



Be Safe, Be Respectful, Be Your Best

Newsletter Term 3 Week 5

MINI BLITZ- Weeks 5 & 6
"Watch what you say coz you know if it's ok"

"I have come so that they may have life and have it to the full."
John 10:10

Dear Parents,

On Monday the staff had the pleasure of experiencing a wonderful day with Brendan Spillane, an international speaker who has worked with the New Zealand National Rugby, Netball, Rowing and Softball teams. He was a Principal of a Catholic school and also works considerably with big business in building and sustaining effective teams. Brendan was most impressed with Sacred Heart and paid particular attention to our wall quote in the Prep area from John 10:10, 'I have come so that they may have life and have it to the full.'



As teachers and employees in schools this is indeed our greatest goal – to give our students the best education possible, to give them a learning environment that is engaging and inspirational, to create an atmosphere of joy and acceptance of everyone who attends our school and to show them the beautiful relationship they can have with Jesus as they come to get to know him more. If we can achieve this then we are doing our bit in giving them 'life to the full.'

Thank you Stephen - Last Friday the children were lucky enough to have Stephen Mowlam, Gold Medalist in Hockey in the 2004 Olympics, visit them. Stephen had the gift to be able to really engage with the children and give them some very important messages about having goals in their lives and working to realise them. It's an exciting time at the moment having Olympic fever and for the children to be able to listen to such an inspiring Olympic Gold Medalist was very special.



Code of Conduct - Just a reminder to all those parents who volunteer or work with our students in any way. If you could return your Code of conduct that was sent out to all families last week it would be greatly appreciated. I would also remind people to check the expiry date on the 'Working With Children' cards and update them if required. This is your responsibility and not the responsibility of the school. Thanks!

Car Park Accident – A relatively minor accident was reported to me from an incident last Friday. The damage was minor but I was more concerned that the driver didn't stop to apologise or check the extent of the damage. I understand that the person involved may not have realised but I would urge everyone to be vigilant about safety in our car parks. Thank you.

Pupil Free Days – Term Three Karen Starkiss will lead the staff in a professional learning day on Dyslexia on **Monday 12th September** (last week of term). Please place this date in your diaries.



Acknowledgement of Traditional Custodians
Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Thanks and best wishes,
Paul

Week	Term 3						
			Wed 10 th	Thu 11 th	Fri 12 th	Sat 13 th	Sun 14 th
5 (August)					*Parish Mass- Yr 6D & 5C * Woods Point Visit Yr 1/2T		
			Mon 15 th	Tue 16 th	Wed 17 th	Thu 18 th	Fri 19 th
6 (August)	Feast of the Assumption * Fete Meeting (2017) Sacred Heart College (staffroom) 6.30pm * P & F Meeting 7.30pm	Olympic Dress up Day Prep to Year 6 Gold Coin donation			* School Championships Netball *Parish Mass- Yr 1/2T & 1/2MP * Woods Point Visit Yr 1/2H	Book Week 'Australia! Story Country.	
	Mon 22 nd	Tue 23 rd	Wed 24 th	Thu 25 th	Fri 26 th	Sat 27 th	Sun 28 th
7 (August)	* Yr 5 Ballarat Camp * Book Week	* Yr 5 Ballarat Camp * Book Week	* Yr 5 Ballarat Camp * Book Week	* Book Week	* Woods Point Visit Yr 1/2MP * Book Week Parade 10am		
	Mon 29 th	Tue 30 th	Wed 31 st	Thu 1 st	Fri 2 nd	Sat 3 rd	Sun 4 th
8 (Aug/Sept)	Life Relationships Session Yr 6	Conf/Euch Info evening 7pm	Father's Day Stall	A3 Arts on Show	Father's Day Breakfast		Father's Day
	Mon 5 th	Tue 6 th	Wed 7 th	Thu 8 th	Fri 9 th	Sat 10 th	Sun 11 th
9 (Sept)	* Wk 1- Home-based Conf/Euch sessions		* Board Meeting 6pm		*Parish Mass- Year 3 * Woods Point Visit Yr 1/2W		
	Mon 12 th	Tue 13 th	Wed 14 th	Thu 15 th	Fri 16 th	Sat 17 th	Sun 18 th
10 (Sept)	Pupil Free Day	Yr 3 Camp Harrierville	Yr 3 Camp Harrierville	Athletic's Carnival	School Finishes 2.30pm		

Lions Club Speaking Competition

As mentioned in last week's newsletter, a congratulations to our Lions Club Public Speaking Competitors, Paige Duffy and Olivia Corso who represented the Year 5/6 and to Dimity Connell and Elli Head who represented the Year 3/4 recently in the local competition. Both Paige and Dimity won their level and Olivia and Elli came runners up. What a fantastic achievement. Last Sunday, Paige and Dimity went onto the next level and Paige won again and Dimity came runners up. Paige will now go on to the next level competing on the 28th of August at Tocumwal.





Confirmation Eucharist

Our Year 4 students are about to recommence their sacramental journey with Confirmation Eucharist. The ceremony is Saturday night, November 12th. The information evening for all parents interested in their child making these sacraments or participating in the home-based program is August 30th at 7pm in the Mercy Centre. An enrolment note will be sent home early next week. Any enquiries please feel free to contact me.

Feast of the Assumption

This Monday is the Feast of the Assumption, which celebrates Mary ascending into Heaven. All students in Years 3-6 will attend Parish Mass. The children from Prep-Two will participate in a liturgy here at school.

Have a great week.

Meegan

mmcinness001@shyarrowonga.catholic.edu.au



Pastoral Wellbeing Janine Buerckner

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If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block. Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome.

We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

HAS YOUR CHILD GONE POKEMON WILD? Michael Grose Part 2

How can we approach this craze?

Many parents have asked me how they should approach the Pokémon Go craze, particularly when their children are besotted by it.

Start by accepting that Pokémon Go, like all fads, has captured your child's interest. It's hard to fight against or even stop your child from being involved in games that 'everyone is playing'.

That leads to two parenting requirements. First, find out all you can about the game so you know what you are up against. Ask your child to explain what it's all about. Figure out which parts of the game are age-appropriate and which parts are going to present you with headaches. Once kids are old enough to have their own phones and transportation, they're certainly old enough to play the game without help. Pokémon Go gives users plenty of chances to spend real money, so you probably will want to limit in-game purchases.

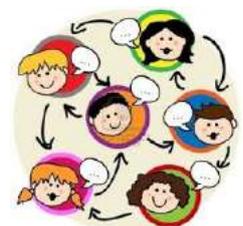
Lures, an aspect of the game, can present tricky situations for parents. A player can set out a lure to attract Pokémon, but because these lures can be seen by any nearby player, you're not sure who they are attracting. Revisit those Stranger Danger lessons with your kids.

Second, you need to meld your existing family technology rules with the expectations and opportunities that Pokémon Go presents. These include how much time children are allowed to spend on technology; consider what activities Pokémon Go takes kids away from (including homework); and be aware that it is not healthy for your child to be hooked on one activity at the expense of everything else.



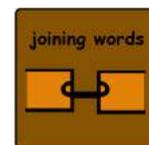
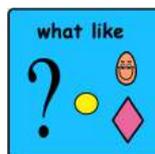
CHILDREN'S CHATTER MATTERS

Activities will be provided each term, focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level.



Ten activities will be provided over Term Three to help your child think a little bit deeper about the world around them and to use longer and more complex sentences. Expanding your child's oral language use will lead to significant improvements in their writing also. You may need to adjust the activity to suit your child's level:

** Encourage your child to include the following parts when retelling a story/experience: who / where / when / what happened / feelings / why. Encourage them to use some joining words such as because, if, when, but, so, however, until, or, unless, then, consequently, before, after, as, instead of. You might like to start a sentence for them to finish. e.g. Just after breakfast, my brother and I had a fight. He used my Spongebob toothbrush. Yuck!!! I hate it when he uses my Spongebob toothbrush because his breath stinks. Mum wasn't very pleased with us and said we couldn't have a treat after school.



Your child's teacher will have access to each of these cue cards for you to print off and use to guide your child's language at home.

Fundraising for the Children of Cebu.

OLYMPICS CASUAL CLOTHES DAY

As part of the Sandhurst Dioceses Immersion Program, Miss Hillier will be visiting the children of Cebu in the Philippines in the up and coming school holidays.

On *Tuesday the 16th of August*, we ask students to come dressed in their *favourite sports outfit* or a *favourite athlete from the Olympic games*, along with a gold coin donation that will go towards the Rosemary Cullen Foundation supporting the children of Cebu. This money will provide essential necessities that we may take for granted in every day life.



SPRING HOLIDAY PROGRAM BOOKINGS ARE OPEN!

Book by the deadline to take advantage of lower rates!

VIC & QLD booking deadline: Friday 2 Sept

We have heaps of fun activities planned these school holidays and can't wait for you to attend!

Have fun with science experiments, participate in a bunch of craft activities with access to a plethora of art media, and get active with a variety of sports and team games.

Join in on all this and more at Extend's Spring Holiday Program.

To check out what's on visit our website at extend.com.au and book via the Parent Portal.

Extend Before and After School Care at Sacred Heart Primary School

Last week at after school care we made some mini apple & chocolate pies, we made mini terrariums using jade plants in small jars. We also made some homemade raspberry sherbet. And because we have had a lovely week without rain we have been able to play outside, using our new sports equipment.

Lisa Gard- Team Leader



Our Extend Superstar for the week is...

Crystal Milner for being very mature with helping out the Prep children.

Next week's activities:

Monday 15th August: Scratch Art

Tuesday 16th August: Skipping Comp

Wednesday 17th August: Cooking

Thursday 18th August: Science

Friday 19th August: Face Painting

Parent Portal: extend.com.au

ATTENTION

It has been brought to our attention that a number of Year 5 and 6 children have been using social media to communicate after school hours. At times this communication has created conflict and can cause issues both individually and within friendship groups, when at school. This is just a reminder to talk to your child about what they're accessing on their iPods and phones. For privacy and safety reasons, Apps such as *Instagram*, *Snap Chat* and *Musical.ly* are for people over the age of 12.



Congratulations to our Chess Team!!

Sacred Heart played the tournament in Wodonga and won by 1/2 a point against Mount Carmel Christian School. Our top 4 scoring players were Marcus van Mannen, Daniel Herrod, Max Saxton and Matthew Saxton. Marcus van Mannen came 2nd overall champion for the day and Daniel Herrod came in at 3rd in the Primary section.

Parent Help- Father's Day Stall

Requesting approximately 20 parents to assist on Wednesday the 31st August

- 8.30 set up and start at 9.00 - 10.00
- 10.00 - 12.00

Please forward your name to Karen Vodusek on 0438 433 202 and your requested available time.

Any time you can afford to give us is much appreciated.

