



Be Safe, Be Respectful, Be Your Best

### *2017 Term 3 Week 5 Newsletter*

#### **MINI BLITZ- Week 5**

'Try being stronger, give it a chance and build up your resilience.'

**How precious it is, Lord,  
to realize that you are thinking about me constantly!  
I can't even count how many times a day your thoughts turn towards me.**

Good afternoon everyone,

#### School Closure Day

Don't Forget tomorrow and Friday are school closure days. Staff will be heading over to Moama for professional learning around spirituality and prayer.

**Upcoming  
School Closure  
and  
Student Free Days**



#### Grade 5 Camp

Students and staff had a wonderful time on camp to Sovereign Hill. Thankfully the rain kept away- still a 'tad' chilly (what can we expect from Ballarat?)

Staff were full of praise for the way our students behaved, noting multiple occasions where their manners and conduct was acknowledged by others.

#### Karen Starkiss

Next week we have Karen Starkiss Visiting our school. Karen is a lead educationalist that will be spending the week at Sacred Heart to:

1. Create an inclusive Class for all students with learning Difficulties
2. Respond to Intervention: Implementing a whole school approach
3. Develop Oral Language and Vocab: a whole school approach

#### Teamwork

It is vital that our teachers and parents work together as a team to ensure the very best support for our children. If a parent has any concerns about their child/ren I ask that they speak with their class teacher immediately so that "we are on the same page". We will then work together to ensure the best outcomes for your child/ren.



*Wishing you a great week as we work together for the benefit of our children.*

Take Care  
Arn

#### **Sacred Heart is a Child Safe School**

Sacred Heart Primary School promotes the safety, wellbeing and inclusion of all children, including those with a disability. Applicants are welcome to elaborate on experience they may have working with children with a disability.

#### **Acknowledgement of Traditional Custodians**

Sacred Heart acknowledges the traditional custodians of the land on which this school is built. We commit ourselves to working in partnership with Aboriginal people for reconciliation and justice.



### Staff Sabbath

This Thursday and Friday all staff are heading to Moama for an overnight Spirituality Retreat. As we educate and nurture your children it is important that we as a staff continue to educate and nurture ourselves and our own spirituality. The retreat is being facilitated by Maria Weatherall and Father Joe Foster from the CEO.

### Confirmation Eucharist

We have received word from the Bishop that our Confirmation Eucharist Ceremony for 2018 will be held on Friday night June 1st. Please put this in your diary.

### Children's Mass

Thank you to all the Yr 3 candidates, their families and any other children from Sacred Heart who attended the children's Mass on Sunday, it was a lovely celebration. Beau and Poppy Sissons were baptised after Sunday's Mass much to their excitement and we congratulate these children and their family on this special event.

### Feast of the Assumption

Yesterday all students in Year 4 to Year 6 attended the Midday Mass for the Feast of the Assumption. It is an important event in the liturgical calendar where we commemorate Mary going to heaven, body and soul.

We hope everyone has a great week.

Meegan

Catholic Identity Leader

[mmcinness001@shyarrawonga.catholic.edu.au](mailto:mmcinness001@shyarrawonga.catholic.edu.au).

#### Yr 3 Reconciliation

Year 3 will be walking to the Church at 11:30 a.m. for half an hour each Wednesday of Weeks 6, 7 and 8 as part of their preparation for First Reconciliation. We will practice the components of the ceremony and the songs as well as familiarise the children with parts of the Church.

Parents are most welcome to drop in on any of these days.

Please continue to keep these children in your prayers as they undertake their preparation. Thanks.

#### PREP QUESTIONNAIRES (SEHQ)

A reminder to parents in Prep to please send back to the office your completed Prep Questionnaires.

The School Nurse will be visiting the school at the end of Term 3 or early in Term 4 2017.

#### LOST

Jeremy Baer in 5F is missing his Size 12 jumper which is named. If found, could it please be returned to the Office.

Week	Term 3						
				Thu 17 <sup>th</sup>	Fri 18 <sup>th</sup>	Sat 19 <sup>th</sup>	Sun 20 <sup>th</sup>
5				*Pupil Free Day	*Pupil Free Day		
	Mon 21 <sup>st</sup>	Tue 22 <sup>nd</sup>	Wed 23 <sup>rd</sup>	Thu 24 <sup>th</sup>	Fri 25 <sup>th</sup>	Sat 26 <sup>th</sup>	Sun 27 <sup>th</sup>
6	Book Week  *P & F Meeting SHC 7.30pm	*Hot Shots Tennis	Community Reading Day (ELF- Early Learning is Fun) Prep Excursion 9.30am-11.30am	*Book Week Parade 10am Mercy Centre	* Hot Shots Tennis *Parish Mass- 2V & 1I * Woods Point Visit- Prep M Assembly 2.50pm *Netball Victoria Wang		
	Mon 28 <sup>th</sup>	Tue 29 <sup>th</sup>	Wed 30 <sup>th</sup>	Thu 31 <sup>st</sup>	Fri 1 <sup>st</sup>	Sat 2 <sup>nd</sup>	Sun 3 <sup>rd</sup>
7	*Dental Van	*Hot Shots Tennis  *Dental Van  *Chess Tournament- Sacred Heart Hosting	*Dental Van  *Father's Day Gift Stall (9am-1pm)	*Dental Van	* Father's Day Breakie *Footy Colours Day (Gold Coin) *Hot Shots Tennis * Dental Van Parish Mass- 1H & 1MC		Father's Day
	Mon 4 <sup>th</sup>	Tue 5 <sup>th</sup>	Wed 6 <sup>th</sup>	Thu 7 <sup>th</sup>	Fri 8 <sup>th</sup>	Sat 9 <sup>th</sup>	Sun 10 <sup>th</sup>
8		*Hot Shots Tennis	Reconciliation Ceremony		*Hot Shots Tennis *Parish Mass- 1H & 1MC * Woods Point Visit- Prep S		
	Mon 11 <sup>th</sup>	Tue 12 <sup>th</sup>	Wed 13 <sup>th</sup>	Thu 14 <sup>th</sup>	Fri 15 <sup>th</sup>	Sat 16 <sup>th</sup>	Sun 17 <sup>th</sup>
9			Whole School Market Day (Yr 6)		School Athletics Carnival		
	Mon 18 <sup>th</sup>	Tue 19 <sup>th</sup>	Wed 20 <sup>th</sup>	Thu 21 <sup>st</sup>	Fri 22 <sup>nd</sup>	Sat 23 <sup>rd</sup>	Sun 24 <sup>th</sup>
10		Life Relationships Yr 6 Earn & Learn finishes			End of Term finish 2.30pm		

### Father's Day Gift Stall (Wednesday 30th August)

Mercy Centre 9am - 1pm

All children will visit the stall to purchase a small gift for their Dad. The stall will provide gift tables to the value of \$1, \$2, \$3, \$4, \$5 & \$6

Gifts include tools, mugs, bottle openers, key chains, gift cards and many other gifts to choose from.

All money raised from the Stall goes back to our School.

### Volunteers Needed

A request for volunteers for the stall on Wednesday the 30th August from 9am-10.30am or 10.30am-12.00pm

Please message Karen Vodusek 0438 433 202 if able to assist at any time.



If you have any issues that you'd like to discuss, regarding your children's education or their social or emotional wellbeing, please feel free to come and see me – my office is in the Admin Block.

Our Breakfast Club is held on Wednesday and Friday mornings, before school, and all are welcome. We thank the dedicated and hard-working St Vinnie's volunteers for making this program possible. The Breakfast Club operates from the canteen.

The following article, which is Part 2, is very topical and leads to a lot of discussion amongst parents, teachers and children.

### Technology & parenting

#### What rules should you have around digital devices? By Michael Grose Part 2

Children's digital technology needs to be managed and monitored by parents. That means we need to have some rules and guidelines in place. Each family makes up their own rules to suit their circumstances but the following suggestions will help you put some order into the digital devices that come into your home.



##### 1. Hold off as long as you can

The age when a child first gets a mobile phone is getting younger. Now most young people seem to have a mobile phone when they start secondary school. I'm currently working with parents who are struggling to hold off on their child's mobile phone until secondary school but it's a continuous battle as cries of 'everyone else has a phone' is ringing in their ears. If you took all these message from kids seriously you'd think that they were all born holding a mobile device and they've had an Instagram account since they were two.

Kids' pester power works in a way that you tend to feel guilty that you are somehow denying your child a basic right or access to something vital to survival, such as fresh air. Best to develop an easily repeatable mantra such as, "That's great. But every family is different and we do things our way." They may whine when you say it but stick to your own way of parenting, which is not always easy. Alternatively, take the compromise route of allowing a child to borrow your phone, or having a family phone that all kids can use.

##### 2. Be prepared to learn

Giving a digital device to a child has more parent strings attached to it than say, giving a box of Lego or most other items of play. With most toys, you can leave them to their own devices to play by themselves, which is the basic point really. It's not so simple with a digital device. Be prepared to learn some new games and stay up-to-date with social media trends. Snapchat anyone?

##### 3. Put rules in place first

This is an interesting one. If you give your child a device, then later place restrictions on when its overused or used poorly then there's every chance that you'll be seen as the bad guy/gal. Better to put restrictions on in the first place and loosen them later, or better still reward their responsible use with greater freedom. Timing is everything.

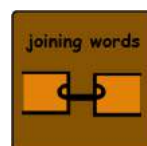
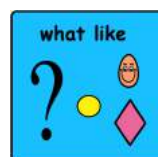
### CHILDREN'S CHATTER MATTERS

Language Learning activities to have a go at home.

Ten activities will be provided over Term Three to help your child think a little bit deeper about the world around them and to use longer and more complex sentences. Expanding your child's oral language use will lead to significant improvements in their writing also. You may need to adjust the activity to suit your child's level:



\*\* If your child has Show and Tell or News in their class, practise what they will say the day before. Use these picture prompts to guide their language.



For example: Who gave it to you? Where do I use it? What do I do with it? What's it like? (Encourage a detailed description) Use joining words to describe why I brought this item along today. For example: "I like my *brand new* Spongebob toothbrush because it's *really soft* and doesn't hurt my gums."

### Woolworths Earn & Learn 2017- Keep Collecting



Woolworths Earn & Learn is back and it is now easier than ever to earn valuable resources for our school.

Through to Tuesday 19<sup>th</sup> September 2017, when you shop at Woolworths you can collect Earn & Learn stickers when you spend \$10 or more. Collect a sticker sheet from the supermarket or from school and when completed, drop it into the box at the front office. You can just put stickers in the box without a sheet also.

Last year we purchased sporting equipment, games and books and look forward to getting more this year!

### Extend After School Care and Holiday Programs

Last week at ASC, child enrolments and attendances have increased which presented good opportunities for the children to build upon their socialisation skills through various large group interactive activities such as basketball, poison ball, freeze and other outdoor play. This proved to be lots of fun and quite popular as the children expressed their desire to do more games; as well as, great group involvement and the children warmly welcoming our new comers to Extend. The children also explored plastic insects in green goo and loved getting messy. During craft time, the children made sensory mood sacs with play dough and balloons giving them an opportunity to further explore and learn about emotions through positive interactions while creating a keepsake craft to take home and share with their family.



#### Next week's activities:

Monday 21<sup>st</sup> August: **Paper Aeroplanes**      Tuesday 22<sup>nd</sup> August: **Balloon Tennis**

Wednesday 23<sup>rd</sup> August: **Lemonade Scones**      Thursday 24<sup>th</sup> August: **Ninja Warrior**

Friday 25<sup>th</sup> August: **Winter Wonderland**

Sheryl Brown – Acting Coordinator    Parent Portal: [extend.com.au](http://extend.com.au)

### SPRING HOLIDAY PROGRAM BOOKINGS ARE OPEN!

Book 14 days in advance to receive the lowest rate.

Make your own DIY paints and have fun with messy art, participate in delicious cooking activities, learn all about persistence of vision by inventing your own spinning thaumatrope, and loads more!

To check out the daily schedule, visit our website at [extend.com.au](http://extend.com.au) and book via the Parent Portal.



#### **Yarrowonga Pre-School**

is currently taking enrolments for 3 year old kinder for 2018.

For all enquiries, please contact the Pre School on 5744 3016.

Enrolments close Friday 1st September 2017.



**COMING IN WEEK 7- FREE DENTAL CHECK UP**

**HAVE YOU RETURNED YOUR FORM? YOU CAN COMPLETE IT ON-LINE TOO!**

Sacred Heart Primary School is collaborating with Smiles Onsite to promote healthier, happier smiles at our school!

This incredible service is being offered for FREE under the federal government's Child Dental Benefits Schedule (CDBS), and comes along with the chance to grab some amazing prizes.

All students will be given a consent form to bring home so that they can participate, and also so that they can go in the draw to win prizes!!

**How does it work?**

The Child Dental Benefit Schedule grants all eligible parents with \$1000 worth of Medicare towards dental per child, over a two-year period. Eligible parents should receive a confirmation letter; however if you are still unsure, Smiles Onsite can check for you on completion of their consent form.

**Can I make use of this service if I'm not eligible?**

Of course! Smiles Onsite can do almost everything that your local dentist can do on board there state-of-the-art mobile Clinic. If you would like them to see your child for a scale and clean, fillings, fissure seals etc., these services can be offered with NO GAP payable.

This service is a great opportunity to get kids into the habit of good oral hygiene, and we hope you're as excited about it as we are!

You can fill out the dental consent form for your son or daughter by inserting this link on the web browser - <https://form.jotform.co/72142322508851>

If you have any further questions about this program or your eligibility, please contact Smiles Onsite directly on 1800 276 453.





# CBCA CHILDREN'S BOOK WEEK AT SACRED HEART PRIMARY SCHOOL YARRAWONGA.

Each year across Australia, the CBCA brings children and books together celebrating the Children's Book Council of Australia, Book Week. This year there will be a Book Week Parade in the Mercy Centre at Sacred Heart Primary School from 10.00am to 11.00am, Thursday 24<sup>th</sup> August, 2017 to celebrate Book Week. You are all invited to attend.

Children may dress in a costume they desire whether it be a character from a book or the costume may relate to the CBCA theme Escape to Everywhere for our 2017 Book Week Parade. There will be prizes awarded to the best dressed book characters.

There is nothing quite like the magic of a good story to take us to a different place or time, or understand someone's life. Our school library has purchased all the Early Childhood Short Listed books, the Picture Books Short Listed books and the Younger Readers Short Listed books. Our students will be interested to hear the titles of the winning books as they have studied most of the short-listed books from the different categories. Our school's Book Week parade is one of the highlights of our school year and is fun. It is great to see the creativity and enjoy seeing characters step out of books. If you require more information please check the CBCA website or speak to your child's teacher or Noeline Ryan



# ELF 2017

## EARLY LEARNING IS FUN

### COMMUNITY READING DAY IN YARRAWONGA

**Community Reading Day is a wonderful opportunity for families to acknowledge the importance of reading and celebrate the involvement of the community in teaching children that reading is fun.**

**Join in on the fun; come dressed as YOUR favourite book character, as we celebrate the joys of reading!**

**When:** Wednesday 23 August 2017

**From:** 9.30am – 11.30am

For further information please contact Claire Milne at Moira Shire Council  
on (03)5871 9222





# Yarrowonga Interschool Chess Tournament



**TUESDAY  
AUG 29th  
2017**

**Open to Primary and  
Secondary levels**

**9:15 am - 2:00 pm  
at Sacred Heart Primary School  
(Yarrowonga)**

**School teams of all sizes  
welcome**

**For Enquiries please email us at  
[events@chesskids.com.au](mailto:events@chesskids.com.au) or  
call Tim at 0421 164 677**

