



Be Safe, Be Respectful, Be Your Best

2015 Term 4 Week 10 Newsletter

**Final Day of School.
Thursday 17th Dec at 3.15pm.**

**Graduation Mass
Wednesday 16th 10am**



Advent –

The third Sunday of Advent is also called Gaudete Sunday. Gaudete is a Latin word that means “Rejoice.” We will mark this Sunday by lighting a pink candle instead of a purple one on their Advent wreath. It is a reminder that the Advent season is a season of joy. While the end of the year is always busy and hectic I hope you are finding some time to experience that joy in your homes and families.

Christmas Concert - 2015

Thank you to all those families who attended the Christmas Concert last week. A huge turn-out came along and the children had a great night. Once again I would like to thank Christine Cussen for her efforts in supporting the teachers as they prepared for the evening.

Christmas On Belmore Parade – A reminder that the parade is on again next Monday and we’d love as many children as possible to come along between 5.00pm – 7.00pm to March and enjoy the fun.

Volunteer Thank You evening - Our thank you evening will be held at the Criterion, also on the Monday 14th December, at 6.00pm. If you have volunteered in any way this year we would love you to come along and enjoy a few drinks and some nibbles supplied by the Secondary College and ourselves as our small way of saying thank you for your wonderful contributions this year. Our volunteers have been greatly valued and appreciated.

Extend Out of School Care - Just a reminder to families to register for Out of School Care next year with EXTEND. The brochure went home last week but if you didn’t receive one please drop in and we’ll issue you another. The maxi-taxi will not run next year, as we will be offering our own program.

End of Year Graduation Mass (PLEASE NOTE START TIME) - Our final mass for the year will be held in the MPB at the College on Wednesday 16th December at **10.00am**, not 9.30am as was put in last week’s newsletter. After mass we will present our Graduates of 2015 and End of Year Awards which takes some time so we won’t complete proceedings until about 12.00 midday.

Peace and best wishes,
Paul



Acknowledgement of Traditional Custodians

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.



Paul Maher



Heather Keenan




Jacqui Nixon

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Week	Term 4						
				Thu 10th	Fri 11th	Sat 12th	Sun 13th
10				Years 3-6 Swimming 10am-12pm Year 6 Skiing Water Safety	Pupil Free Day (Carols on the Lagoon has been cancelled)		RSL Board Meeting Choir Performance Club Mulwala Cake Stall Rose Cullen 11am
	Mon 14th	Tue 15th	Wed 16th	Thu 17th	Fri 18th	Sat 19th	Sun 20th
11	Christmas on Belmore Parade 6pm P & F Christmas Drinks P-2 Swimming 10am-12pm		Graduation Mass 10.00am Reports and Journals go home No Breakfast Club	Last day for students 3.15pm finish. Aquatics Day- Yr 6	Last Day for Staff Wilby and District Christmas Tree		

2016 Dates

School Returns:

- Staff January 27th & 28th
- Students return Friday 29th

Extend after School Care begins in Term One

Life Education Van- 9th March-21st March (Weeks 7-9)

School Photos- 10th March (Week 7)

Winter Ball- Saturday 7th May (Term 2)

For Sale

3 summer schools dresses, as new condition. Sizes 5, 6 and 7. All with extra hem length
\$35 each. Toni 0447042244. Many thanks, Toni Loughnan.

Wilby and District Christmas Tree

Come along to Wilby to celebrate the annual Wilby and District Christmas Tree. The evening will be held at the Wilby Recreational Reserve on Friday 18 December 2015 commencing at 6pm. A sausage sizzle will be provided. Children will be able to play on the playground equipment and join in some good old-fashioned fun and games before the arrival of Santa at 7.30pm. The night provides a great opportunity for people to catch up and enjoy the festive season. Parents are asked to bring a small gift to place under the tree to the value of \$10. Please bring your own chairs, drinks and a plate of supper to share. Cost is a gold coin donation per family. This evening is kindly supported by Taylor-Made Window Creations and Yarrawonga Mulwala Physiotherapy. For further information or to RSVP please contact Fiona Hart on 0409 520 725.

Parents & Friends News

The next get together for the P & F will be at The Criterion Hotel on Monday 14th December from 6pm. Parents and family members who have volunteered during the year at any fundraisers, the mothers day & fathers day stalls, classroom help, the fete, etc. are invited to join P& F committee members and some school staff members for refreshments.
The P&F Committee

LOST

A Ladies Ring has been found on the premises after our concert. Please contact the office for further details.

Student Leadership

Profile

Mitch Clancy



Position: Student Representative Council Leader (SRC)

Interests: Gaming and Soccer

Football Team/s: Collingwood and Chelsea

Favourite Food/s: Tacos & Burritos

Currently Reading: Timmy Failure: Sanitized for your Protection.

Favourite Holiday: Mildura

3 people you'd invite to dinner: Skrillex, Jack Septic eye & Jose Mourinho

What would you do with your last \$50? Buy a new game or gamble it!

Favourite Movie/s: 22 Jump Street

Favourite Quote: "There is no elevator to success, you will have to take the stairs!"

Someone you admire: Mum & Dad

What do you like about our school: The friendliness and all the events and excursions we have.

Religious Education Meegan McInness

Next Wednesday is our Graduation and End of year Mass for 2015. It will be held in the MPB at **10am**.
PLEASE NOTE THE CHANGE OF TIME!

YEAR OF MERCY

Yesterday the 8th of December was the first day of the Year of Mercy. The theme of the year is: "Be merciful, just as your Father is merciful."

This Jubilee Year declared by Pope Francis is a special year called by the church to receive blessing and pardon from God and remission of sins.

The logo and the motto together provide a fitting summary of what the Jubilee Year is all about. The motto Merciful like the Father (Lk 6:36) serves as an invitation to follow the merciful example of the Father who asks us not to judge or condemn but to forgive and to give love and forgiveness without measure.

(cfr. Lk 6:37-38)

We will hear a lot more about this Jubilee year over the next 12 months.

Enjoy the last few days of term, Meegan McInness REC.

mmcinness001@shyarrowonga.catholic.edu.au



Pastoral Wellbeing Janine Buerckner



jbuerckn@shyarrowonga.catholic.edu.au

If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club finished for the year today. We extend a BIG THANK YOU to the wonderful volunteers who have given of their time to support our students this year.

I have a number of very good books that may support and continue to develop your parenting skills. Please come to my office if you'd like to borrow any of the following or if you'd like to find out more about any of the books.

'Why First Borns Rule the World and Last Borns Want to Change It' – Michael Grose

'Teach Your Kids to SHRUG!' – Michael Grose

THRIVING! – Michael Grose

BRAVE - Free anxiety self-help program

A free, evidence-based program that has been proven to help prevent and treat anxiety in young people is now available online.

Need help managing stress or anxiety?



If your child or teen has difficulties with anxiety or just seems to have too many worries, we would like to introduce you to BRAVE Self-Help – an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. It was developed by a group of researchers from the University of Queensland and now, with the support of *beyondblue*, this program is now freely available to all young people aged 8 -17 years old who are living in Australia and their parents. BRAVE Self-Help provides strategies for children and teenagers to better cope with their worries. There are 4 programs available, one for children aged 8-12 years, one for teenagers aged 12-17 years and one for parents of these ages respectively. The program can be accessed as often as you like, from the comfort of your own home. For more

Stay Sane When Travelling With Kids By Renee Klaassen

Family holidays are amongst my most treasured childhood memories. I remember trips to Lakes Entrance, our flappy red tent and running free amongst trees leading into the sea. Although my memories are happy, my mother often reflects that these holidays were quite stressful for her – but I never would have guessed; they must have been well prepared!

In order to ensure your children have happy memories and you reduce your stress, here are a few things you can do to remain sane these holidays when travelling with your kids.

Prepare Mindfulness activities to relieve boredom and for 'mental time-out'

Mindful activity 1: Bring craft along to do in the car, simple wool and icy-pole sticks create a gods eye. Craft activities require your full attention to the present moment and therefore distract away from both boredom and anxiety provoking thoughts. Make great mementos too!

Mindful activity 2: Mindful colouring books are becoming well known and feature detailed images that provide opportunity for children and grown-ups alike to unwind and focus on creativity. Your brain cannot be stressed and in creative flow at the same time.

Prepare to have fun – "We're here!"

Finally, you arrive at the destination but the problems aren't over for some parents. After sitting for a long time, kids' bodies are ready to be used so you need to find a place where they can run or burn off some of that pent-up energy. Depending on your environment, you may need to set boundaries for this activity to take place safely and without affecting other travellers. Rather than quash the child, set boundaries and expect them to adhere to those boundaries. Finally, stay sane by remembering that holidays which end with happy memories begin with (mental) preparation!

For a regular supply of great parenting ideas subscribe to Happy Kids email newsletter at parentingideas.com.au



Children's Chatter Matters!

Language Learning activities to have a go at, at home.

Ten activities will be provided over Term 4 to help develop your child's vocabulary at home (you may need to adjust the activity to suit your child's level). See if you can think of more activities!

* Discuss with your child how whole objects can be made up of different parts (e.g. a bag has –

pockets/zippers/straps). Then, select objects in view or from your child's book/reader and encourage them to name the different parts.

You may then like to talk about other objects that share a similar 'part'. E.g. objects with zippers – bag, jacket, jeans, pencil case...

For older students – name three parts of an object and encourage them to visualise and guess what the object could be. E.g. wheels, seats, doors (car). Think of objects around the home/yard/school. Some examples are also listed below – can you guess the objects?

Lid, handle, spout
Screen, buttons, stand
Cover, pages, spine
Skin, core, pips
Elbow, wrists, hands

Condolences

Our deepest sympathy is extended to Mrs Boyer and her family on the passing of her dear father, Kevin. Our thoughts and prayers are with them at this time.

Our sincere sympathy and prayers are extended to the Coghill family on the tragic loss of their beloved uncle, Tim Levesque.

Music with Mrs Cussen



Christmas Performances

Friday 11th December- Carols on the Lagoon has been cancelled on this night.

Sunday 13th December 12 pm Club Mulwala for RSL Board. ☐

Monday 14th December Probus Christmas performance Golf Club 12 pm. ☐

Monday 14th Christmas on Belmore Parade 6pm. ☐

Music Awards

Lillia Allpress

For your impressive moves on the stage at our school concert and 'Cats on the Lawn' at Club Mulwala.

Jaime Towner (3/4W)

For your beautiful singing and dancing at the fabulous Christmas Concert last night.

Library

Mrs Ryan



What's Happening in the Library?

It's been a busy year in the school Library. Oliver Junior V Orbit module is a fantastic new resource for finding good books in the school library. This was set up early in the school year and it is also on the school website. Try it. The Scholastic Book Fair was so successful and allowed us to purchase over \$2,500 dollars worth of new books for our school Library. Thank-you for making this book fair our best Book Fair ever.

Ninety nine students completed the Premiers' Reading Challenge this year at our school. Well done to our students, parents and staff for such a great achievement.

The behind the scenes work that continues before library classes and after school is the returning books to the shelves, covering and cataloguing new books and the developing of library displays. This time of year is busy with the returning of all Library books.

At this point in time we still have a huge number of overdue books. If your child/children have Library books at home please send them to school as soon as possible. If you have any queries please contact me.

Thank you.



Japanese Awards

Tyrone Baxter (3/4C)

For your concentration when making your origami UFO. You have been patient and listened really well throughout the lesson. Keep up the great work, Tyrone!

Lucia Williams (3/4W)

For participating in answering questions about Japanese culture. You have contributed well in class. Well done, Lucia!

Judds Yarrawonga Mensland, 97-99 Belmore Street, Yarrawonga 3730

Ph. 03 57441269 Fax 03 57432985, Email juddsyarra@netspace.net.au

IMPORTANT NOTICE RE: SCHOOL DRESSES

To avoid disappointment we invite students to try-on and pre-order school dresses for 2016.

We do our best to estimate the stock required but unfortunately we do run out of sizes from time to time and delays do occur. To guarantee a January delivery, please order your dress requirements by December 18th. Payment is NOT required at the time of ordering. Please don't hesitate to contact the staff at Judds Yarrawonga Mensland on the above number if you require any further details.

Regards Michelle Clark, Judds Yarrawonga Mensland

ASPRE
CULTURAL & CHARITABLE FOUNDATION

CONCERT ON HIGH

Featuring Fr Rob Galea
& his band fresh from the X Factor
 Saturday 12 December 2015 6 pm to 9 pm

Bring your picnic rug or chairs and enjoy great music, delicious food, market stalls and Christmas entertainment in the magnificent open space at the foot of the Sacred Heart Cathedral. Join our region's many cultures as we celebrate the interfaith message at the heart of the Aspire precinct.

Tickets from the Capital Box Office
 ph. 5434 6100 or www.gotix.com.au
 Children < 16 years / concession \$10
 Adults \$15, Family \$40

Bendigo Advertiser
LA TROBE UNIVERSITY
Rally's
Thang Long
Strategic

PBIS POSTCARD COMPETITION

Since the beginning of the Term 4 we have been running a PBIS postcard competition to design new postcards for 2016 as part of our PBIS Framework at Sacred Heart Primary School.

The students from Prep to Yr 5 did a magnificent job depicting the importance of our 3Bs at SHPS and it was very hard choosing the final winners. We were eventually able to narrow it down to 12 worthy winners. Congratulations to the following students:

Foundation Centre - Demi Crothers, Emily Buerckner & Macy Quarrell,

Discovery Centre - Will Murphy, Jade Bakkum & Brandi Chisnall,

Bridging Centre - Chloe Wheaton, Paige Duffy & Trinny Preer

Leadership Centre - Mia McCully, Will Connell & Macy Peebles

If you would like to see the final winners they are on display in our foyer. They will be published by the end of this year and hopefully you may receive one in the mail next year.

Foundation (Prep) News

Prep A Awards

Lani Seamer - For giving your best every day and for being a kind friend. You use the 3Bs every day!

Ollie Watson - For managing your choices better and for your fantastic quality of work!

Prep C Awards

Christian Bakkum - For the fabulous effort you put into your handwriting. 5-star work!

Matilda Clayton - For the fantastic effort you have put into all your work this week. Well Done!

Prep S Awards

Emily Beckingham - For the fabulous effort you have put into your sounding out. Great Job, Emily!

Demi Crothers - For your thoughtful attitude and actions towards others. You always use the 3Bs, Demi!

Abbi McLarty - For the wonderful effort you put into your handwriting. Well Done, Abbi!

Advent

We continue our journey through Advent this week. Last Sunday we began the second week of Advent. The theme for this week is 'Prepare'. We are focusing our learning on how to prepare ourselves for Christmas by being kind to others. We have explained that this is why we do the Christkindl activity - to show one special person extra kindness. We also talked about how we can be extra kind and helpful at home!

School Concert

Congratulations to the Foundation children for their fantastic performance at the School Concert. We think they were the stars of the show!

Transition

The children spent an hour meeting their new teacher and classmates yesterday afternoon. They seemed very happy and enjoyed their time in Year 1. We welcome the new Preps for 2016 today. The current Prep children will work together on Christmas activities.

Christmas Cake Deliveries

This week we will deliver the Christmas cakes made by the Year 6 children and wrapped by the year 5 children. The Year 3/4 children made cards and the Foundation and Discovery children deliver the cakes to the elderly in our community. Prep A visited Warrina this afternoon, Prep C will visit Allawah on Monday and Prep S will visit on the RSL House and Flats on Monday.

Foundation Notes

We sent home two notes yesterday - one regarding our visit to the Splash Park and one explaining our Christkindl activity. If you have any questions, please see your child's teacher and we can further explain.

Alison Stacey



Jen Sagaidak



Kellie Cowan



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Discovery Centre News



DISCOVERY CENTRE AWARDS TERM FOUR, WEEK NINE

Kiera Freeman for your improved concentration on your work. You are working hard to complete your learning journal tasks. Well done, Kiera!

Anna Van Den Bosch for an outstanding year of work. You always strive to do and be your best. Very proud of you Anna!

Zoe Farey for your beautiful, confident dancing at the concert. You light up the world gorgeous girl!

Millie Charles for your effervescent personality and for bringing fun and laughter to our learning space.

Peyton Hanley for trying hard and making an extra effort to improve the presentation of your work, keep it up!

Bradley Burrows for being such a beautiful member of Discovery B. The Bridging Centre will be lucky to have you!

Eva Cummins for your lead dancing during the Christmas Concert. Awesome work!

Adam Lowden for your role as a shepherd in our Christmas Concert. You played it well!

CONCERT

Thank you to the Discovery students who attended and performed at last week's End of Year School Concert. The students should be very proud of themselves, as they sang and danced beautifully.

SWIMMING

Discovery students have continued to enjoy participating in swimming lessons. There is only one more session remaining on Monday 14th December. Students will need to bring their swimming gear (including bathers, towel, rashie, thongs).



WHAT'S COMING UP

Thursday 17th December – Students will go to the Yarrowonga/Mulwala Golf Club to watch the movie, 'Hotel Transylvania'. Please ensure that permission notes are filled out and returned to your child's class teacher ASAP.

Kris Kindle – A note was sent home at the end of last week outlining the details for the class KK's. The note included the name of another child's in which your child will need to buy a \$5 gift for. Please ensure these presents are brought to school by Wednesday next week.

Please send a plastic bag to school with your child this week, as students will need to be taking their books home.

CHRISTMAS CAKE DELIVERIES

This Wednesday and Thursday, all Discovery Centre classes will be delivering Christmas cakes and cards to the elderly.

Cheree Tregoning



Lisa Handreck



Kayte Barton



Monica Van Roy



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Bridging Centre News



This Term:

- Week 10- Swimming Continues
- Fri 11th Pupil Free Day
- Week 11-Monday 14th December- Christmas on Belmore Parade-6pm.
- Tuesday 15th December- Movie at the Yarrowonga Golf Club Resort
- Wednesday 16th- End of year Mass- 10.00am
- Thursday 17th- Last day for students- 3.15 finish

End of year Concert

Our end of year concert was a big success!! Thank-you to all those families who came along to see us **STAR** in the show! The Bridging Centre students are to be congratulated on all their hard work. They put a lot of time and effort into their acts for the Concert. A big thank-you to Sensai for sharing her talents with us, to help make our acts so wonderful.

Target Giving Tree

Over the next week, each class in the Bridging Centre is walking down to Target to purchase a gift to go under the Giving Tree. This is such a wonderful way of giving to others at this special time. We thank all our Bridging Centre families once again, for their generous donation towards buying these gifts.

Pupil Free Day

Just a reminder that this Friday, 11th December is a PUPIL FREE DAY. Teachers are beginning their planning for 2016.

End of year Celebration Day

The Bridging Centre will be having their end of year celebration day on Tuesday 15th December. We will be going to the Yarrowonga Golf Club Resort to see the movie Hotel Transylvania 2 (PG). A note has been sent home about this.

End of Year Mass

Our end of year mass will be at 10.00am on Wednesday 16th December at the MPB. It is hoped that it will be concluded by about 12.00pm.

Getting ready for 2016.....

In preparation for your child's resources for next year, your child will need a USB stick, a ruler, a rubber and their own supply of pencils and textas (limit to 20 of each and one medium sized pencil case per student).

Congratulations to our Centre Award Winners!

3/4MC- Joe Lee-Conway- for your amazing results you have achieved in spelling this term. Well done!

Hunter Looby- the improved attention and concentration you are applying to all areas. Well done!

3/4H- Darcy Hicks- for your participation in the School Christmas Concert, you represented 3/4H beautifully. Well done!

Crystal Milner- for your excellent dancing at the School Christmas Concert. You represented 3/4H wonderfully. You shone! Well done.

3/4C- Lucynda Mansfield- for the excellent dedication you show towards all class tasks. You continue to take your time and give your very best effort. Well done Lucynda!

Baneet Sandhu- for giving everything a go this week in our swimming lessons. You have a great attitude Baneet, keep up the excellent work.

3/4W- Tyler True- being your best at Concert Rehearsals this week and leading your group strongly. Awesome work Tyler!

3/4W- Caitlin Van Maanen- your dedication to Concert Rehearsals and your beautiful performance. Great to see you shine Caitlin!

3/4G- Joe Coulter- being a great leader in our learning space, showing us you are ready for Year 5. Go Joe!

Ryan Freestone- your awesome 'have-a-go' approach towards swimming this week. Keep it up Ryan!



Maureen McLarty & Nikki Connell



Mel Whiteley



Caitlin O'Dwyer



Kirby Hillier



Patrice Goldman



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Leadership Centre News



Class Awards

Lilli Kettner (5.O): Your entertaining singing and dancing at the Christmas Concert- very entertaining Lill. Great effort

Emily Jeffs (5.O): Trying really hard to complete tasks off the Inquiry rubric. You have put in a big effort this term and your hard work is paying off. Well done Em:)

Zach Cummins (5.B): for the enthusiasm you showed during the concert rehearsals and again on the night. Well done Zach

Will Connell (5.B): for always thinking carefully and reflecting honestly during the weekly goal sheet. Well done Will!

Angela Cai (6C): For a fantastic term of learning. You are enjoying the 'Healthy Habitats' activities and the Amazing Race. Awesome work!

Kaemon Ellerton (6C): For the enjoyment and fun you had during the 'Swimming Water Safety' program, especially the way you enter the pool safely!

Mackaylee Cusick (6.L): For the work and effort you have been putting into self-directed learning tasks- trying hard to plan and complete all your 'must do' activities

Zali Peebles (6L): For the way you go about all you do. You are a beautiful friend and classmate and go out of your way to help staff and students in any way you can!

Our Learning Intentions

❖ Numeracy

End of year Assessments



❖ Literacy

End of year Assessments



❖ Religious Education

Advent (Year 5) &
The Birth of Jesus the Messiah (Yr6)



❖ Inquiry

Healthy Habitats (Year 5 and 6)

Transition Afternoon

Students had the opportunity to meet next year's teachers on Tuesday afternoon. Each student spent an hour in his or her new learning space. We welcomed some new students to the Leadership Centre and hope they enjoyed their first afternoon at Sacred Heart. Our Year Six students spent the day at the college or the secondary school they are heading to next year. We hope you all enjoyed your day as well.

Swimming!

This is the last week of the swimming program. Students have done a great job remembering bathers and quickly getting changed before and after sessions. A big Thank-you to Mrs Lawless for organising the program for the whole school.

Water Ski Day

Year Six students are reminded to please bring permission note back for water ski day ASAP. Students get to learn how to ski and water safety on the river. This is a program that will be running next year for the Leadership Centre. A fantastic thing for our students to experience!

Things to REMEMBER...

Christmas Cake cooking and wrapping (week 10)

Pupil free day- 11th December

End of Year Graduation Mass- 10am Wednesday
December 16th

Reports sent home- 16th December

Last Day for students- 17th December



Daniel Boulton

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Meg O'Sullivan



Dean Carroll

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Lynne Lawless

Student Leadership Profile

Madi Duffy



Position: Student Representative Council
Leader (SRC)

Interests: Tennis

Football Team/s: Essendon

Favourite Food/s: Chips & Gravy

Currently Reading: Tomorrow when the
war began

Favourite Holiday: Queensland

3 people you'd invite to dinner: Ed Sheeran,
Rupert Grint & Freddie Mercury.

What would you do with your last \$50?
Spend it...then get a job!

Favourite Movie/s: Harry Potter No 1

Favourite Quote: What goes in must come
out!

Someone you admire: Ed Sheeran!!!

What do you like about our school: The
friendly environment.

Extend After School Care at Sacred Heart Primary School



Have you heard the good news?

Extend is delighted to deliver a Before School Care and After School Care service to commence Term 1, 2016 (subject to government licensing and approval). We are thrilled to begin a new partnership with the school community and look forward to delivering a quality service.

Enrol now for Before & After School Care

Enrolling is quick and easy! Simply enrol and set up your account online at extend.com.au. Please note – all children must be enrolled before attending.

Flyers will shortly be made available for distribution to each student. These flyers include general information about our services, as well as information about your out of pocket expense. Keep an eye out for flyers in your child's bag soon!

Operating hours and fees: Commencing Term 1 2016

Before School Care: 7.00am – 8.30am

\$17.50 permanent, \$22.50 casual

***YOU PAY BETWEEN: \$6.09 - \$8.75 for a permanent booking**

After School Care: 3.15pm – 6.00pm

\$22.00 permanent, \$26.00 casual

***YOU PAY BETWEEN: \$6.13 - \$11.00 for a permanent booking**

Emergency on-the-day bookings incur an additional \$5 fee, which is no more than \$2.50 after fee relief.

***Child Care Benefits and the non-income tested 50% Child Care Rebate of up to \$7500 apply for eligible families. Fees are per child per session.**

Fee Relief – the facts

Fact 1: The Child Care Rebate (CCR) is NOT income tested! We encourage you to apply!

Fact 2: 50% is the minimum reduction you may receive in your fees. Further benefits may apply to you.

Read further information and estimate your out of pocket expense at extend.com.au.

QUESTIONS?

Check out the FAQs on our website which contains useful information for new parents.

PARENT PORTAL: extend.com.au

Michael Grose is conducting Online Courses in 2016.

Next year's courses will focus on building parenting skills and knowledge in these four vital areas:

Confidence-building & the development of **growth mindsets**

Raising **well-behaved** kids & effective **management**

Emotional intelligence & the use of the **Mood Meter**

Understanding **boys** & current **issues** involving males

All courses are **online** and involve **group-based discussions** that he leads. Parents can participate in the courses during designated dates or download and complete in their own time.

Special offer for Parenting ideas Schools parents & teachers:

As a **Parentingideas Schools member**, our parents and teachers will receive a \$50 discount on these courses + receive Yearly membership to the Parentingideas Club.

Parents should join at parentingideasclub.com.au using the **SCHOOL CLUB** discount code to save \$50.

I have attached a flyer below. Thanks. Janine



Michael Grose, Australia's leading parenting educator, is conducting practical online courses that will help build your parenting skills and knowledge in four vital areas:

Term 1 - Cracking the Confidence Code

A must-do course for parents where low risk-taking and fear of failure is a constant companion for their kids. This course will put the skills and know-how at your fingertips to develop a real sense of confidence, competence and mastery in your kids.

Term 2 - Raising Well-behaved Kids

Learn communication techniques that will increase your children's cooperation levels and decrease your stress levels. Know how how to manage your kids visually, what to do when they ignore you and how to get more cooperation, without telling your kids what to do.

Term 3 - Mood Meter for Parents

Want to help your children be the best they can be? Then you need to build their emotional intelligence. Michael draws on research from the team at the Yale Center for Emotional Intelligence to help you give your kids the tools they need to recognise, manage and regulate their emotions.

Term 4 - Raising Mighty Boys

Don't be fooled by the title, even parents of girls need to know how boys tick. Unlock the secrets of raising boys of any age so that they become more confident, achieve more at school, talk about what's on their minds, better manage anger and other strong emotions, and make the most of their natural strengths.

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