



Be Safe, Be Respectful, Be Your Best

**ATHLETICS CARNIVAL  
IS HAPPENING  
TOMORROW!**

**Newsletter Term 4 Week 5**

**PBIS Blitz (Week 5)**  
'When we're playing with our friends in the yard, playing fairly isn't that hard.'

Dear Parents,

Last week we requested that parents sign in whenever they come to school and I would like to thank you all for the great way in which you've responded to this. The new Child Safe procedures initiated by the State Government has increased the level of compliance for schools tenfold. Your positive response has made implementing this so much easier and it has been greatly appreciated.

Sacred Heart AGM- Today every family will receive the 2016 School Board Nomination Form. We don't have many positions available as the majority will be staying on next year but if you know someone you think would be able to contribute their skills to the school community please nominate them and complete the form that will be sent home today.

Transition Day- Session One

Today was the first of our Transition sessions for our 2017 Prep enrolments. We have a large enrolment again this year and are now considering the best option for classes next year. As soon as these decisions are made we will pass the information on to families. We are holding four transition sessions for the children and will be holding another Information Session at our final gathering on Wednesday 14<sup>th</sup> December

Principal Welcome- Last week our 2017 Principal, Mrs Arn Gorman came to meet both the staff and students. She spent some time in each of the Centres and was very impressed with the children. She will return again to go through a transition process and become more familiar with the policies and procedures of Sacred Heart Primary School.

Pupil Free Day –

Our final Pupil Free Day will be on Monday 28<sup>th</sup> November and this day will be used as our 2017 Planning Day. Please put these dates into your diary. The final day for students this year is Friday 16<sup>th</sup> December 2016.

Thanks and best wishes,

Paul.

**Acknowledgement of Traditional Custodians**

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.

Week	Term 4						
	 <p>Good luck to our 'Discovery Centre' students on their excursion to Bendigo on Friday.</p>			<b>Thu 3<sup>rd</sup></b>	<b>Fri 4<sup>th</sup></b>	<b>Sat 5<sup>th</sup></b>	<b>Sun 6<sup>th</sup></b>
<b>5</b> (Oct/Nov)				* Athletics Sports	* Discovery Excursion- Bendigo * Regional BBall Shepp Yr 5/6		* Presentation Mass for Confirmation Eucharist candidates * RJ Shield Chess
	<b>Mon 7<sup>th</sup></b>	<b>Tue 8<sup>th</sup></b>	<b>Wed 9<sup>th</sup></b>	<b>Thu 10<sup>th</sup></b>	<b>Fri 11<sup>th</sup></b>	<b>Sat 12<sup>th</sup></b>	<b>Sun 13<sup>th</sup></b>
<b>6</b> (Nov)		* State Chess Finals- Melbourne		* Senior Future Stars Basketball- Mixed Regional Final Mill Park Melb	* SPIRIT DAY * Remembrance Day (10.45am) * Companion Mass- Year 4 * Woods Point Visit 5B * Radio Awareness- Yr 5/6	Eucharist/ Confirmation Ceremony MPB 6.30pm  Yarrowonga Show	
	<b>Mon 14<sup>th</sup></b>	<b>Tue 15<sup>th</sup></b>	<b>Wed 16<sup>th</sup></b>	<b>Thu 17<sup>th</sup></b>	<b>Fri 18<sup>th</sup></b>	<b>Sat 19<sup>th</sup></b>	<b>Sun 20<sup>th</sup></b>
<b>7</b> (Nov)	* Fete Meeting 6.30pm * P & F SHP 7.30pm * Regional Golf- Benalla * Kinder Christmas concert	* Basketball finals- Boys- Girls	* Prep 2017 Transition Session 2- 10.00am-2pm * Mini Seminar- Dietician- Daniel Thomson Morning Tea * Board Meeting 6pm	* Division Hot Shots Tennis	* Just Leadership Day Parish Mass Mass- 1/2V & 1/2W * Woods Point Visit 5O		
	<b>Mon 21<sup>st</sup></b>	<b>Tue 22<sup>nd</sup></b>	<b>Wed 23<sup>rd</sup></b>	<b>Thu 24<sup>th</sup></b>	<b>Fri 25<sup>th</sup></b>	<b>Sat 26<sup>th</sup></b>	<b>Sun 27<sup>th</sup></b>
<b>8</b> (Nov)	* Junior All Stars- Hoop Time Yr 3/4 Melbourne- Final	* Yr 6 Orientation Afternoon 1.30- 3.10pm	* Prep 2017 Transition Session 3- 11.45am- 2.00pm	* Regional Hot Shots Tennis (Wang) * International Day of students with disability.	* Yr 2 Sleepover * Parish Mass- Yr 6 * Woods Point Visit 5C	Carols at the Mulwala Club 6pm	Christmas on Belmore- Street Parade 11am
	<b>Mon 28<sup>th</sup></b>	<b>Tue 29<sup>th</sup></b>	<b>Wed 30<sup>th</sup></b>	<b>Thu 1<sup>st</sup></b>	<b>Fri 2<sup>nd</sup></b>	<b>Sat 3<sup>rd</sup></b>	<b>Sun 4<sup>th</sup></b>
<b>9</b> (Nov/Dec)	Pupil Free Day (Staff PD)	* Swimming Program begins * Yr 6 Orientation Afternoon 1.30pm-3.00pm	* Swimming Program	* Swimming Program * Christmas Concert 6pm	* Windsurfing- Yr 6 * Swimming Program * Woods Point Visit- Yr 6	Cod Classic	Cod Classic
	<b>Mon 5<sup>th</sup></b>	<b>Tue 6<sup>th</sup></b>	<b>Wed 7<sup>th</sup></b>	<b>Thu 8<sup>th</sup></b>	<b>Fri 9<sup>th</sup></b>	<b>Sat 10<sup>th</sup></b>	<b>Sun 11<sup>th</sup></b>
<b>10</b> (Dec)	* Swimming Program	* Orientation Day- All Students	* Swimming Program	* Swimming Program	* Swimming Program * Carols by the Lagoon- Ski Club 7.30pm		

You will find further dates & events on the school app and our website.

## Religious Education

Meegan McInness



### Eucharist/ Confirmation

#### Presentation Mass

This Sunday is our final Presentation Mass. Those students attending need to be at the church at 9.50am to receive their stole and prayer cards. All children are welcome to sit up the front with the candidates.

#### Companion Mass

Due to the funeral of Fr Chris Reay from Nathalia, Father Steve will not be saying Mass this Friday. Instead there will be a Communion Service. Therefore the children won't be attending Mass and they will not need their companions. I apologise for any inconvenience.

The next and final Companion Mass will be the following Friday during Spirit Day and we look forward to our companions joining us again.

#### Choir

We are still after children to sing in the choir at the ceremony for Eucharist Confirmation. It would be a lovely way for our candidates to be supported on this special night.

#### Spirit Day

Friday the 11th of November we are holding Spirit Day in the MPB. We require some parental assistance on this day, setting up the MPB, assisting the students with their Spirit Day activities and cooking and serving hotdogs. If anyone is able to assist could you please contact me on my email [mmcinness001@shyarrowonga.catholic.edu.au](mailto:mmcinness001@shyarrowonga.catholic.edu.au)

Remember to keep our candidates in your prayers and enjoy the short week.

Have a great week. Meegan

## Pastoral Wellbeing **Janine Buerckner** [jbuerckn@shyarrowonga.catholic.edu.au](mailto:jbuerckn@shyarrowonga.catholic.edu.au)



If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

### INTERNATIONAL DAY OF PEOPLE WITH DISABILITY, 2016

Please find an invitation attached to promote services in Yarrawonga for International Day of People with a Disability. An RSVP is required for this event for site mapping and catering purposes.

### NUTRITION MASTERCLASS ON FUSSY EATING

Do you have someone in your family who is a fussy eater? Are you at your wit's end trying to get your kids to try new and healthy foods? This can make life very difficult for parents at meal times and often raises the levels of stress and anxiety in both the child and the parents.

Sacred Heart Primary School is hosting a **FREE** mini seminar, here at school, to help with the understanding of this issue and offering some practical strategies to support families.

**Presenters:** Daniel Thomson, Dietitian  
Kaitlyn Cummins, Occupational Therapist

**Date:** Wednesday, 16<sup>th</sup> November (Week 7)

**Time:** 9:30am – 11:00am

**Venue:** Mercy Centre

**Morning tea included**

**PLEASE INDICATE BY PHONE (via the office) OR EMAIL IF YOU WISH TO ATTEND.**



## PARENTING THE FAMILY UNDERDOG By Michael Grose (Part One)

Raising talented kids is relatively easy, but parenting children and young people who struggle can be a significant parenting challenge.

One of the unwritten laws of family life is that talent and ability are unevenly distributed between siblings.

In most families there is one child who seems to have more than his or her fair share of ability.

Everything this kid turns their hands to – whether schoolwork, sport or socialising – is done successfully and effortlessly.

If you have such a child then there is a fair bet that another of your children struggles in the same areas. For these children, achieving success takes more effort and concentration than it does for their sibling.

Just as it is easy for parents to marvel at the talented child, it's frustrating and, at times, heart-breaking to watch another child struggle to attain even mediocre levels of success at school, sport or leisure activities. It's harder still when you know that no matter how hard this child tries they just can't be as successful as their sibling, who continues to get all the glory and accolades from relatives and friends.

As a parent it's important to be realistic about what each child can achieve. Keep your expectations in line with their ability and maturity, and avoid making comparisons between siblings.



## CHILDREN'S CHATTER MATTERS

Ten activities will be provided over Term Four targeting your child's knowledge of story grammar. It is important for children to learn that stories generally have parts or a sequence to follow. Knowledge of this will improve your child's reading comprehension and narrative writing.



\*\* When your child brings home pictures from school that they have drawn, make up a story to go with it. Try to include the seven parts of a story (Setting, Problem, Feelings, Plan, Action, Solution, End).

Use the following questions to help:

Who is in the story?

Where are they?

When is the story happening?

What happened to the characters?

What was the problem?

How did this make the characters feel?

What did the characters plan to do?

What did the characters actually do?

What happened next? What was the solution?

How will the story end?

### SCHOOL HATS

All students are asked to label their wide brim hats. With students now wearing hats at recess and lunch each day, it's important names are clearly labeled.

### Graduation Mass

All Year 6 students are asked to bring in a pre-prep photo of themselves to be used as part of our Graduation Mass on Thursday 15<sup>th</sup> December.

Photos can either be emailed to Mrs

Lawless([llawless@shyarrowonga.catholic.edu.au](mailto:llawless@shyarrowonga.catholic.edu.au))

or bought into school to be scanned and returned.

# ATTENTION!

## IMPORTANT NOTICE RE: SCHOOL DRESSES

To avoid disappointment we invite students to try-on and pre-order school dresses for 2017. We do our best to estimate the stock required but unfortunately we do run out of sizes from time to time and delays do occur. No financial outlay is required at the time of ordering. Please don't hesitate to contact the staff at Judds Yarrawonga Mensland on 57 441269 if you require any further details.

### Portsea Summer Holiday Camp

The Portsea Camp is coming up in the school holidays. If you have a child between the ages of 9 to 12yrs, this may interest you. Attached to the end of the newsletter is some information regarding the Summer Holiday Camp. If you have any queries please contact them direct or Mrs Buerckner in the admin office.



### Yarrawonga and District Netball Association

The AGM will be held on Wednesday 2<sup>nd</sup> November at 7.30pm @ Mulwala Water Ski Club.

We are actively seeking new members. If you or someone you know is interested in keeping Netball going in Yarrawonga, please come along to the AGM. Being a part of the committee is a great way to give back to the community! With thanks

Tanya

Yarrawonga and District Netball Association

### ATTENTION- Yr 6 Students

#### Transition and Orientation Permission Notes

Year 6 students attending Sacred Heart College next year in 2017 are reminded to return notes asap. They were due back at the college on the 21<sup>st</sup> October. If you haven't done so, please return the forms asap. If you require another form please contact the college.

# ATTENTION!

## **SCHOOL ATHLETICS CARNIVAL TOMORROW**

### Program Timetable

**9.30am-** Parent Helpers assemble and students begin arriving

**9.45am-11.00am-** Sprints

**11.00am-** Prep, Year 1 and Year 2 Rotations begin

**11.15am-** Senior Rotations begin

**12.40pm-1.20pm-** Staggered lunch- Hot Dogs

**1.30pm-** Relays

**2.00pm-** Staff vs Students- Sprint Race

**2.10pm-** Pre-Schoolers Race

**2.15pm-** Presentations

**2.30pm-** Students return to school or leave with a Parent/Guardian

\* Parents/Guardians may have permission to take their child from the Athletics at the conclusion of the carnival. Please see your child's teacher before doing so. Children will need written permission to leave with another Parent/Guardian.

## DAY FOR DANIEL

Last Friday, Sacred Heart Primary School was part of the national celebration of Day for Daniel supporting the Daniel Morcombe Foundation. This year Sacred Heart Primary invited a guest speaker Senior Sargent Brent Yearwood to speak to the students about safety in the community as well as online. The main event on the day included a raffle with prizes donated from local businesses. Organiser Kaitlyn Ackerly was overwhelmed with the amount of donations. A total of 42 prizes were drawn on the day with the major prizes a 'HOT LAP' from Winton Motor Raceway, which was won by the Deputy principal Mr Dean Carroll. The final total of money raised was \$1611.40 that will be donated straight to the Daniel Morcombe Foundation to support children of victims of crime.

Sacred Heart Primary would like to acknowledge the following businesses for their kind donations, Tunzafun Mulwala, Yarrawonga Mulwala Golf Club, Bi-Rite Discount Electrical, Burkes Hotel Motel, Fun City Shepparton, Athenaeum, Judd's Mensland, Filter World, Lake Mulwala Bakery, Kimberley Kate Jewellery, La Porchetta, Hair Care Yarrawonga, One Zack, Avalanche Ice Creamery, Yarrawonga Pigeons, Vodusek Meat, Yarrawonga Fun and Games, Phamasave, Kira Hair Design Studio, Kitchenware Queens, Wilby Park Motor Sports and Winton Motor Raceway.



Senior Sargeant Brent Yearwood spoke with the students about safety in the community and online.

*Parent Helpers 3<sup>rd</sup> November 2016-*  
*Thank-you very much for helping out ☺*

Set up (8.00am-9.00am) –Dean Carroll, Meg O’Sullivan, Patrick Mansfield, Andrew Brew, Pat Cummins, Travis Watson, Trevor Elliott  
(Helping put marquees up and setting up events)

Starter- Dean/Paul/Pricey

Recording Table- Meegan McInness, Mary-Anne White, Sarah Conway (recording all events and tally up scores)

Finish Line Co-ordinator- Mrs Lawless (Will have stop watch for fastest runner and record results)

Judging for Sprints (Watch by eye as students finish-work together with parents handing out ribbons)

1<sup>st</sup>- Katrina Kennedy  
2<sup>nd</sup> – Catherina Shaw  
3<sup>rd</sup>- Sonia Bourke  
4<sup>th</sup>- Dan Skehan

Hand out ribbons (Please give student correct ribbon for their place)

1<sup>st</sup>- Jess Savage  
2<sup>nd</sup>- Dani Kennedy  
3<sup>rd</sup>-Michael Abikhair  
Well done- Andrea Van Maanan

Finish Line Rope- Kylie Buerckner, Sophie Taylor. (Hold Finish Rope and drop as first runner crosses)

Finish Line Marshalls- (put students in correct order once they have ribbon and walk them to the scorers table please)

Corinne Stephens  
Gillian Murphy  
Andrew Milner

Field Events

Vortex- College Student  
Shot Put- College Student  
Discus- College Student

HOT DOGS

Alison Cummins (hot dog prep) 9.30am  
Robyn Cope (hot dog prep) 9.30am  
Natalie Clayton (hot dog prep) 9.30am  
Kelly Quarrell (11.45am)  
Deanne Frauenfelder (11.45am)  
Kate Coffey (11.45am)

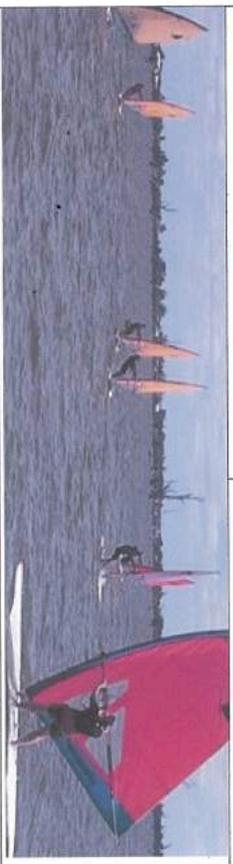


## YARRAWONGA WINDSURFING



LEARN TO WINDSURF AND STAND UP PADDLE. STARTING NOVEMBER 5 FOR 6 CONSECUTIVE SATURDAYS, 9.30 TO 12AM AT YACHT CLUB. AUSTRALIAN YACHTING COURSE WITH QUALIFIED INSTRUCTORS. OPEN TO GRADES 3,4,5 & 6

GRAB A FRIEND AND DONT MISS TH FUN  
 ONLY 15 PLACES AVAILABLE  
 ONLY \$45-00 FOR 6 SATURDAYS  
 WETSUITS, LIFEJACKETS, BOARDS SAILS  
 PADDLES, ALL INCLUDED  
 FOR FURTHER INFORMATION SEE THE  
 YARRAWONGA WINDSURFING SCHOOL WEBSITE  
 OR THE FACEBOOK PAGE OR  
 CONTACT JOHN SHAW ON 0407850116



To All Disability Service Providers,

An all-abilities concert is being held in the Yarrawonga Town Hall to celebrate International Day of People with a Disability 2016

**Thursday 24<sup>th</sup> November 2016**  
**10am – 2pm**

More information on the concert will be sent out in the coming weeks

YNH and PALS have reserved the grassed area beside the Hall for the duration of the concert.

All Service Providers are invited to promote their services to the public and concert goers in this area.

Set up will start at 9am

BYO table and chairs

BBQ lunch will be provided

RSVP by 10<sup>th</sup> November

For more information, contact Debbie Cooper  
[community@ynh.org.au](mailto:community@ynh.org.au) or 03 5744 3911

Your journey to greatness starts here.

# RJ SHIELD

## Chess Tournament



- Great for beginners who want tournament experience
- Ideal for players rated 400-1200
- Trophy prizes in all age groups
- Score 15 points to qualify for the finals

## Yarrowonga



Sunday 6<sup>th</sup> November

Time: 12.45pm to 5.00pm

Yarrowonga College P-12

Secondary Campus

Senior Study Centre

Pinnegar St Entrance

Cost: \$25 per player



Age Divisions, Under 8s, Under 10s, Under 12s, Under 14s and OPEN (14yrs to Adult)

Certificates awarded to all players ranging from participation to high distinction

Please Register Online at <http://www.rjshield.com/> - click on ENTER.

Call Karen 0437176769 for more information or assistance

Please ARRIVE BETWEEN 12.30PM – 12.45PM so that the Tournament can commence at 1pm

Tea, coffee, water available

This tournament is run by Chesskids Australia in conjunction with YCP-12 Community Workshop volunteers. All proceeds, after costs, will be donated to the workshop for materials and supplies.

