



Be Safe, Be Respectful, Be Your Best

## 2015 Term 1 Week 8 Newsletter

Whole School Assembly and Student of the Week Awards.  
Friday 20<sup>th</sup> March 2.50pm Mercy Centre

**MINI BLITZ- Week 8**  
'Say no to bullies and don't watch on. Step in if you can, coz BULLYING IS WRONG!'

### Thank you!

Coming up....  
Check out the calendar or the school app.

I'd like to thank everyone for the good wishes I've received since Dad's passing last week. It really doesn't seem like just one week since he died and I really had no idea of the impact it would have on me. The empty feeling has been made so much better by the support I have received from friends, colleagues and members of this school community. Please know that your kind thoughts have been deeply appreciated.

### Holy Week Assemblies

Each day next week we will focus on a different aspect of Holy Week in a short 10-15 minute liturgy before we hold our annual CARITAS K's walk around the track on Thursday.

Given the devastating effects of the cyclone on Vanuatu this past week a significant amount of CARITAS funds will be directed towards getting their communities back on their feet.

### **REMINDER – Presentation Mass**

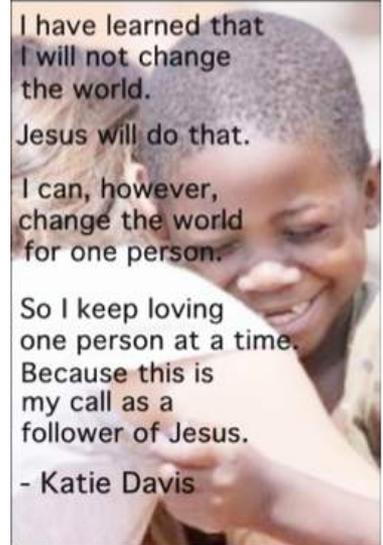
A reminder to all families enrolled in the Confirmation and First Eucharist Sacramental program that this Sunday at 10.00am is our Presentation Mass at Sacred Heart Church. I hope to see you all there for what is always a special part of the preparation program.

### Pupil Free Day

Just a reminder that classes will conclude for Term One on Thursday 26<sup>th</sup> March at 3.15pm (usual time). This is so staff can engage in their first professional development day for 2015. We will welcome Glenn McMahon from the Catholic Education Office to work with staff on the more effective use of ICT in schools. We will also complete our final 4 hours of work for staff to be fully trained in Level 2 first Aide.

### SPLASH 'N' DASH

A big thank you to those people in the Parents and Friends, especially the 'Splash 'n Dash' committee for the wonderful day last Sunday. Another big crowd with a large number of participants competing in either the swim or run. Well done to all involved and congratulations to all competitors. Peace and best wishes, Paul



I have learned that I will not change the world.

Jesus will do that.

I can, however, change the world for one person.

So I keep loving one person at a time. Because this is my call as a follower of Jesus.

- Katie Davis



Paul Maher



Heather Keenan



Jacqui Nixon

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			Wed 18 <sup>th</sup>	Thu 19 <sup>th</sup>	Fri 20 <sup>th</sup>	Sat 21 <sup>st</sup>	Sun 22 <sup>nd</sup>
8			Regional Cricket Trials- Wang Board Meeting 6pm	Ride2School Day (Year5/6) Yrs 3-6- Guest Speaker- Denis- Indigenous local stories- 9.30am- 10.30am. 10.30am- Whole School Assembly- Fire Carriers	* Wear Orange- 2015 National Day- Anti Bullying and violence * Assembly at 2.50pm * Divisional Tennis Trials- Wang		Children's Mass 10am
	Mon 23 <sup>rd</sup>	Tue 24 <sup>th</sup>	Wed 25 <sup>th</sup>	Thu 26 <sup>th</sup>	Fri 27 <sup>th</sup>	Sat 28 <sup>th</sup>	Sun 29 <sup>th</sup>
9	9am Liturgy Palm Sunday (Foundation Centre)  Week 2- Home based Euch/Conf  Easter deliveries	9am- Liturgy Holy Thursday (Leadership Centre)  Easter Deliveries	9am- Good Friday Liturgy (Bridging Centre)  Easter Deliveries	9am- * Easter Sunday Liturgy (Discovery Centre) * Easter Raffle Draws * S.O.W Awards * Caritas K's Walk * Special Needs Morning tea * Regional Tennis Wangaratta	PD Day Last Day of Term  No Students		Palm Sunday



## Library Mrs Ryan



### **LEARN TO LOVE TO READ, JOIN THE PREMIERS' READING CHALLENGE 2015**

Sacred Heart Primary School is registered for the PRC. At this time we have 130 students registered and we hope more students will register. Please collect a parent consent form from your class teacher or myself. If you require the challenge book lists or other information google Victorian Premiers' Reading Challenge 2015. The plan is to complete registrations by the end of Term 1 for our school.

Congratulations to Luke Phillips who is the first student at our school to complete the Reading Challenge and to Haley Galpin and Chrystal Milner for completing the PRC. Children may borrow challenge books from tubs up to the end of Term 1 and then once we return to school in Term 2.

### **Return Of Library Books not involving the Premiers' Reading Challenge.**

All Library books are to be returned to the school library by the end of Term One. Our borrowing of books stops from the school Library until the commencement of Term Two

### **Advance Notice.**

Conversation now commences for our school's Scholastic Book Fair to be held in our school Library in Term Two. Dates: Monday 27<sup>th</sup> April-1<sup>st</sup> May 2015. More details will follow. We always enjoy our Book Fair, the students think it is one of the highlights of the school year!! They love buying great quality books that they read.

## **Religious Education Meegan McInness**

### **First Eucharist/ Confirmation**

All home based groups will have started by the end of this week. I hope everyone is enjoying the opportunity to spend time with your child and helping them on their faith journey. Any concerns or issues please contact me at school asap or by my email [mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au). The Presentation Mass to the Parish community is to held this Sunday. Could all candidates be at the church by 9.45am to receive their stole and prayer cards.

Anyone who is unable to attend this mass needs to contact me at school to arrange another date.

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## Staff Profile

*Alison Stacey*



*Position: Prep Teacher & Learning Leader*

*Interests: Reading, going to the beach & watching movies.*

*Football Team: The Mighty Hawks!*

*Favourite Food/s: Liquorice chocolate, champagne and Caesar Salad.*

*Currently Reading: The Book Thief*

*Favourite Holiday Destination: Milan*

*3 people you'd invite to dinner: Nelson Mandela, Meryl Streep & Martin Luther King.*

*What would you do with your last \$50? Buy a bottle of good red & drink it with my friends!*

*Favourite Movie: The Theory of Everything*

*Favourite Quote: "If it's worth doing, it's worth doing well"*

*Someone you admire: Jane Austin*

*What do you love about our school: I love coming to see the children's smiling faces, the support of my colleagues, the open plan setting and the fun we have in the Foundation Centre!*

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For any of those students in Yr 4 who participated in the Reconciliation Home based program last year but didn't receive the sacrament, Fr Steve holds reconciliation every Saturday morning in the church from 11am till 12 noon. Your child must attend reconciliation before they can receive the sacraments of Eucharist/Confirmation.

### **Caritas Ks**

As a school community we will be walking around the oval on Thursday 26th March. The students will walk for half an hour in their class groups. We will be asking for a dollar note donation per family in support of Caritas. A note will be sent home later this week with all details.

### **Holy Week**

We will be holding our own Holy Week liturgies in the last week of term. Through prayer, song, gospel stories and movement we will travel with Jesus from Palm Sunday through to the Crucifixion and The Resurrection. The liturgy will be held at 9am in the Mercy Centre. Please join us if you can.

Monday 23/3 Palm Sunday- Foundation Centre

Tuesday 24/3 Holy Thursday- Leadership Centre

Wednesday 25/3 Good Friday- Bridging Centre

Thursday 26/3 Easter Sunday- Discovery Centre.

### **Children's Mass**

This Sunday is a children's mass and even though it is a presentation mass for our Eucharist/ Confirmation candidates we would love to have all our students attend. If your child is attending mass please encourage them to come and sit up the front if they would like to do so.

### **Project Compassion**

This week's focus is a rural farming community in Peru. Through the work of Caritas Australia and our donations these farmers are beginning to establish sustainable farms that will produce reliable, profitable and long term crops and therefore FOOD FOR LIFE.

For more information on Project Compassion and the work of Caritas Australia please feel free to contact me here at school or check out the Caritas website at [www.caritas.org.au](http://www.caritas.org.au).

Have a great week everyone.

Meegan McInness ([mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au))

## **Pastoral Wellbeing     Janine Buerckner**



[jbuerckn@shyarrowonga.catholic.edu.au](mailto:jbuerckn@shyarrowonga.catholic.edu.au)

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held each Wednesday and Friday mornings, before school. Our dedicated and hard-working St Vinnie's volunteers would be very grateful of some help during the 'rush' time of 8:15am till 8:45am. If you are able to offer some assistance please drop in and see them. The Breakfast Club operates from the canteen.

**Special Needs Morning Tea** Please join us next Thursday, 26<sup>th</sup> March, at 10:00am for a cuppa and catch up in the Staffroom. There'll be no guest speaker this term but there's lots happening in the school that day – Easter Liturgy, Easter Raffle Draws, SOW Assembly, Caritas Ks walk, Sandhurst Switches Off Day!! Don't worry, we'll still have power to boil the kettle! Also, if you have time, you can take the opportunity to be a part of some of the busyness of the school on the last day of term.



## **Help your child achieve** by Michael Grose

One way to help your child achieve at school is to work together with your child's teacher. The parent-teacher partnership takes work from both sides to become a reality. Here are some ideas that will help.

There's no doubt that the best outcomes for kids happen when teachers and parents work together to support children's learning. Here is number 10 of 10 ways you can work with your child's teacher to maximise your child's chances of school success.

### **10. Talk up what happens at school**

Your child will take their cues from you about how they see their school. If you want your child to value learning, and enjoy their time at school then you need to support your school and make sure he or she hears positive messages about learning, teachers and the school itself. You can set a strong educational agenda at home by talking up your school.

### **MUSIC AWARDS...**

#### **Mrs Cussen**



Harrison Clarke for your awesome moves and creativity in the 'IKO IKO' song. Well done, very creative.  
Xander Smith for joining in the Monday morning glockeinspiel group at assembly. Keep up the enthusiasm.

Guitar group for children in Grades 3-6 will be on Monday's at 10.30am and Choir will start next term and will be on Wednesday at lunchtimes.

WANTED... coloured tiles and old plated for mosaic work. Please drop into Mrs. Cussen's music room.

**Fire Carriers** are young leaders of our school who have made a commitment to foster a deeper awareness and understanding of Aboriginal Culture. Thursday 19th March 9.30-10.30 am we have a local identity Denis Miles speaking to the Grade 3-6 children about our local Indigenous history in the Mercy Centre. Parents are most welcome to attend. This will be followed by a whole school assembly at 10.30 to commission our new School Fire Carriers for 2015.

Louise Levy from the CEO will be here for this ceremony and all classes are asked to attend. Samuel Wood, Jessica Demaio, Stella Coghlan, Tess Byrne and Mia McCully are our Grade 5 representatives for 2015.

Grade 6 students James Watt & Caden Miller will also join the team this year. They will help our current Grade 6 Fire Carriers, Liam Fry, Annie Robilliard and Chloe Hart. Mrs Ryan will also be commissioned.

Congratulations to you all you will all be wonderful leaders for our school.

Children will be presented with their badges and certificates at this assembly.

Thanks Mrs Cussen

# Foundation (Prep)

## Congratulations to this week's Foundation Awards

**Prep S – Samantha Knight-** your wonderful listening skills, concentration and always striving to do your best.

**Cody Sonnenschein-** always haing a go, even on tasks you think are too hard. Well done Cody!

**River Burns-** the terrific effort you have put into making the right choices, well done River!

### **Prep C-**

**Oliver Tresize-** your effort you have put into completing tasks well and for being a champion counter.

**Zoe Freestone-** always displaying the 3B's in class and on the playground. You are a great role model Zoe!

**Prep A- Ashlee Flanagan-** working very hard top listen to instructions and concentrate at your table. Keep up the great work Ashlee!

**Fynlay Martin-** having a go at answering questions during learning time. It's good to hear your voice!

Parents please remember to send in with your child a family photo (standard sized copy) so that we can put with your child's drawing. Thank you to those we have already!



The Foundation Centre is presenting the first Liturgy for Holy Week next Monday at 9am. For students to be in costume we ask that they bring in a plain pillow slip/large tea towel to wear as a head dressing, along with some ribbon, headband or soft rope to tie around.



Preps had a fabulous time looking at the 31 ex-Army vehicles that visited the school last Thursday. Some even got in for a closer look!



Alison Stacey



Jen Sagaidak



Kellie Cowan



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# Discovery Centre News

Wow, it's hard to believe that we are only one and half weeks from the end of term. It sure has flown. The Discovery teachers have enjoyed getting to know their new students, but will also enjoy a well-earned break next week. Thank you to all parents for your support throughout the term and for supporting our goals of encouraging independence.



## DISCOVERY CENTRE AWARDS

Jade Bakkum – for the quiet and gentle way you always go about doing and being your best. You're a delight!

Mikaela Brown - for your beautiful handwriting and having a go at all work tasks. Top effort!

Baxter Donovan - for working really hard in class and at home to practice your Magic Words!

Iris Elliott - for producing much more work! Well done on attempting all work and minimising distractions.

Kerth Martin - for being a champion reader. You read clearly and fluently. You're a star!

Zoe Martin for the very high standard of work you continually produce and for taking on challenges with a positive attitude. Well done, Zoe!

Taya Mitchell for your very detailed retell of the story, 'Elmer'. It was a joy to read, well done, Taya!

Grace Richmond - for putting in a super effort over the long weekend and reading 7 chapters of your book! Brilliant, Gracie!



## What's On?

Monday 23<sup>rd</sup> March:

Easter deliveries to Wood's Point -1/2T

Tuesday 24<sup>th</sup> March:

Easter deliveries to Allawah -1/2B

Wednesday 25<sup>th</sup> March:

Easter deliveries to Karana -1/2H

Easter deliveries to Hospital -1/2V

Thursday 26<sup>th</sup> March:

Easter Sunday Liturgy,  
presented by Discovery Centre – 9am

## Reading Tip

*Gently correct your young reader*

When your child makes a mistake, gently point out the letters he or she overlooked or read incorrectly. Many beginning readers will guess wildly at a word based on its first letter.



Leave Subtract  
Minus Less  
Take away Difference

## Mathematics in the Discovery Centre

This week we are focusing on Subtraction. Practise subtraction facts to 20. Talk about the language of subtraction, take-away, difference, etc.

Discovery students enjoyed exploring the vintage army vehicles last week.

Cheree Tregoning



Lisa Handreck



Kayte Barton



Monica Van Roy



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# Bridging (Years 3-4)

## Class Awards

### 3/4C

Olivia Corso for being a great role model in our classroom. Your attitude and manner is fantastic Liv, you are a joy to teach!

Hamish Ingram for extending your learning each day by challenging yourself. Hamish, your attitude towards your work is excellent, we are lucky to have you in 3/4C.

### 3/4MC

Matthew Cooper Barnes for the respectful way you contribute to group discussions. You are always willing to ask good questions and share great ideas.

Gabby Leimgruber for the way you quietly go about your learning and completing set tasks. You are a model student Gabby!

### 3/4H

Crystal Milner for being our quiet achiever! You are consistently trying your very best. Term one has been great with you Crystal. Keep up the great work!

Ben Rainey for being a great role model for your classmates. You are consistently following the three B's. Your manners are outstanding. Great stuff Ben!

### 3/4G

Paige Murfitt for your happy and friendly personality that you bring to our learning space. You are a great role model of the 3B's.

Bria Seamer for your fantastic attitude and approach towards all your learning.

Congratulations on reading 25 nights too!

### 3/4W

Eliza Mulquiney for your outstanding 'Hey Little Ant' persuasive writing. Your arguments are very convincing.

Chloe Wheaton for your wonderful partner work and participation in our 'Comprehension Quiz'. You are a champion, Chloe.

## THIS WEEK

- Don't forget to bring in your Easter Eggs for the Easter Raffle.
- Presentation Mass of candidates for Confirmation/Eucharist this Sunday 22<sup>nd</sup> March, please arrive at 9.45am.
- National Day against bullying and violence - Friday 20<sup>th</sup> March, please get involved and wear orange to school.
- Last day of term Thursday 26<sup>th</sup> March, finishing at 3.15pm.

- If there are any parents interested in helping out the Library by putting books away, please let your teachers know.



The Bridging Centre loved checking out the vintage cars last week.

Don't forget to read 10-15 minutes each night. You can also be practising your weekly spelling words and addition/subtraction number facts up to 20. Remember

Maureen McLarty



& Nikki Connell



Patrice Goldman



Mel Whiteley



Caitlin O'Dwyer



Kirby Hillier



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# Leadership Centre News

## Class Awards

**Nick Wood (5O)**-your 'happy' and 'cheeky' personality, you love being around your mates and having a good time. It's great to see how positively in interact and get along with your peers. Awesome work.

**Jess Mansfield (5O)**-giving all learning tasks a 'Red Hot Go' this week. Your sentences were fantastic. It's great to see you working so hard. Well-done Jess.

**Josh Baer (6C)**- The fantastic way you display the 3Bs. Always willing to help others and aiming to be your best with your learning.

**Charlize James-Hayden (6C)**- Your fantastic efforts with your Buddy Interview. The way you planned your information and read at assembly was great!

**Stella Mulquiney (5B)**- for showing strong leadership and supporting your fellow peers during classwork.

**Daniel Herrod (5B)**- for concentrating on your work and achieving high results across all curriculum areas.

**Tess McNamara (6L)**- for the way you go about all you do ~ putting your very best effort into all class and school activities and always striving to do and be your best.

**Liam Fry (6L)**- for the hard work and effort you have been putting in to learn, understand and complete all your Maths work. Keep up the great effort Liam!

## Busy Week ahead

The term is coming to an end very quickly! It's hard to believe that Term One is nearly over. Over the next week and a half, the leadership students have many things happening. Some students have representative tennis & cricket trials. Good luck. Other items and reminders include the following:

- \* Ride 2 School Day tomorrow- Note going home today.
- \* Divisional Tennis Trials- Wangaratta- Friday
- \* Holy Week Liturgies- Holy Thursday Liturgy for Yr 5/6's next Tuesday 24<sup>th</sup> March.
- \* Bring along an Easter egg for the Easter Basket Raffles.
- \* Return Easter Egg Raffle tickets (Set of 10)
- \* Wear orange to school on Friday- National Day against Bullying and violence.



*Miss O'Sullivan competing in the Splash n Dash.*

Don't think of the things you "didn't" get after praying. Think of the countless blessings God gave you without you even asking.



Congratulations to Kaemon Ellerton, and Zac Fraser who have been selected to represent Sacred Heart at the Regional Cricket Trials to be held in Wangaratta today.



Daniel Boulton



Meg O'Sullivan



Dean Carroll



Lynne Lawless



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**LOST**

Archie Ward has lost his school hat. It is clearly named. If found, could you please return to Discovery B.

**Bookings for Mulwala Public School Vacation Care Program are now being taken.**

Mulwala OOSH is licensed for up to 24 children – weather conditions, number of children, availability of transport and staffing will determined planned activities for your child/ren during the program.

Hours are 7.00am – 6.00pm

Week 1 – Tuesday 7<sup>th</sup> April – Friday 10<sup>th</sup> April

Week 2 – Monday 13<sup>th</sup> April-Friday 17<sup>th</sup> April

Week 3 – Monday 20<sup>th</sup> April (this is a Staff Development Day at Mulwala Public School)

During the School Term Hours are:

Before School Care 7.00am-8.30am (includes breakfast)

After School Care 3.30pm-6.00pm (includes afternoon tea)

Child Care Benefit and Child Care Rebate applies.

9:30am to 3pm

**AFL**  
VICTORIA

*Holiday*  
PROGRAMS

**Come join us!**

WEDNESDAY 8TH APRIL 2015

STAN HARGREAVES OVAL  
DUNLOP STREET YARRAWONGA  
**\$65**

A day packed full of footy fun!  
Test your skills in a mini AFL Draft  
Learn about life as an AFL Footballer!

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TAC CUP  
MURRAY BUSHRANGERS SEASON 2015  
AFL VICTORIA

**MURRAY BUSHRANGERS**  
**JUNIOR TALENT CAMP**

Thursday 9th April  
Wangaratta Sports Development Centre  
Wangaratta Showgrounds

Players Born in 2001, 2002 & 2003  
9:30am to 2:30pm  
Cost- \$70

Clinics Include:  
High Performance Testing  
Skills Development  
Game Simulation

Under Guidance of TAC Cup Coach Darren Ogier  
**SPOTS LIMITED**

Download a Registration Form at [murraybushrangers.afvic.com.au](http://murraybushrangers.afvic.com.au)

**WANTED FOR EASTER ACTIVITIES**

SEQUINS, BEADS, SMALL BOXES, ASSORTED LARGE BEADS, OLD TILES.

THANK YOU. MRS. BOYER

## 2015 Yarrawonga Mulwala Splash n Dash Report.

Congratulations to the 176 children who participated in the Junior Fun Run this weekend. The smiles on faces as they ran through the finishing chute to receive their gold medallion makes organising this event very worthwhile.

Thank you to the families who came down on Sunday and supported this event.

The placegetters were:

PLACE	BOY	GIRL
3KM FUN RUN		
1	Liam Wilcox	Breanna Restango
2	Oscar Willis	Zara Shaw
3	Zac Banch	Ruby Wallden & Tess Byrnes
1KM FUN RUN		
1	Corey Marjanovic	Holly McCarthy
2	Aiden Hill	Keira Freeman
3	Matthew Sexton	Heidi Wallden

Our 10 Year Anniversary Event saw 97 Swimmers complete the 1.4Km State To State Swim in much calmer waters than last year. Many of the entrants are repeat participants from previous years- a testament to the well marked course and the great support they receive from the canoe paddlers, boats and SES as they cross our beautiful lake.

387 Runners participated in the Yarrawonga Foreshore Fun Run on Sunday.

134 in the 10km and 253 in the 5km (including 80 Footballers from the VFL Team Coburg Lions).

The boys from Coburg added to the great atmosphere interacting and high-fiving other participants as they made their way around scenic Chinaman's Island. Despite a bit of a head wind when turning for home, there were some fast times recorded.

Full results will appear in the Yarrawonga Chronicle this week and on our website [www.splashndash.com.au](http://www.splashndash.com.au).

Our great appreciation (as usual) goes to our wonderful volunteers, whom without, we would not be able to run this great community event. Please accept this as our personal thank you.

We will be holding our debrief meeting on Monday 30th March 2015 and any feedback is welcome as is any person interested in attending, please phone Lynda on 0407 432 756 for more information.

We would like to thank our valued sponsors (see list below) and we encourage families to support these businesses as they support our event each year.

Lynda White,  
Secretary/Treasurer,  
Yarrawonga-Mulwala Splash n Dash Committee

OUR VALUED 'SPLASH N DASH' SPONSORS 2015

MULWALA WATERSKI CLUB  
YARRAWONGA CHRONICLE  
MCDONALDS  
YARRAWONGA MULWALA TOURISM  
JUDD & SONS  
FIRST NATIONAL REAL ESTATE  
NORTH EAST WATER  
FOCUS WELL-BEING & FITNESS  
RUNNERS WORLD  
CENTRAL MURRAY CREDIT UNION  
HARGRAVES SOLICITORS  
INTERSPORT WINGATES  
KMA SIGNS  
THALES  
YARRA MUL BAKERY  
ACTION BIKE & SKI  
TERRY WHITE CHEMIST  
BELMORES CHARTERED ACCOUNTANTS  
GOLDEN INN RESTAURANT  
BELLA PELLE  
BALANCE SPIN STUDIO  
SILVERWOODS  
ELLA BACHE  
ONE ZACH  
LUSSINOS ITALIAN RESTAURANT  
BAKERS DELIGHT  
ENGINE SWIM  
BORDER TROPHIES  
LA PORCHETTA  
SULLY'S FUEL  
PETER BOYD MASSAGE  
YARRAWONGA HOTEL  
RICHGLEN ESTATE  
KELLY BROS.  
BYRAMINE HOMESTEAD  
DOMINO'S PIZZA  
YARRAWONGA OSTEOPATHIC CLINIC



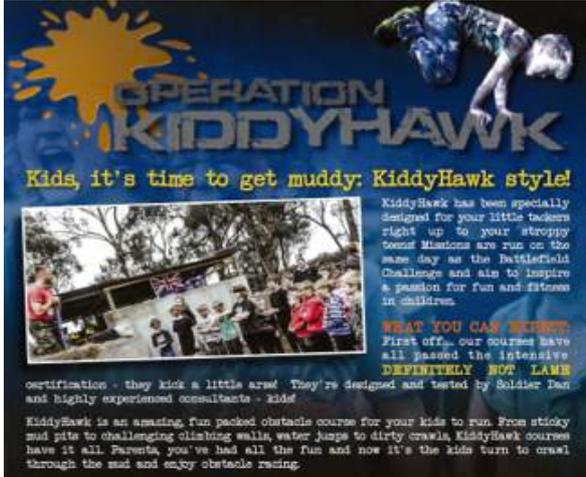
**BLUE LIGHT DISCO**

Friday 27th March, 2015 - 6pm to 8pm  
Ages: 13 and under

Lake Mulwala Sports Club  
(Mulwala Football Club)  
Lonsdale Reserve, Mulwala

Cost: \$5 - Hot dogs, chips and cold drinks available

Proudly Sponsored by: LAKE MULWALA SPORTS CLUB YARRAWONGA CHRONICLE



**OPERATION KIDDYHAWK**

Kids, it's time to get muddy: KiddyHawk style!

KiddyHawk has been specially designed for your little heroes right up to your stropky teen's Missions are run on the same day as the Battlefield Challenge and aim to inspire a passion for fun and fitness in children.

**WHAT YOU CAN EXPECT:** First off... our courses have all passed the intensive **DEFINITELY NOT LAME** certification - they kick a little arse! They're designed and tested by Soldier Dan and highly experienced consultants - kids!

KiddyHawk is an amazing, fun packed obstacle course for your kids to run. From sticky mud pits to challenging climbing walls, water jumps to dirty crawls, KiddyHawk courses have it all. Parents, you've had all the fun and now it's the kids turn to crawl through the mud and enjoy obstacle racing.

**FUTURE EVENTS**

KiddyHawk: APRIL 18-19

Coupon Code: TOUGH

Register online at [www.operationblackhawk.com](http://www.operationblackhawk.com) and use the Coupon Code above. Enter your kids the same day you do the Adult Courses for a unique action-packed day out. Sign up for our newsletter on the website and receive free workout and training videos.

Register now  
[www.facebook.com/OperationBlackhawk](http://www.facebook.com/OperationBlackhawk)  
[www.OperationBlackhawk.com](http://www.OperationBlackhawk.com)  
[registration@operationblackhawk.com](mailto:registration@operationblackhawk.com)



## Regional swimming 2015

After brilliant performances by our swimmers at the Ovens and Mitta Zone trials in Wangaratta, a team of 11 students from Sacred Heart headed off to Shepparton last week for the Regional Swimming Championships.

Very well done to all our individual and relay swimmers; Chloe, Bella, Tess, Ned, Will, Hugh, James, Darcy, Ethan, Jobe and Ethan. Our team finished the day competing in 10 individual and 3 relay finals, winning medals in 3 individual and 2 relay events. Our medal winners were:

Hugh Mullins ~ 3<sup>rd</sup> 11 years boys 50m freestyle

Hugh Mullins ~ 3<sup>rd</sup> 11 years boys 50m backstroke

Bella Bridgeman ~ 2<sup>nd</sup> 9-10 years girls 50m breaststroke

Ned Pendergast, Will Wheaton, James Shaw & Hugh Mullins ~ 3<sup>rd</sup> 12/13 boys 4x50m freestyle relay

Mitchell Loughnan, Darby Mullins, Ethan Byrne & Jobe Kennedy ~ 3<sup>rd</sup> 11 year boys 4x50m freestyle relay

It is a fantastic achievement qualifying to swim at Regional level but to then make finals and medal at this event is outstanding. Congratulations to all our swimmers .. we are very proud of you all!!



Bella Bridgeman & Hugh Mullins



Yarrowonga and District Netball Assoc. Inc.



### Friday Night Junior Competition

Commences Friday 17 April 2015, Duration 10 Weeks, Concludes Friday 19 June 2015

Net Set Go	Grade Prep Grade 1	\$62 p/p includes Netball Vic Regn	4.00pm – 5.00pm
Rookies	Grade 2 Grade 3	\$62 p/p includes Netball Vic Regn	4.00pm – 5.00pm
Junior	11 & Under 13 & Under 15 & Under 17 & Under	YDNA Competition Fees \$50 p/p + pay Netball Vic Regn online	5.00pm – 6.00pm
Players for 15 & Under or 17 & Under may enter as a team or may enter as an individual and be placed in a team			

### Wednesday Night Senior Competition

Commences Wednesday 22 April 2015, Duration depends on no of teams entered

Senior	Club Fees \$40 per player
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### NetSetGo / Rookies Registration

Mandatory online registration for 2015, payment by credit card  
<http://www.netsetgo.asn.au>

### Netball Victoria Registration

Each player must register and pay online for 2015 with Netball Victoria  
Information and costs <http://vic.netball.com.au/membership/netball-victoria-membership/>  
Registration <http://vic.netball.com.au/nvregistration/>

### YDNA Competition Registration

Wednesday 25 March 2015, 5.00 – 6.00pm – Netball Clubrooms, Victoria Park  
On Registration day – complete registration form incl Netball Victoria Registration Number,  
Payment of Fees by Cash (correct money if possible please) or  
Cheque made payable to Yarrowonga & District Netball Association.

Further information – Tanya Burgess 0417 521 673 or Sarah Bruce 5743 3717 / 0418 301 417

Mulwala Pre School  
Easter Saturday

**GARAGE SALE  
& CAKE STALL**

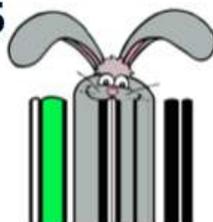
Come grab a bargain or a delicious cake from the  
Annual Mulwala Pre School Easter Garage Sale  
and Cake Stall .

**Saturday 4<sup>th</sup> April 2015**

**8:00am – Noon**

**Mulwala Pre School**

Melbourne Street, Mulwala  
Entry by Gold Coin Donation.



Donations of saleable goods to help with this fundraising effort can be delivered to the preschool weekdays from 9:00 – 3:00pm. To be received by Wednesday 1<sup>st</sup>. Ph. 57441028