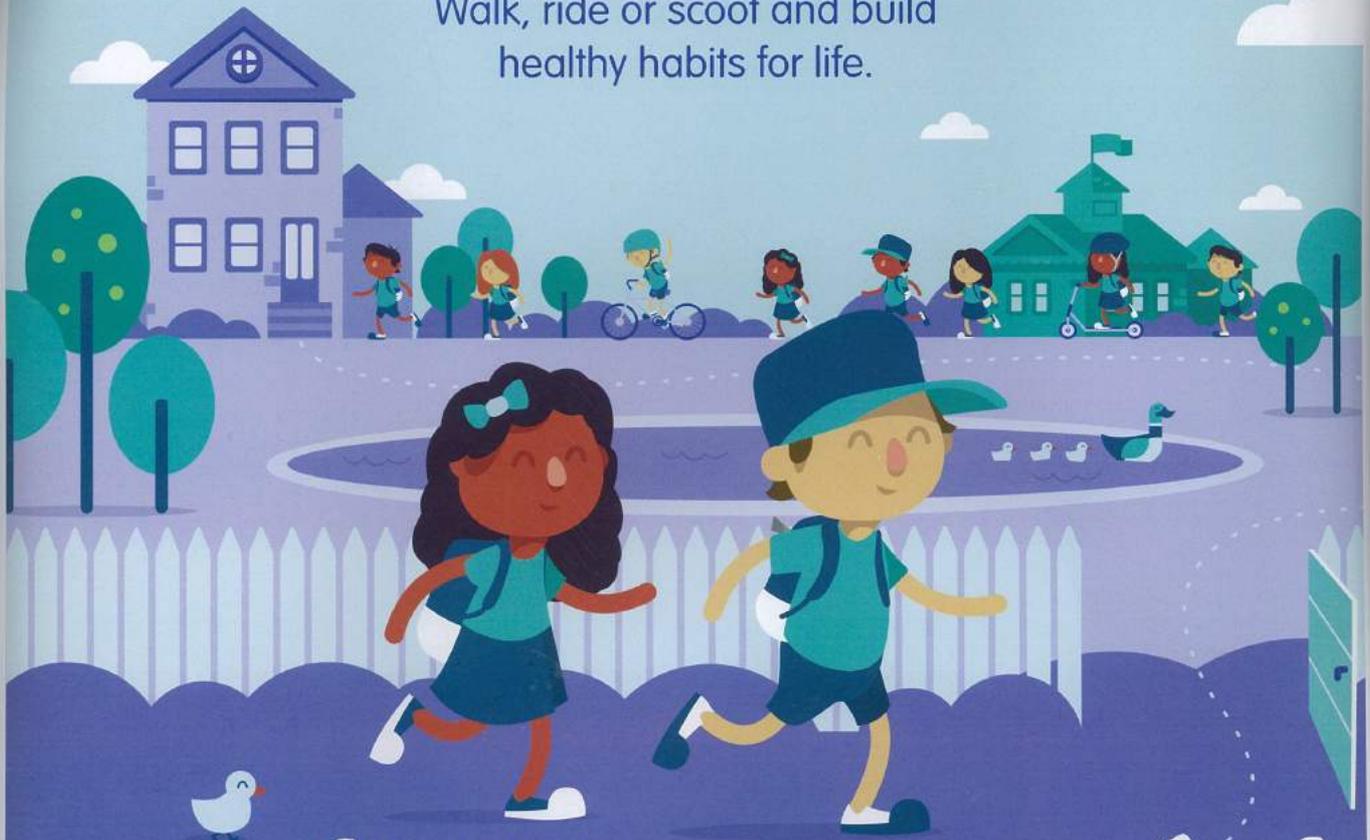


Celebrations are being organised by Yarrowongga Mulwala Historical Society. For more information or to enter the parade please call Bruce McKean 03 5743 1091 or John Charles 03 5744 3945 or go to Facebook Yarrowongga Mulwala Historical Society/events



# Walk to School 2018

Walk, ride or scoot and build healthy habits for life.



## Sacred Heart Primary School

*Supervised walks every Friday in October*

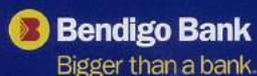
*Meeting at WB Hunter Carpark (Murray Valley HWY) & Town Hall (Belmore St.) at 8am*

Sign up today at [walktoschool.vic.gov.au](http://walktoschool.vic.gov.au)

Official community partner:



Official corporate partner:



# Rosemary Cullen Foundation

## TRIVIA NIGHT

**Sat 27th Oct**

Mercy Area @ Sacred Heart  
Primary School

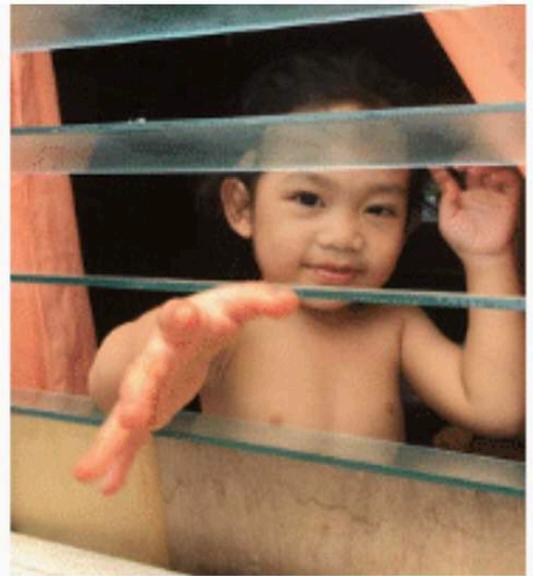
*Supper Provided*      *BYO Drinks*

**Doors open 6.30pm for a  
strict start time of 7.30pm**

**\$15 per adult**

**Tickets available via TryBooking  
<https://www.trybooking.com/YAAY>**

**Over 18's only**



**Goods & Services  
Auction**

*Great Prizes*

All funds raised are to  
support the poorest  
of the poor in Cebu



# 2018 CANCER AWARENESS BREAKFAST

**THURSDAY  
18TH OCTOBER  
FROM 7AM - 9.30AM**



**ClubMulwala**



\$10 Adult | \$5 Children  
Full Buffet Breakfast

Raffles  
Spinning Wheel

ClubMulwala  
Endeavour Room

Guest Speaker: Jay Allen  
"The Melanoma Man"

Tickets on Sale at  
the Community Health  
Centre or available  
at the door on the day.



**Melanoma  
Institute Australia**

20% of ticket sales  
will be donated to  
Melanoma Institute  
Australia

A national mental health anti stigma campaign

# odd sock day

*coz we all have odd days*

**Thursday 18 October 2018**

**“pull on your odd socks and  
help stomp out the stigma”**

**Be a friend - be there, for the ordinary and extraordinary moments**

**Be brave - don't tolerate stigma and discrimination**

**Be open - share your experiences**

**Be informed - know the truths and dispel the myths**

**Be good to yourself - recognise the need to look after your own mental wellbeing**

**And... be a crusader - and help us continue the fight against stigma.**



Send us a photo  
of your Odd Socks!

Join us by uploading a picture of you in your workplace or community wearing Odd Socks, Liking and Tagging the Yarrowonga Health Facebook page @yarrowongahealth

Please like and share your post with your community.

If you wish to find out more visit the website at: [www.oddsocksday.org.au](http://www.oddsocksday.org.au)



**Being different is ok, Wear odd socks today.**



# NEXT GEN >>>>

## minis ☺

**Start date: Saturday  
20th October**

**Yarrowonga College P-12  
Gilmore Street**

**Duration: 8 sessions,  
1 per week**

**Session Times:**

09:00 - 09:45am

10:00 - 10:45am

11:00 - 11:45am

**Sign up online :**

**[www.nextgensa.com.au](http://www.nextgensa.com.au)**

**Fees: \$144 for 8 weeks plus  
\$60 one-off registration  
payment, which includes  
drawstring bag, uniform  
(top and shorts) and a Next  
Gen Minis football**





# Portsea Camp January 2019.

## Vacancies exist for children

to participate in the Portsea Children's Camp  
January 19<sup>th</sup>. – 25<sup>th</sup>. 2019.

### Requirements:-

- \* be prepared to have a great time with others
- be aged 9 – 12 years old
- be prepared to be away from parents for 7 days
- should be ready for excitement, adventure and mateship
- fill in an application form available from Noel Tinney.
- Phone Noel on 0427 550 923 and leave a message, or send an email to [jcntinney@gmail.com](mailto:jcntinney@gmail.com)
- Total cost \$343 per child, which is broken down to
  - \$30 subsidy by the Rotary Club of Yarrawonga-Mulwala
  - \$313 to be paid by the child's parents.

**For any inquires or application forms, contact Noel Tinney**

**Phone: 0427 550 923    Email: [jcntinney@gmail.com](mailto:jcntinney@gmail.com)**

**A project supported by the Rotary Club of Yarrawonga-Mulwala.**

Portsea Camp    Portsea Camp    Portsea Camp    Portsea Camp

## **The Portsea Camp. - Summer holiday on a budget.**

The Portsea Camp has a long history of providing exciting holidays for school children who may not have an opportunity for a holiday with their peers. The Camp is situated on 2.8 hectares of securely fenced land on the bay beach at Portsea. The Portsea Camp offers a safe residential holiday experience for 9 to 12 year old children. It is accredited by the Camping Association of Victoria, and is fully supervised by responsible adults, with a ratio of less than 1 adult to every 10 children. There is a medical team available on site 24 hours a day with all Recreational Officers trained in first aid. Meals are provided by an extensive kitchen which serves healthy, nutritious meals, as well as catering for special diets.

### **What activities are available?**

You may choose riding the giant swing or the flying fox, absailing from the old fort, climbing on a purpose built boulder wall, archery, discos, concerts (your acts), helicopter rescue and CFA demonstration, cricket, football, giant slide, tug-o-war, Star Wars game, orienteering, mountain-bike riding, and much, much more.

### **Who can go?**

The camp is open to schoolchildren aged 9 to 12 years who want to have a good time. It is aimed at those children who would not normally be able to have a holiday. The camp provides a special opportunity for children of similar ages to enjoy a holiday together in a safe, supervised environment. Children who have been pampered at home may not like the camp as they are required to be self sufficient and able to do things for themselves. The children are encouraged to mix with others and to create their own entertainment. Computer games, videos and other forms of pre-packaged entertainment are not welcomed at the camp.

### **Who looks after you?**

Counselors are the adults with most contact with the children. They are responsible for the well being and day to day needs of a group of children. They make sure the children get to meals on time, keep their hut clean and tidy, organize groups for different activities and help with any problems the children may have. Recreational officers organize and supervise the activities for the children to participate in. They are trained and qualified and attend up to 5 camps a year. All counselors and rec. officers are now required to have a Working with Children card.

### **How do you get there?**

Bus travel to and from the camp is included in the cost. Buses usually leave Yarrawonga about 8.30am and arrive back about 3pm. The buses are usually tourist coaches giving a very comfortable trip each way. Counselors are present on the bus to help organize entertainment and refreshments.

### **What is the cost?**

The summer camps are designed for children who would not normally get a holiday. The cost is set at a much lower level than the regular cost of a camp there. There is a camp fee of \$343, which includes bus fare, hat and T-shirt. However the Rotary Club of Yarrawonga-Mulwala contributes \$30 per student. This will mean the camp will cost parents \$313 per child.

### **When is the camp?**

The Yarrawonga group is booked into the third camp for 2019. This is from Saturday, January 19<sup>th</sup>. to Friday, January 25<sup>th</sup>., 2019. It is a 7 day camp.

### **Who do you contact?**

The Rotary Club of Yarrawonga-Mulwala is acting as the coordinating body for this area. The club accepts all applications from students and counselors. All camp fees are paid to the Rotary Club who then forwards them to the Portsea camp in one payment. Rotarian Noel Tinney is the contact person to answer all inquires  
Noel's contact details are:-

**Mobile:**           0427 550 923(leave a message if no answer)  
**Email:**             jctinney@gmail.com



**familycare Community Forum**

Would you like to make comment or ask questions about FamilyCare's services? Are you interested in finding out more about what we do at FamilyCare? We are hosting a community forum that will showcase FamilyCare's services and provide an opportunity to ask questions and meet with other likeminded community members. Presentations will include:

**Child FIRST**

**Child and Family Services**

**Carer Support Services**

**Disability Support Services**

**Community Development**

**Thursday 11 October 2018**

**10:00—1:00**

**FamilyCare, 49 Broadway Street, Cobram**

**A light lunch will be provided.**

**[Click here](#) to register your attendance or call 5823 7000**

# VALID & Moira Shire Council

present

## NDIS - Families as Planning Partners Course in Cobram

A five week DAY course 9.45am – 2.00pm on the dates below

To be held on Tuesday 9<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> October & 13<sup>th</sup>, 20<sup>th</sup> November 2018

Venue: Cobram Community House,  
43 Punt Road, Cobram

### This course will be conducted over five sessions:

#### Tuesday 9<sup>th</sup> Oct Session 1. *NDIS introduction & the Families' role*

- an introduction to the what, how and who gets the NDIS
- what is the families role in light of the NDIS?



#### Tuesday 23<sup>rd</sup> Oct Session 2. *Getting your point across effectively!*

- being aware of how you communicate
- communicating your needs with the NDIS, workers & services



#### Tuesday 30<sup>th</sup> Oct Session 3. *NDIS Planning & Why have a Person-centred Plan*

- person-centred plan (PCP) & its' benefits
- the NDIS planning process



#### Tuesday 13<sup>th</sup> Nov Session 4. *The NDIS funding & purchasing process*

- managing your funding package
- engaging and purchasing services



#### Tuesday 20<sup>th</sup> Nov Session 5. *Consolidating your plan!*

- building the information in your NDIS 'plan'
- consolidating the info for your family members' 'Whole of Life' plan.



Attendees are asked to commit to attending the whole course. Attending one or two sessions is not an option.

**Expression of Interest by Tuesday 18<sup>th</sup> September, 2018** (register early places limited)

**VALID**

  
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CENTRAL VICTORIAN CHILD HEALTH PRESENTS...

**DR TONY ATTWOOD**

# *Autism Workshop*

**FRIDAY NOVEMBER 2, 2018**

WESTSIDE PERFORMING ARTS CENTRE, MOOROPNA

## **MORNING SESSION**

**Cognitive Abilities: a different way of thinking and learning**

9am - 1pm

## **AFTERNOON SESSION**

**The profile of abilities in girls with ASD-Level 1 (Asperger's Syndrome)**

1pm - 3pm

Optional Q&A session 3-3:30pm

## **TICKETS**

Parents/carers of children who have been seen at one of our clinics in the last 12 months are eligible for a CVCH client discount.

### **Morning session**

Includes morning tea and lunch.

General admission: \$65

CVCH client discount: \$50

### **Afternoon session**

General admission: \$50

CVCH client discount: \$35

### **Whole day**

Includes morning tea and lunch.

General admission: \$110

CVCH client discount: \$80

### **To purchase tickets:**

<https://www.trybooking.com/VDMC>

Or phone our Shepparton clinic;

03 5831 2419/3

Esteemed Professor Tony Attwood is a clinical psychologist who has specialised in Autism Spectrum Disorders since he qualified as a clinical psychologist in England in 1975.

He has worked with many thousands of individuals of all ages with Asperger's syndrome or an Autism Spectrum Disorder. He presents for us sessions on cognitive abilities, thinking and learning profiles, and the presentation of ASD in girls.



Central  
**Victorian Child Health** 

[WWW.CVCHILDHEALTH.COM.AU](http://WWW.CVCHILDHEALTH.COM.AU)