



Be Safe, Be Respectful, Be Your Best

Newsletter Term 2 Week 10

MINI BLITZ- Week 10
"Brush it off, you'll be ok, try being resilient today!"



2017 Community Consultation – New Principal at Sacred Heart Primary School

*When - Monday 20th June
Time - 5.30pm – 6.30pm
Where – Staff Room*



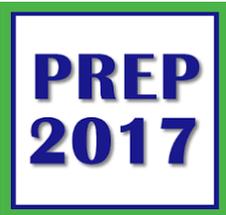
Dear Parents,

This Monday, Helen Ramsdale from the Catholic Education Office will meet with the staff of Sacred Heart PS to work through a process of consultation regarding the selection of a new Principal for 2017. This meeting will be from 3.30pm – 5.00pm.

From 5.30pm she will work with the School Board and members of the school community through a similar process. You are all invited to come along and be a part of this consultation process and have some input prior to the interviews. It is the goal of Fr. Steve and the School Board to advertise the position as soon as possible so as to get the best possible applicants available.

This is your opportunity to have a voice in the selection process so I would urge you to come along if you're able to.

2017 Prep Enrolment Sessions *Last week we held our two information sessions for prospective 2017 enrolments and the number of families who came along was extremely positive. This week I have begun the process of holding tours for all those wanting to enrol their child next year. If you were unable to attend I would urge you to come in and book your tour timeslot and collect your Enrolment details for 2017. While it may be your second or third child coming to Sacred Heart they really do enjoy the tour and seeing all the older children at work in their learning centres so please take the time to give them this opportunity.*



Mid Year Reports *The teachers are very busy completing the children's mid-year reports for 2016. We will be sending home the reports next week. If there is anything at all that you require clarification with regarding your child's report please don't hesitate to make contact with your teacher.*

Changes to Medical Distribution at School *In order to adhere to Worksafe laws, we are no longer able to administer over-the-counter medication that has not been authorised by a medical practitioner. This includes, but is not limited to, Panadol and other analgesics, cough mixtures, motion sickness medication and homeopathic remedies/medications.*



Medication containers must now be clearly labelled by a pharmacist identifying the name of the drug, the 'use by' date, the name of the child's medical practitioner and the child; the dosage required and the frequency of administration. We understand that it may take some people a little while to remember the changes so we will phase this new program in gently. Your support with this new regulation would be appreciated.

*Thanks and best wishes for the week ahead,
Paul*

Acknowledgement of Traditional Custodians
Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 2						
			Wed 15 th	Thu 16 th	Fri 17 th	Sat 18 th	Sun 19 th
10 (June)			* Regional Cross Country- Broadford		* Woods Point Visit- 1/2MP * Parish Mass- Yr 5		
	Mon 20 th	Tue 21 st	Wed 22 nd	Thu 23 rd	Fri 24 th	Sat 25 th	Sun 26 th
11 (June)	* School Board 5.30pm * P & F Meeting- 7.30pm- SHP		Reports & Journals Home Culminating Day for Prep 12-1pm		* No Breakfast Club today * Whole School Tabloid Sports 11.30am-1pm * Last Day of Term- 2.15pm finish		
Week	Term 3						
	Mon 11 th	Tue 12 th	Wed 13 th	Thu 14 th	Fri 15 th	Sat 16 th	Sun 17 th
1 (July)	Back to School	* Planet Rhythm Incursion P-6					
	Mon 18 th	Tue 19 th	Wed 20 th	Thu 21 st	Fri 22 nd	Sat 23 rd	Sun 24 th
2 (July)			* Sacrament of Reconciliation Mass 7pm		*Grandparent's Day Liturgy 10am * Winter Sports Day Wang Yr 5/6		

Religious Education

Meegan McInness



Grandparents Liturgy

Just a reminder our Grandparents liturgy will be held in the MPB at Sacred Heart College on Friday July 22nd at 10am. We hope to have many grandparents join us for this special celebration so put the date in your diary.

Reconciliation

Our Year 3 candidates are in Week Three of the home base program. Please remember to keep all these children in your prayers as they take this big step in their faith journey. The Reconciliation ceremony will be held Wednesday July 20th at 7pm in Sacred Heart Church. All members of our Sacred Heart community are welcome to join us.

Important Dates.

July 17th: Children's Mass July 20th: Reconciliation Ceremony 7pm SH Church
July 22nd: Grandparents Liturgy 10am MPB

Enjoy the short week,

Thanks. Meegan

mmcinness001@shyarrowonga.catholic.edu.au



If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to contact either Mr Maher or Mr Carroll, or your child's classroom teacher, whilst I'm away on leave.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

A number of parents have spoken to me about the anxiety their children are experiencing. Previously this year, I've included one of Michael Grose's articles on Anxiety. Here is another one from him, with some tools and strategies on how to help your child. I'll include his strategies over the next two newsletters.

How to move your child from worrier to warrior By Michael Grose – Part 3

Not only can worrywart children be hard for parents to live with, but also they can become difficult partners and friends as adults. This makes childhood the perfect time for parents, not so much to nip worries in the bud but to give natural born worriers some tools and strategies to make life more tolerable now and, importantly, in the future.

Here's a collection of great ideas that may help you transition a young worrier to being a social and learning warrior, or at least get the worry bug under control.

From writers such as Jeanene Ecob author of *Everday Jitters* Mary Sheedy Kurcinka author of *Raising Your Spirited Child* and Tamar Chanksy author of *Freeing Your Child from Anxiety*, and Washington Post columnist Suzanne Nelson I learned these ideas:

Worry about the things worth worrying about: Worrying is energy sapping and can take up too much of anyone's time. As your child gets older it helps him or her to distinguish between what's worth worrying about and what's not. Helping them prioritise their worries makes them feel like they are in control.

Give them the tools to relax: My wife relaxes in front of the TV, which is sufficient for her to take her mind off her worries. My daughter and I need a bigger set of tools including mindfulness and exercise to help us neutralise our worries. I know when my daughter is physically tired she's less likely to get herself worried or worked up.

CHILDREN'S CHATTER MATTERS

Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.

Ten activities will be provided over Term Two to help develop your child's vocabulary at home (you may need to adjust the activity to suit your child's level). See if you can think of more activities!



** Discuss with your child how whole objects can be made up of different parts (e.g. a bag has – pockets/zippers/straps). Then, select objects in view or from your child's book/reader and encourage them to name the different parts.

You may then like to talk about other objects that share a similar 'part'. E.g. objects with zippers – bag, jacket, jeans, pencil case...

For older students – name three parts of an object and encourage them to visualize and guess what the object could be. E.g. wheels, seats, doors (car). Think of objects around the home/yard/school. Some examples are also listed below – can you guess the objects?

- | | | |
|--------------------|------------------------|---------------------|
| Lid, handle, spout | Screen, buttons, stand | Cover, pages, spine |
| Skin, core, pips | Elbow, wrists, hands | |

Sacred Heart Donation- Cash Donation and Raffle coming up

In July this year, Mr Price will again be visiting the Sacred Heart Parish in Port Vila, Vanuatu. Last year we were able to make a cash donation to their cyclone relief appeal of \$600 thanks to the generous support of our school community. We would like to again run a raffle with limited tickets to assist with a donation to the Sacred Heart community to continue to assist their redevelopment. The raffle prize is 4 tickets to an AFL game at either Etihad or the MCG (preferably not a blockbuster, but we'll try). Tickets are \$5 each and are strictly limited to as many as we can sell. Please forward any money to the office or see Mr. Price before he sees you and he will issue you a ticket. The raffle will be drawn on the last day of this term and the winner notified. Thanks again for the great work we are able to do to help others. Mr. Price.

Extend Before and After School Care at Sacred Heart Primary School

Recap of the week

Last week at after school care we had mostly indoor activities due to the wet weather. We played Earth, wind, water and fire, made some awesome beaded bracelets, some cups & saucers out of biscuits and lollies. And lots of art and craft activities.

Lisa Gard- Team Leader



Our Extend Superstar for the week is...

Lachlan McDonald for giving us a taste of his zucchini muffin & his idea to make them at ASC.

Next week's activities:

Monday 20th June: Cops & Robbers

Tuesday 21st June: Pom Pom Shooter

Wednesday 22nd June: Mystery Snowman

Thursday 23rd June: Cooking- Zucchini Muffins

Friday 24th June: Boomerangs

Parent Portal: extend.com.au

WINTER HOLIDAY PROGRAM BOOKINGS ARE OPEN!

Book by the deadline to take advantage of lower rates!

VIC & QLD booking deadline: Friday 10 June

NSW & SA booking deadline: Friday 24 June

We have heaps of fun activities planned these school holidays and can't wait for you to attend!

Join in on Extend's own mini Olympics tournament and aim for gold! Have fun with science experiments, come along in costume and join in on our party afternoons, and participate in a bunch of craft activities and team games. Join in on all this and more at Extend's Winter Holiday Program.

To check out what's on visit our website at extend.com.au and book via the Parent Portal.

CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)

To be eligible for the fund, a parent or guardian must be the holder of a concession card being successfully validated with Centrelink on the first day of either Term 1 2016

(27th January 2016) or Term Two (11th April 2016). The CSEF is an annual payment to the school to be used towards, camps, sports and/or excursions expenses for the benefit of the eligible student.

Primary School Student Rate is \$125.00 per year.

Secondary School Student Rate is \$225.00 per year.

The CSEF is paid directly to your child's school. Forms are available from the school office and we require a copy of your Concession Card. The forms needs to be lodged with the school by the end of Term 2 2016.

Any queries please contact the office.



GOOD LUCK
In your race!

Sacred Heart College Enrolment 2017

Thanks to all families who have submitted their enrolment applications. Transition interviews are being conducted **this week** from June 14 through to June 17. Students will bring home the online booking information for you to select a time that suits you best. For your convenience, the details are as follows:

www.schoolinterviews.com.au

Event Code: ayhqz

Enter your details, select from the leadership panel of teachers, select your time.

The College is now processing applications from surrounding schools in the order they are being received. If you have not submitted your enrolment application, it is strongly recommended that you do so as soon as possible. If you have any questions, please do not hesitate to contact Eleanor Haynes on 57421300 or info@shcy.vic.edu.au

Best wishes to the following students who are competing in the Regional Cross Country championships at Broadford today, 15th June:

9/10 Girls- Jess Freeman

11 Boys- Mitch Loughnan

11 Girls- Savannah Wallden, Tegan Kelly, Tahlia Thomson.

12 Boys- Jye Leonard, Sam Wood

12 Girls- Tess Byrne

Prep School Nursing 2016

A reminder for parents to return forms by this Friday 17th June. The School Nurse will visit in Term 3.

LOST

Jobe Kennedy from Grade Six has misplaced his Year Six Windcheater which is clearly marked with his name on a tag on the inside seam. Can you please check your child's jumper for the correct item.

If found could you please return to the School Office.

Library

The end of term is just around the corner and it is time to gather up all those Library books you have been meaning to send back to school. Have a good look around the house and send the books back any day. Students can just place the overdue books in the red tub in the Library

Thanks
Loretta Myers

Nationally Recognised Training

at

Yarrowonga Neighbourhood House

Registered Training Organisation No 21765



SITHFAB201 Provide responsible service of alcohol

Conducted using the New South Wales Liquor Licensing guidelines, this unit is essential for anyone involved in the sale, supply and service of alcohol.

Date: Friday 1st July

Time: 9:30am – 4:00pm

Cost: \$ 170 (GST Free)



Visit our website: www.ynh.org.au

1 Hargrave Court, Yarrowonga 3730

Ph: 03 5744 3911

Email: office@ynh.org.au

JULY 2016!

TUE 5TH & WED 6TH JULY 2016 | 9.30am-3pm

BASKETBALL SCHOOL HOLIDAY CAMP

\$99
FOR
TWO DAYS

Offering Family
Discounts!



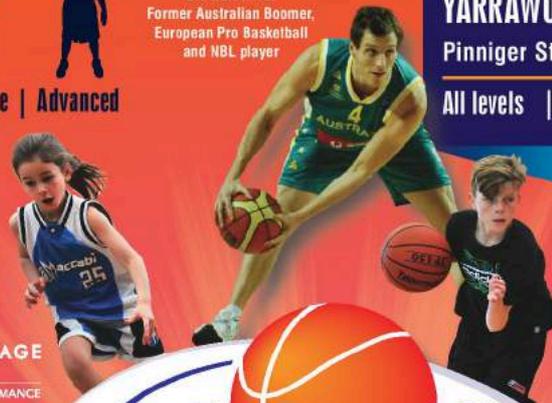
Beginner | Intermediate | Advanced
Separate programs

DAMIEN RYAN
Former Australian Boomer,
European Pro Basketball
and NBL player

YARRAWONGA COLLEGE, ECA CENTRE

Pinniger St, Yarrowonga

All levels | Boys and girls | 6-15 years



 **CORE ADVANTAGE**
THE SCIENCE OF SUPERIOR PERFORMANCE

- *TOURNAMENT PLAY
- *3 ON 3 COMPETITIONS
- *SKILLS TEST
- *INNOVATIVE PROGRAM
- *FUNDAMENTAL DEVELOPMENT
- *MULTIPLE AWARDS/PRIZES

*NATIONAL AND
INTERNATIONAL
PLAYERS AND COACHES



HOOPSMART PRIZES TO BE WON



Featuring **MICHAEL TORRES**
and **AYINDE SPREWELL**
Coburg Giants Imports



Follow us on



Team building | Leadership | Life skills | Goal setting | Educational workshop | Special guests and coaches

REGISTRATIONS CLOSE: 29TH JUNE 2016 | Register at www.hoopsmart.com.au

For more information call 0406 488 313 or email admin@hoopsmart.com.au